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The Quincy Sun



Historic Quincy's Hometown Weekly Newspaper Since 1968

Vol. 54 No. 2

Thursday, September 20, 2012

Eagle Scout Candidate Looking To Interview Quincy Veterans

John Thomas Malvesi Hopes To Talk To 100 Local Vets About Experience In The Military

By SCOTT JACKSON

For his Eagle Scout project, one local Boy Scout is looking to interview local veterans about their experience in the military this fall.

John Thomas Malvesti, a member of Houghs Neck's Troop 6, said he hopes to interview 100 local veterans — those who grew up in Quincy and those who call the city home today — by Dec. 20.

"For my project I will be conducting interviews with veterans from Quincy and publishing those interviews through StoryCorps.com, which is an organization that collects interviews between people," Malvesti said. "They have amassed the largest collection of human voices in history and the interviews are actually stored at the American Folklife Center of the Library of Congress."

Malvesti, a junior at North Quincy High School

Cont'd On Page 13



JOHN THOMAS MALVESTI, a Boy Scout with Troop 6 in Houghs Neck, is hoping to interview 100 local veterans about their military experience as his Eagle Scout project.

Quincy Sun Photo/Scott Jackson

Ordinance Would Let Police Impound Bikes

By SCOTT JACKSON

In response to reports of teenagers riding bicycles in packs on city streets and disrupting the flow of traffic, two city councillors have proposed an ordinance that would empower the Quincy Police Department to impound bicycles if their riders

do not follow the rules of the road, with repeat offenders at risk of losing their bikes permanently.

"This is a direct response to — I think we've all probably had these calls — bands of roving teenage boys riding bicycles in the middle of the street ignoring traffic or

disrupting the flow of traffic," said Ward 4 Councillor Brian Palmucci, who co-sponsored the proposed ordinance.

"I got a report, something happened on Furnace Brook Parkway where someone was hit and the boys on

Cont'd On Page 26

Going To The Goats: City Enlists 4-Legged Help For Environmentally-Friendly Maintenance Plan

The Department of Natural Resources has hired Goats to Go of Georgetown, Massachusetts to help clear poison ivy and other invasive plants along the Salt Marsh Trail off Fenno Street. The goats will be used in environmentally sensitive areas where spray can't be used. This is the first time the City has brought in goats to help maintain property.

The goats are voracious eaters of foliage and will attack plants like poison ivy that can cause employees to develop rashes and other ailments. The goats will likely

Cont'd On Page 19



QUINCY'S DEPARTMENT of Natural Resources has hired Goats to Go of Georgetown, Massachusetts to help clear poison ivy and other invasive plants along the Salt Marsh Trail off Fenno Street.

Photo Courtesy Wendy Kelly

Uncle Sam's Billboard Promotes Eye Health

By KAREN GIOVANNIELLO
President
Quincy Lions Club

There's a billboard at the intersection of Beale St. and Newport Ave. in Wollaston. It changes often and always has an important message. Right now, it's talking about macular degeneration. You

Cont'd On Page 4



UNCLE SAM BILLBOARD at Newport Avenue and Beale Street in Wollaston raises public awareness about macular degeneration and encourages donations to Mass Eye and Ear or the Lions Club of Quincy. Uncle Sam Rounseville has macular degeneration and is now legally blind because of this disease.

MACULAR DEGENERATION IS NOT A NATION

DONATE TO

Mass Eye and Ear

or Lions Club of Quincy

Kennedy Center Events During October - Page 9
Artist Showcase: Phyllis Andrade - Page 20
Food Truck, Music Festival Saturday - Page 21

More Quincy news:
The Quincy Sun.com



HOUSEHOLD HAZARDOUS WASTE DROP-OFF DAY



SATURDAY, OCTOBER 2, 8 AM TO 12 PM

DEPARTMENT OF PUBLIC WORKS, 55 SEA STREET, QUINCY, MA 02169

Quincy Residents Only | Proof of residency with valid MA Driver's License.

WHERE TO START

When gathering products for the drop-off event leave materials in original containers and tighten all caps and lids. Sort and pack items separately in sturdy upright boxes. **NEVER MIX CHEMICALS.** Pack your car the morning of the event and drive directly to the DPW. Do not smoke while handling hazardous material and do not bring children in the car with you.

Items **not accepted** at the hazardous materials drop-off day are ammunition, fireworks and explosives, commercial/industrial/biological waste, prescription medicine and radioactive waste. For the proper disposal of these materials visit the City's website www.QuincyMA.gov

ACCEPTABLE ITEMS

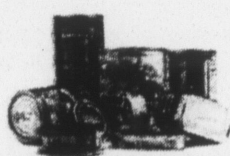
- | | |
|--------------------------------|------------------------------|
| Antifreeze | Moth Balls |
| Artist Supplies | Ni-Cad/Lithium Batteries |
| Brake Fluid | Oil Based Paints |
| Car Wax | Oven Cleaner Paint |
| Carburetor Cleaner | Strippers and Thinners |
| Chemical Fertilizers | Photo Chemicals |
| Chemistry Sets | Poisons/Insecticides |
| Drain/Toilet Cleaner | Roofing Tar |
| Driveway Sealer | Rubber Cement |
| Engine Degreaser | Model Glue |
| Fiberglass Resin | Rug and Upholstery Cleaner |
| Flea and Tick Control Products | Solvent Adhesives |
| Metal Polish | Spot Remover |
| Fuels/Gasoline/Kerosene | Stains & Varnishes |
| Fungicides | Swimming Pool Chemicals |
| Furniture Polish | Transmission Fluid |
| Hobby Supplies | Weed Killers |
| Lighter Fluid | Wood Preservatives, Cleaners |
| Mercury Items* | |

*Fluorescent Light Tubes and "Swirly" Light Bulbs, Thermometers, Thermostats, Button-Cell, Ni-Cad and Lithium Batteries, Flow Meters and Mercury Switches.

Latex Paint will not be accepted as Hazardous Waste

Recycle Smart

Metal



Food and Beverage Cans
empty and rinse

Plastic



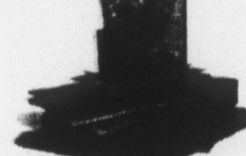
Bottles, Jars, Jugs and Tubs
empty and replace cap

Glass



Bottles and Jars
empty and rinse

Paper & Cardboard



Mixed Paper, Newspaper, Magazines, Boxes
empty and flatten

NO!



Do Not Bag Recyclables
No Garbage



No Plastic Bags or Plastic Wrap
(return to retail)



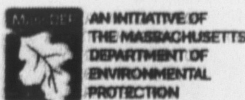
No Food or Liquid
(empty all containers)



No Clothing or Linens
(use donation programs)



No Tangles
(no hoses, wires, chains or electronics)



RecycleSmartMA.org

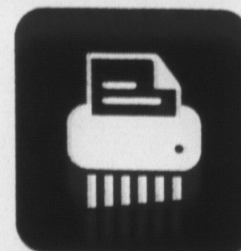


**FREE
PAPER
SHREDDING**



From Bay State Shredding
of Quincy

**Cardboard,
paper clips,
staples and
elastics OK!**



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City of Quincy
DPW

Thomas P. Koch, Mayor
Alfred J. Grazioso, Commissioner
www.QuincyMA.gov



CLEAN WATER
IS EVERYBODY'S BUSINESS

Archeological Project At Dorothy Quincy Homestead

By MARTHA CURTIS O'CONNELL

The National Society of The Colonial Dames of America in The Commonwealth of Massachusetts (NSCDA-MA) is sponsoring a locational archaeological survey and site examination project on the Dorothy Quincy Homestead grounds to identify any remains of the c. 1635 Edmund Quincy I house.

The survey and site examination began Sept. 27 and will continue through Friday, Oct. 8.

The main purpose of the investigation will be to locate, identify, and – to the extent possible – evaluate and preserve any potentially significant archaeological resources.

With funding from the City of Quincy Community Preservation Fund, the archaeological expertise of The Public Archaeology Laboratory, Inc. (PAL) and

support from the Massachusetts Department of Conservation and Recreation (DCR), PAL professionals will perform the fieldwork (Monday-Friday) during the two week period, analyze their findings, and deliver a formal technical report that will address the entire property. The NSCDA-MA will then have a planning document to help anticipate and manage archaeological resources in advance of future ground-disturbing projects on the property.

No formal events will be held onsite during the excavation period due to concerns of COVID-19; however, the Homestead grounds are open daily to the public. The NSCDA-MA intends to publicize the project with the objectives of bringing public awareness as well as financial support and future increased tourism to the Homestead.

The Dorothy Quincy

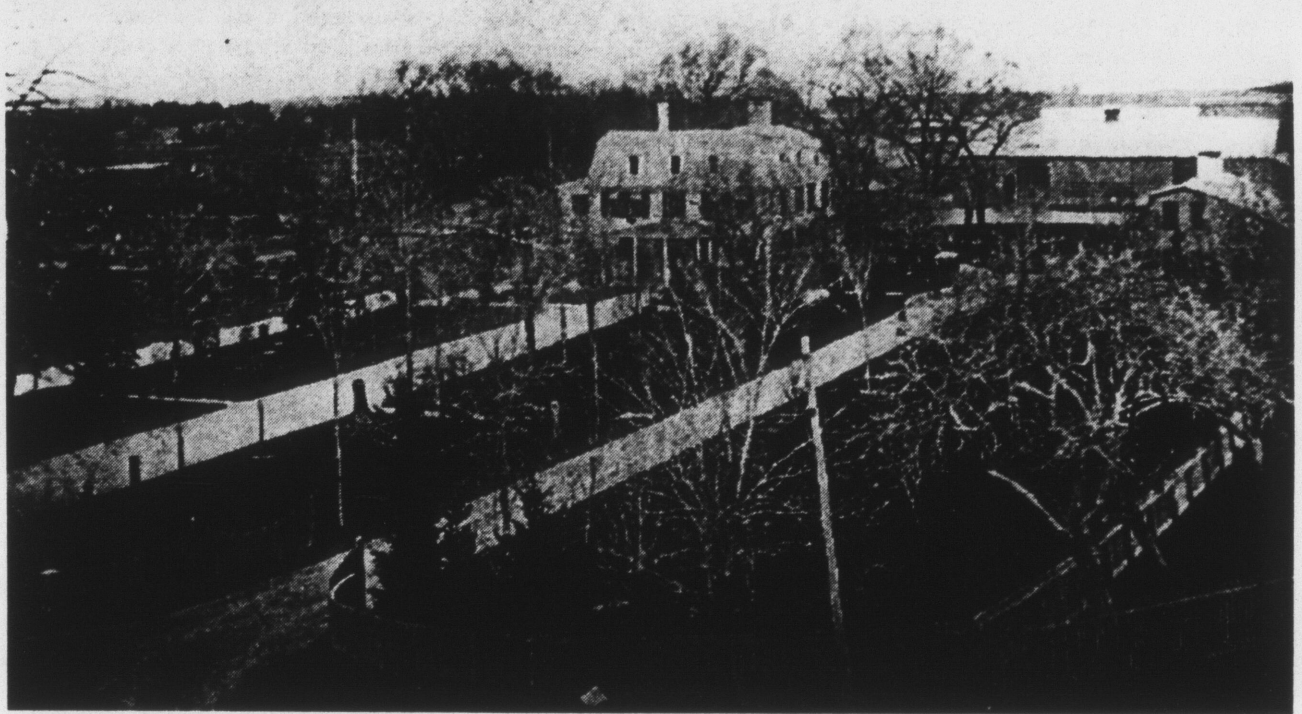
Homestead, located at the corner of Butler Road and Hancock Street, was purchased in 1904 by the NSC-

DA-MA. The grounds and buildings are owned by the Massachusetts Department of Conservation and Recre-

ation (DCR) and operated in cooperation with NSCDA-MA in a public-private part-

nership. Only dogs on leash are allowed on the property per DCR.

View of the Dorothy Quincy Homestead during the occupancy of Peter Butler, Jr. and his family from the west, c.1865. Note the large barn in the rear and the gambrel-roofed, one-story house at the right, said to be the c.1635 house of Edmund Quincy I, occupied by the resident farmer and his family.



VIEW OF THE Dorothy Quincy Homestead during the occupancy of Peter Butler, Jr. and his family from the west, c.1865. The large barn in the rear and the gambrel-roofed, one-story house at the right, said to be the c.1635 house of Edmund Quincy I and occupied by the resident farmer and his family. Courtesy Photo

Quincy Fire Dept. Retirement Banquet At Marriott Oct. 12

IAFF Local 792, Quincy Fire Department annual retirement banquet will be held Tuesday, Oct. 12, at the Quincy Marriott Hotel, ballroom, 1000 Marriot Dr., Quincy.

Cocktail hour begins at 6 p.m. followed by dinner at 7 p.m.

The event honors members of the Quincy Fire Department who retired last year as well as this year.

Retirees being honored are:

2020: Chief John M. Cade-
degan, 35 years of service;
Deputy Chief Edward W.

Fenby, 33 years; Captain Robert A. Gilbody, 33 years; Captain James B. Kennedy, 34 years; Lt. Paul A. Leonard, 33 years; Lt. Robert J. Shea, 32 years; Firefighter Gordon S. King, 34 years; and Firefighter Russell J. Nord, 26 years.

2021: Lt. James A. Bailey, 27 years; Firefighter James M. Connolly, 23 years; and Firefighter John V. Scribi, 19 years.

The department extends congratulations to all the retirees for their years of dedicated service to the residents of Quincy.

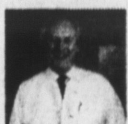
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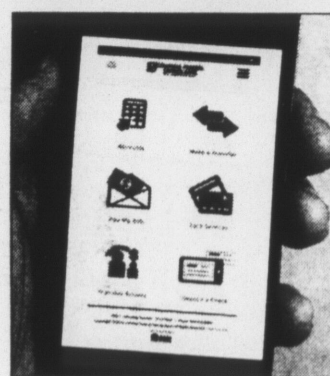
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Moments in time

THE HISTORY CHANNEL

• On Oct. 12, 1492, Italian explorer Christopher Columbus sights a Bahamian island, believing he has reached East Asia. Columbus, and most others, underestimated the world's size, calculating that East Asia must lie about where North America sits on the globe.

• On Oct. 17, 1906, Wilhelm Voigt, a German shoemaker wearing a stolen captain's uniform, impersonates an army officer and leads an entire squad of soldiers to help him steal 4,000 marks from the mayor's office cash box, exploiting their blind obedience to authority. The Kaiser thought the story was funny; the German army did not.

• On Oct. 16, 1946, at Nuremberg, Germany, 10 high-ranking Nazi officials are executed by hanging for their crimes during World War II after they were found guilty by the International War Crimes Tribunal.

• On Oct. 13, 1957, the science-fiction thriller "The Amazing Colossal Man" premieres in theaters. The film revolved around an Army officer who began to grow uncontrollably after he strayed too close to an atomic blast in the Nevada desert.

• On Oct. 14, 1968, the U.S. Defense Department announces that the Army and Marines will be sending about 24,000 men back to Vietnam for involuntary second tours because of the length of the war. The decision badly hurt troop morale and the combat readiness of U.S. forces around the world.

• On Oct. 11, 1975, "Saturday Night Live," a comedy sketch show, makes its debut on NBC, with George Carlin as its host, and Billy Preston and Janis Ian as musical guests. Since its inception, SNL has featured a different guest host and musical act each week.

• On Oct. 15, 1991, after a bitter confirmation hearing, the U.S. Senate votes 52 to 48 to confirm Clarence Thomas to the U.S. Supreme Court. President George Bush had nominated the 43-year-old Thomas, an African American judge known for his conservative beliefs.

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Compost
materials

"Browns" Fallen leaves, hay, straw, cornstalks, shredded cardboard & newspaper (soy-based OK), paper plates, bags, towels, chipped brush, sticks, twigs, branches, bark, sawdust, pine needles (not more than 10%)

"Greens" Vegetable & fruit wastes, eggshells, coffee grounds, filters, teabags, farm animal manure, chemical-free weeds & grass clippings, seaweed (give it a good soak to remove any excess salt) - Brenda Wiener

Source: earthfriendlygardening.wordpress.com

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1 In 10 Children Under Age 2 In Bay State Aren't Riding In Car Seats

AAA Raises Awareness Of Child Passenger Safety During National CPS Week

Despite overwhelming evidence that child passenger safety seats save lives, 1 in 10 children under age 2 in Massachusetts are not riding in car seats, putting them at risk of serious injury and death, according to a recent AAA analysis of MassDOT IMPACT crash data.

AAA Northeast is highlighting this alarming statistic in recognition of National Child Passenger Safety Week (September 19-26) to remind motorists and parents that car crashes are a leading cause of death for children. From 2016 to 2020 in Massachusetts, nearly 5,900 children under age 8 were injured in crashes, with 95 of them suffering serious injuries or dying. According to the National Highway Traffic Safety Administration, an average of two children in America under 13 were killed--and 375 injured--on the road every day in 2019.

No single tool improves the odds of surviving a crash more than a properly installed child passenger safety seat. The latest national research shows that more than half of all car seats are installed or being used incorrectly. Sometimes, even well-intentioned parents might be using the wrong seat or seating position for their child's height and weight.

"No parent intentionally puts their child in harm's way, but car seat misuse can be the difference between life and death," said Mark Schieldrop, Public Affairs Specialist for AAA Northeast. "Using age-appropriate car seats and installing them correctly is the best way to prevent needless child death on the roadway."

The most common car seat installation mistakes include:

- Car seats that are too loose when secured in a vehicle.

- Failure to use the car seat's tether strap along with lower latches or a seat belt in forward-facing seats.

- Not tightening harness straps enough when securing the child in the seat.

- Switching from rear- to forward-facing orientation based on a child's age instead of weight.

In addition to hosting outreach programs and car-seat check clinics, and promoting media awareness campaigns across our entire territory, AAA Northeast is advocating to strengthen Massachusetts' child passenger safety laws by filing House Bill 2446 (Mindy Domb, D-Amherst, sponsor) and Senate Bill 1592, (Barry Finegold, D-Andover, sponsor) requiring children to remain rear-facing in their car seats at least until age 2, or until they reach 30 pounds.

Research shows that infants and toddlers can suffer severe and sometimes fatal neck and spinal injuries in forward-facing car seats—even in what many would consider minor crashes. The American Association of Pediatrics recommends that all infants and toddlers should ride in a rear-facing seat until they reach the highest weight or height allowed by the car seat manufacturer.

Many parents mistakenly believe their children can be turned forward-facing when they reach their first birthday, based on outdated recommendations. Today, we know that children should remain rear-facing as long as possible, and until they reach the highest weight or height allowed by their car seat. For some children, that could mean staying rear-facing long past their second birthday.

Uncle Sam's Billboard Promotes Eye Health

Cont'd From Page 1

may be asking yourself, what is macular degeneration?"

Macular degeneration is an eye disease that causes vision loss in the center of the field of vision but does not affect peripheral vision and can be inherited. It affects about 200,000 people yearly. There are two types of macular degeneration. In "dry" macular degeneration, the center of the retina deteriorates. With "wet" macular degeneration, leaky blood vessels grow under the retina.

The reason the billboard talks about macular degeneration is that Quincy's own, Uncle Sam Rounseville, has macular degeneration and is now legally blind because of this disease.

Leroy Rounseville legally changed his name to Uncle Sam 30 years ago on Flag Day. He made this decision after being at a major fund raiser for the Desert

Storm Fund which raised \$1 million for the returning veterans. Dressed as Uncle Sam, he was told by a parade official to march with the clowns instead of the leadership group from the fund. He felt that the symbol for America deserved more respect.

He has marched in parades all over New England and in Canada and was honored to be the grand marshal for Quincy's Flag Day parade this year. In addition, he has held a fundraiser for his birthday every five years, raising over \$50,000 for charities. Uncle Sam was part of Kids Vote at Merymount School for many years and has visited many service men and women at VA hospitals. The State Senate declared him the official Uncle Sam of Massachusetts. He was featured in a front-page story for the Wall Street Journal. In 1996 on July 3rd, he married Jean Kenney in a ceremony of-

ficiated by then Governor William Weld at the Boston Pops rehearsal concert in front of 40,000 spectators and guests.

Uncle Sam also followed in the footsteps of his father, Leroy, also known as Uncle Roy, and has been a long-time member of the Lions Club of Quincy, which is a service organization that Helen Keller challenged to be "Knights of the Blind." Through monies raised at fundraisers since 1951, the Lions Club of Quincy has been able to donate over \$200,000 to the Massachusetts Lions Eye Research Fund. (MLERF)

The MLERF gives grants to researchers working to find cures, solutions or to prevent blindness and other eye diseases. Through the hard work of researchers, problems like premature blindness and "river blindness" have essentially been eradicated, however, diseases like macular degenera-

tion, glaucoma and diabetic retinopathy are still causing problems for millions of people in the United States alone

Great strides have been made in helping to slow the progression, helping to retain sight, and even restoring some lost vision, but there is still much work to be done. So, through the fundraising efforts of the many Lions clubs not only in Massachusetts, but around the world, there are people right now working to make macular degeneration and other eye diseases a thing of the past.

If you are interested learning more about macular degeneration, the Lions Club of Quincy, or in donating to the Lions Club of Quincy, please visit www.quincylionsclub.com. The website includes information on macular degeneration; the cause, the treatment; and what can come next.

BBB: Beware Scammers Impersonating Well-Known Companies

By BETTER BUSINESS BUREAU

Everyone loves a deal—including scammers. Con artists often offer too good to be true discounts in the hope that price-conscious consumers will jump on these "deals" without doing their research.

Recently, BBB Scam Tracker has seen numerous reports of scammers impersonating well-known companies and offering COVID-19 themed discounts.

How the Scam Works

You receive a text message from a large, reputable company. The message claims that, due to the pandemic, the company would like to help people out by offering them an amazing deal. These range from free or discounted services to gift cards and cash.

For example, consumers reported receiving the following text messages using this ploy:

• "COVID-19 REFUND. VERIZON COMPANY is giving out \$950 to all users of our Verizon service. If yes kindly text your Verizon"

• "Due to the pandemic, Hulu is giving everyone a free 1-year subscription to help you stay at home. Get yours here [link]."

Of course, these messages don't really originate with that company. They come from impersonators who hope to steal your personal information. If you click the link, you may be prompted to log into a lookalike website that scammers use to get hold of your login ID and password. With that infor-

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Scenes From Yesterday



POST OFFICE, SQUANTUM, MASS.

THIS IS AN old postcard view of the Squantum Post Office when it was in a variety store operated by Grace Polson who published this postcard in the 1920s. Located at 735 East Squantum St., the store was first opened in 1912 as Watt's Variety with the post office that was in this building for almost 50 years. Note the stop sign on the utility pole along with the painted silver band that

designated trolley stops. Although not readily recognizable, this building still exists in the same location. Dimattia Sails and Yacht Systems have built an addition on the rear and they have been here for almost 50 years. The front porch, now closed in, has served a number of businesses including Results Real Estate.

From the Tom Galvin Postcard Collection

Quincy's Yesterdays

This Week
1950
71 Years Ago

More Modern Methods Planned For Hospitals

"More modern management and professional techniques" along the lines recommended in the Farrish and Ernst reports will be instituted at the Quincy Hospital, City Manager William J. Deegan, Jr. said in a statement.

The statement was made after Deegan conferred with the city council in an informal session at City Hall. Press and the public were barred from the meeting.

Among the recommendations contained in the reports was a recommendation for the establishment of an office of business manager.

SHIPYARD BIDS FOR HIGH SPEED CARGO SHIPS

Donald D. Strohmeier, vice-president in charge of shipbuilding for Bethlehem Steel Corp., disclosed that if Bethlehem is the successful low bidder for the construction of high-speed cargo ships, the Fore River Shipyard will be considered to construct some of the cargo ships.

Strohmeier pointed out that workers are now available at the Quincy Shipyard to do this work.

QUINCYISMS

Wollaston Federal Savings and loan Association was offering, "Free parking, Speedy Service and Sixty Years Experience" to area residents... A & P Supermarkets was offering, "Porterhouse Steak, Every Ounce is tender, juicy and desirable," all for only \$1.07 per pound... A "Speakers Bureau" has been organized for the Quincy Red Feather and USO campaigns. **Harold Terry** is chairman of the bureau, and **Phyllis Papani** the secretary... **Dan Mahoney** gained 75 yards on 17 carries as the North Quincy High School football team upset Dedham High, 8 to 7... Firestone Store, 2 School Street St., Quincy, was advertising a "Brake Adjustment Special for only \$1.19"... **State Rep. William W. Jenness** was listed in good condition at Quincy Hospital after undergoing an appendectomy... The City Council voted a \$200 salary increase to Quincy firemen. The raise increases the salaries of privates in the department from \$3,000 to \$3,200 per year... The Junior High Fellowship of the Houghs Neck Congregational Church elected **Sandra MacKinnon** as president; **Carol Lee Griffin**, vice-president; **Nancy Rounseville**, secretary and **Richard Andrews**, treasurer... **Peter J. Levesque**, manager of the Capitol Theater, Hancock Street, Quincy Center, announced that the theater would re-open Wednesday, Oct. 4. The theater has been closed since June. The opening feature will be "The Black Rose" starring **Tyrone Power** and **Orson Welles**... **John J. Pyne** of 146 Palmer St., Germantown, a financial clerk in the Quincy Post Office, retired after 38 years of service... A daughter was born to **Mr. and Mrs. Carroll Griffin**, 81 Macy St., Houghs Neck... **LeRoy Faulkner** of North Quincy was unanimously elected captain of the Bates College football squad... The principals in the Houghs Neck Minstrel Show to benefit of the Most Blessed Sacrament Church building funds included: **Ellen Keefe**, **Theresa Murphy**, **Esther Murphy**, **Barbara Walsh**, **John Monahan**, **Peggy Rutledge**, **Pat Morris** and **Artie Lemieux**... **Capt. David B. Humphrey**, son of Mr. and Mrs. Harrison Humphrey, 61 Vane St., North Quincy, was in an army hospital in Japan after being wounded in action in Korea on Sept. 16... A complete revaluation program to equalize real estate assessments in Quincy would cost roughly \$125,000, an expert from a real estate appraisal firm estimated at a meeting of the Quincy Taxpayers Association... London Clothing, the Parkway, Quincy Center, was advertising Men's Suits: "Cream of the Crop, Fine 100% Wool Worsteds for \$35.75 to \$39.75"... The Quincy School Committee approved preliminary sketches for the proposed Germantown elementary school. **School Committee Vice-Chairman A. Wendell Clark** predicted that the Germantown school, as well as the proposed elementary school to be located on Fenno Street would be completed in time for the opening of the September 1951 term.

KEEPING UP WITH THE RED SOX

The final standings for the 1950 season showed the Red Sox finishing in third place with 94 wins and 60 losses, four games behind the pennant winning New York Yankees. In the World Series, the Yankees swept the Philadelphia Phillies, 4-0, to win their 13th world championship.

WWII Veterans' Memorial Rededication Saturday

The Houghs Neck Garden Club will sponsor a rededication of the World War II Veterans' Memorial

in Houghs Neck, in front of the Atherton Hough School, on Saturday, Oct. 2nd, at 11 a.m.

Rain date is Sunday, Oct. 3rd at 1:30 p.m.

The Houghs Neck Garden Club is a 501(c)(3)

non-profit organization and a member of the Garden Club Federation of Massachusetts.

READERS FORUM

Are Public Parks Now For Sale And Lease?

(Editor's note: A copy of the following letter mailed to Gov. Baker was submitted to The Quincy Sun for publication.)

To whom it may concern:

To say I am incredulous would be an understatement to go on my normal walk around Marina Bay doing the loop around the old runway only to find out when I came out I was FENCED IN THE PARKING LOT.

Someone said this area was leased to a private production company operating out-of Marina Bay FOR FIVE YEARS. How could this be? How could the state lease a state-owned public recreation area known for its full public use for walk-

ing, biking, bird watching, boating and views and rent it out to a private company?

Are public parks now for sale and lease? I seriously do not know how you can possibly justify that and denying the citizens of Massachusetts and the residents of Quincy ALL PAYING STATE AND LOCAL TAXES a large part of that historic park.

Whoever is responsible for this should be fired and the contract should be rescinded, and the park given back to the CITIZENS.

Janet Boyle
Quincy

Don't Miss School Committee Votes On Nov. 2

The Nov. 2 school committee election is the most competitive citywide race this year. Even so, 92% of eligible voters sat out Sept. 14th's preliminary election. The preliminary decided which six candidates will appear on the ballot in November, when citizens will vote to fill three open seats on the school committee.

The single-digit turnout in the preliminary is concerning, because school committee decisions not only affect the nearly 10,000 students in the district, but every single one of the city's more than 100,000 residents, thanks to the coronavirus pandemic that connects us all.

In recent months, the committee has steered the schools through this public health crisis, weighing in on masking, distancing, testing, and vaccinating students and staff (all practices that are strongly supported by scientific research). The seven school committee members have overseen how the schools manage remote, hybrid, and in-person classes and the technology needed to participate in these classes. They have helped ensure that students have enough to eat and that school buildings have enough air circulation. They have grappled with how to make school policies more compassionate, fair, and inclusive and have discussed the city's plan to build a separate center designed for students who need additional supports.

In other words, they have tackled the most important issues of the day, on behalf of some of the most vulnerable people in the city.

Yet only 8% of those who could have voted in the preliminary election did vote. Given how impactful the school committee's decisions are, the election of its members deserves more attention.

So no matter where you stand on the political spectrum, please research where the six candidates for school committee stand on the issues. You can watch a forum with all six candidates here (<https://bit.ly/qfcschools>) or see video answers about climate change from the four who submitted them here (<https://bit.ly/qcanschools>). In the coming weeks, keep an eye out for these planned events: an in-person forum sponsored by the Squantum Neighborhood Association on Oct. 6 at 7 p.m.; a Zoom forum sponsored by the Quincy Democratic City Committee on Oct. 12; and a forum by the Citywide PTO on Oct. 18 at 6:30 p.m.

Then make a plan to vote in the Nov. 2nd election, and ask your friends to do the same. The future of Quincy's schools is in our hands.

Maggie McKee
Quincy

Arts & Entertainment

Virtual Talks, Concert Among MPL Activities In October

By JEAN HLADY
Adult Services/Reference
Milton Public Library

In the month of October, the Milton Public Library is offering some enjoyable events for adults. In addition to a variety of fun virtual talks and a concert via Zoom, there are also some in person group walks and other club meetings which will be held at the Library. Please note that in person participants who attend programs inside the building must wear a mask to do so.

On Tuesday, Oct. 5, starting at 7 p.m., chef Suzanne Lombardi, owner of The Plate restaurant in Milton, will teach us how to make a healthy pasta dish via Zoom. The presenter is a fabulous cook and she will show us how to create a dish called "Pasta with Wilted Arugula, White Beans, Lemon and Hot Pepper" from the recipe which participants will receive via Email, when they register at www.miltonlibrary.org in advance.

All of the details about this enjoyable event can be found at the Milton Public Library's website by clicking on "events" from the main page. This program is part of an initiative called "Milton Moves," which is a year-long effort for all ages to promote wellness, fitness, and healthy eating.

The MPL Walking Club, which is also part of "Milton Moves," will happen outside every Thursday in October and the dates are: Oct. 7, Oct. 14, Oct. 21 and Oct. 28, at noon for a one hour stroll. Please sign up in advance for these fun meet and greet sessions which start in the Library parking lot, where people socialize, exercise and talk about all kinds of interesting topics at the same time.

Please join our staff hosts for a little physical activity once a week! You must sign up in advance for each hike you would like to attend at the MPL website.

The Library Knitting Group continues to meet in person in the lower level Conference Room twice a month and in October the dates and times are: Thursday, Oct. 7, at 7 p.m. and Saturday, Oct. 16, at 10 a.m. Join other like-minded fiber artists to share your current knitting project with others, and to just socialize. Email jhlady@ocln.org to get on the knitting group's list, and we hope you will consider joining this fun, ongoing program!

On Tuesday, Oct. 12, at 7 p.m., interior decorator Barbara Graceffa will be our host for a Zoom presentation called "The Cure for Clutter: Analyze, Strategize and Attack!" The speaker is president and CEO of a company called Secretary of the Interior, and she will teach us how to clean up that clutter at home and what to do first! Enjoy a humorous presentation on decluttering that will inspire you to get rid of that excess "stuff" once and for all. Sign up in advance and learn more at the MPL website to participate.

The Cookbook Club with Connie Spiros and Sara Truog invites you to its next session on Saturday, Oct. 16, from 10-11:30 a.m. Weather permitting, the club will meet outside but in case of rain, it will gather in the Keys Community Room. Each club meeting will feature a selected cookbook and members will prepare a tasty treat from the book to bring and share. The cookbook chosen for October is Pastry Love by Joanne Chang. All the details about how to participate are shown under the date of Oct. 16 at the MPL website. Bon Appetit!

There will be a wonderful online concert via Zoom on Thursday, Oct. 21, from 7-8 p.m., with Milton's own accomplished guitarist and singer, Bob Uvello. Bob is a renowned country/folk/western recording artist and songwriter, who has been singing and playing since the age of 14. At 18 he was playing in folk clubs and church coffeehouses, and over time he gained a following and toured from Philadelphia to New York and into Canada. Later he performed in the western states and at Club Passim in Cambridge. In the early seventies this artist toured England, opening for John Martyn, and the folk rock group Pentangle. He was an artist-in-residence at Curry College from 1974 to 1976, and then worked as a cowboy on a Montana ranch. In 1980 he



MILTON PUBLIC LIBRARY'S events for October include a presentation by chef Suzanne Lombardi, owner of The Plate restaurant in Milton, who teaches how to make a healthy pasta dish via Zoom. The program is Tuesday, Oct. 5 starting at 7 p.m. Photos Courtesy Milton Public Library

toured in Europe and had an album produced by a Swedish company that eventually sold 32,000 copies, enough to earn a Swedish Gold Record Award.

After returning to the U.S., Mr. Uvello has gotten back to playing music and recording new songs recently, after teaching in the Boston Public School System and at Quincy College, and then operating a contracting business for more than 30 years. His new album will be released in October 2021, and we hope you will join host Jean Hlady for a great hour of inspiring tunes performed by a talented musician! Please sign up in advance at the MPL website to enjoy this virtual concert.

And finally, there will be a spooky program on Tuesday, Oct. 26, at 7 p.m. via Zoom, geared to adults called: "Welcome to the Graveyard: A Virtual Tour of Cemetery Art, History & Symbolism." The speakers are The Gravestone Girls who hail from Worcester, and their mission is to "keep our dead alive." This is a 90-minute presentation that will teach us about the "art, symbolism and history of these living history museums located on everyone's main streets and backyards."

The Gravestone Girls not only provide interesting historical cemetery programs, but they also create beautiful and unusual sculpted art pieces using the primitive art from the faces of gravestones. Their talk will include a variety of castings from their 100-plus image collection, and you will have a chance also to purchase cemetery art from them if you so desire. Please join us this Halloween week for some fun with these engaging speakers. Advance registration is required.

For more information about any of these events, email jhlady@ocln.org or call her at (617) 898-4964. They are sponsored by the Friends of the Milton Public Library, and are free and open to all.

Milton Public Library is located at 476 Canton Ave., and we hope you will come check out an entertaining activity with us in October.

Community Family Day Exploring Art At Eustis Estate

The Eustis Estate, 1424 Canton Ave., Milton, welcomes the community for a special day on Saturday, Oct. 2 from 10 a.m. to 2 p.m. for families to explore the grounds and the outdoor sculpture exhibition, "Looking Back with 2020 Vision." The exhibition represents artist reactions to many of the issues that were on our minds in 2020: a global pandemic, calls for action around racial and social justice on an incredible scale, and environmental concerns.

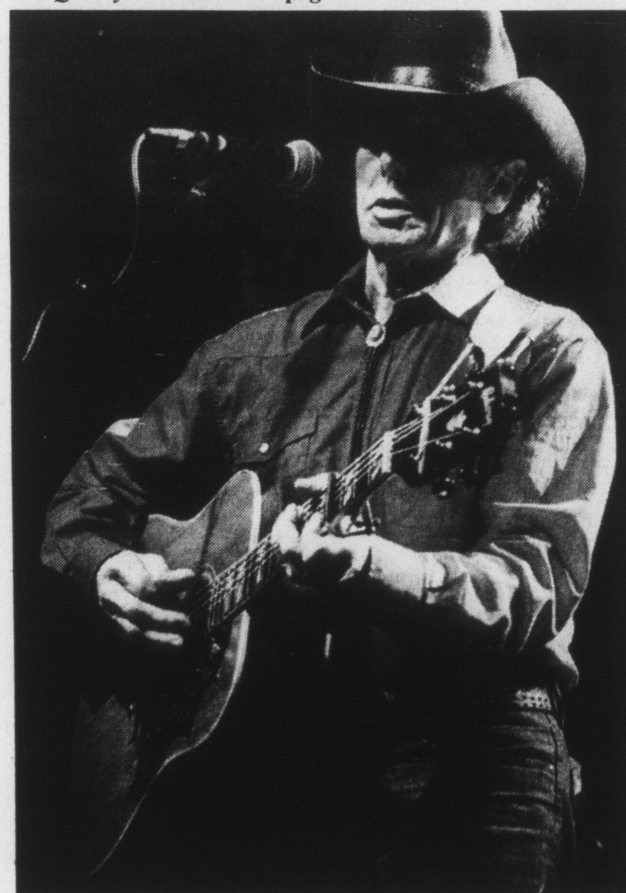
Art is a powerful way to process and heal. The day's activities help families engage with the content and creatively express themselves.

- Create social justice-based art led by local artists
- Follow a Story Walk through the property
- Practice mindfulness with family yoga and meditation
- Engage with the landscape through nature-based activities
- Join in a teen writing workshop
- Bring a picnic and spend some time exploring the exhibition and the museum

The event is done in collaboration with Quincy for Transformative Change, Celebrate Milton, and Courageous Conversations Towards Racial Justice-Milton/Mattapan. Most activities are best for ages



ON TUESDAY, OCT. 12, at 7 p.m., interior decorator Barbara Graceffa will host a Zoom presentation called "The Cure for Clutter: Analyze, Strategize and Attack!" Graceffa, president and CEO of "Secretary of the Interior," writes a column for The Quincy Sun real estate page.



GUITARIST AND SINGER Bob Uvello will perform an online concert via Zoom Thursday, Oct. 21 from 7 to 8 p.m. as part of the Milton Public Library's events for October.

5-12 years old. All children must be accompanied by an adult.

Admission to the house is included, but most activities will be outdoors unless there is rain. Note: some of the artworks in the exhibition are of a sensitive nature. Call 617-994-6600 for more information.

The event is supported by a community grant from the Milton Junior Woman's Club.

Family Day is free though donations are encouraged. Sign up for tickets online here: <https://my.historicnewengland.org/11513/eus-family-day-ton>.

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New Photo Exhibit At MPL

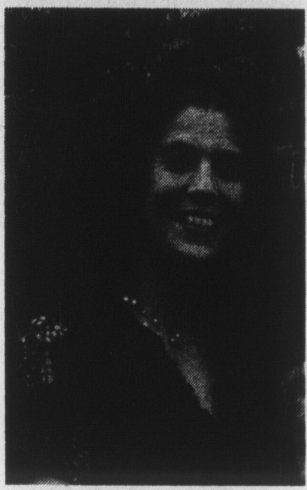
By JEAN HLADY
Adult Services/Reference
Milton Public Library

The Milton Public Library will be hosting a newly installed exhibit this fall in our Wotiz Gallery by local resident Deborah Milbauer and it will run from Oct. 1st through Nov. 30th.

This display is the second part of a collection of Milton family photographs by Ms. Milbauer which was originally created in 2012. This very first exhibit was created in honor of the Town of Milton's 350th anniversary and was titled: "My Neighborhood: 350 Years Later."

If you would like to view the first part of this photograph collection, you may do so at the Library's website, and as a virtual display, part 1 was renamed: "Celebrating the Changing Face of Milton Families." This first collection of photos may be viewed by using this link: <https://miltonlibrary.libguides.com/art> This first part - which was displayed in the Library's lower art space in 2012 - was then recreated at our website as an online display only during the months of January and February 2021. Starting 9/1/21 the Milton Public Library has moved the work of artists from virtual back to in person Gallery exhibits.

So now the Wotiz Gallery will now be showing the second updated part of Milton family photos called "The Milton Family Portrait Project." This new collection will feature additional photographs and stories of 20 families who live in Milton. Each family hails from our community and their portrait is accompanied by a brief description of their



DEBORAH MILBAUER

personal histories and experiences. The families represent multiple countries of origin, tens of spoken languages, blended families, multi-racial/multi-cultural families, families with adopted children, same sex families, and more. Milbauer had known some of these families before but met many more of them while working on the project.

In addition to viewing this new display starting Oct. 1st by visiting the first floor Gallery, there will be some accompanying events to consider attending. The first will be an opening evening reception in the gallery on Tuesday, Oct. 12 from 5-8 p.m. which welcomes everyone. Come join the photographer to view her exhibit and socialize.

Then on Saturday, Nov. 13 from 2-4 p.m., there will be a panel discussion in the lower level Keys Community Room to learn more about this interesting project and to connect with those involved. The panel will explore the experience of families living in Milton, and the larger concepts of identity and community in a demographically changing society. Panel participants will include the Mil-

ton neighbors who appear in the exhibit representing the Town's multi-cultural, multi-racial, blended, same-sex and international families. The voices of community activists and academic experts will also serve on the panel.

Light refreshments will be served. Please come visit the MPL in October and November for some enriching activities!

Deborah Milbauer lives in Milton and is a Town Meeting Member from Precinct 4. She volunteers with the Pine Tree Brook Neighborhood Association, Courageous Conversations Towards Racial Justice, and Partnership for a Healthy Milton. She has been a Public Health Consultant for the Milton Health Dept., and is a Senior Lecturer at Northeastern University (Bouvé College of Health Sciences).

She has worked in the field of Public Health for 30+ years and her husband, Corey Dolgan, is a Sociology professor at Stonehill College and an accomplished musician. They have two daughters, Ruby and Bailey, one at Milton High School and the other a 2021 MHS graduate.

Milbauer says: "I see my photo projects as a vehicle to tell the more profound and complicated story of identity, community, and belonging."

The project is supported by contributions from Celebrate Milton and the Friends of the Milton Public Library. There is also an application pending with the Milton Cultural Council.

For more information about this exhibit, go to www.miltonlibrary.org.

William Carroll, Ph.D., Named Dean Of Liberal Arts, Professional Programs

Quincy College has appointed William Carroll, Ph.D., as its Dean of Liberal Arts and Professional Programs.

Dr. Carroll joins Quincy College from a two-decade tenure at Bay State College in Boston, most recently as Vice President of Academic Affairs. In that role, he launched the college's first fully online course offerings, increased diversity of full-time faculty and staff by 15 percent over four years, and guided the college's nursing program through accreditation and full-approval state certification. He previously served the college as an associate professor, as the Chair of



WILLIAM CARROLL

Health Studies and Medical Assisting programs, and as Dean of the School of General Studies and Health and Human Services.

"As both an educator and an administrator, Dr. Carroll

brings unique skills and experience," said Dr. Richard DeCristofaro, president of Quincy College. "In particular, his strong background in faculty development, program review, accreditation, and planning make him the ideal choice to help advance our organizational vision and enhance the student experience."

Dr. Carroll received his undergraduate degree from the State University of New York College at Geneseo and began his career as a biologist and researcher before earning his Master's degree in biology and his Doctorate in Science Education, both from Syracuse University.

Movie Review: 'Cry Macho'

By BOB GARVER

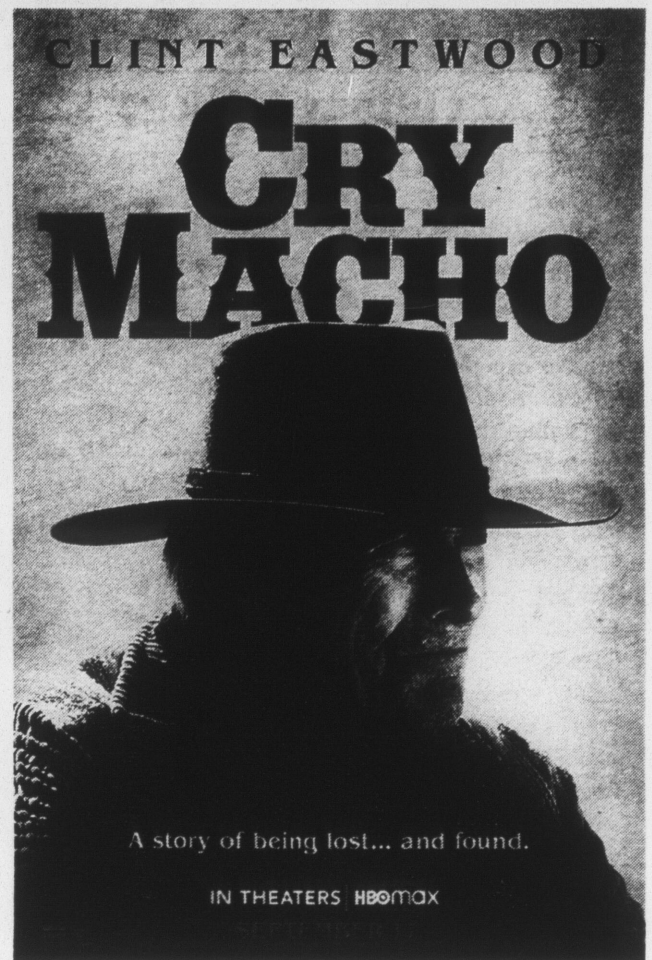
Like last weekend, this weekend at the box office was underwhelming, especially for new releases.

"Shang-Chi and the Legend of the Ten Rings" continued to dominate in the #1 spot for the third straight weekend. "Free Guy" held steady at #2 in its sixth. I had to go down to #3 to find a new movie to review. "Cry Macho" made almost \$1 million less than last weekend's "Malignant" despite playing on nearly 500 more screens across the country. And remember, the two movies that beat it are each a week staler than they were against "Malignant." The film is no doubt underwhelming commercially, and it's pretty underwhelming creatively as well.

Clint Eastwood directs and stars as Michael Milo, a once-prominent Texas rodeo star now ravaged by age, addiction, and loss. He's given a job as a horse trainer by his old boss Howard (Dwight Yoakam), but he has so little drive that he does the job poorly and gets fired. Howard, insisting that Mike still has a debt to pay, tasks him with going down to Mexico and retrieving his son Rafo (Eduardo Minetti). Mike, naturally, isn't happy about the assignment, but he's eager to have the sleazy Howard off his back once and for all.

Mike travels to Mexico, where he first must contend with Rafo's mother Leda (Fernanda Urrejola), an implied organized crime figure with henchmen at her disposal. She and Rafo are estranged, but once Mike locates the kid, she wants him back with her and not absentee father Howard. But Rafo wants nothing to do with his mother, so he escapes Mexico City with Mike. The two need to make it to the U.S./Mexico border with Leda's henchmen and some corrupt federales in pursuit.

Mike and Rafo have all the expected trust issues and go through the usual bickering. Rafo wants to drive, Mike won't let him. Rafo wants to drink (no server



will card him because this alleged 13-year-old can easily pass for legal drinking age), Mike won't let him. Rafo wants to bring his pet rooster Macho on the trip, Mike... reluctantly lets him. I guess Eastwood figured this movie could use an animal sidekick, and a rooster is a "new one." Rafo wants to stay with a family led by restaurant owner Marta (Natalia Travenço), and Mike has to decide if maybe that's best for everybody. In fact, staying with the family himself might be best for everybody.

The good news is that Eastwood, at 91, is still a perfectly competent actor and director. His character is a terrific balance of wit and pathos and there is most definitely a charm to the relationships he forms with Rafo and Marta. The bad news is that there are some glaring problems with this story, like contrived obstacles (why are Leda's men still combing over small towns weeks after Mike and Rafo should have made it to the border?), too much time devoted to Mike and Rafo hiding out in the small town, and an abrupt ending that seems like the movie sim-

ply ran out of money. What drove me crazy was a detail so small it shouldn't have mattered, but here goes: Rafo says he adopted Macho after the rooster lost five cockfights. I'm no expert on cockfights, but doesn't losing one traditionally mean that the rooster won't be alive to participate in another one, let alone four more?

The film is the latest in a string of "adult on the run with an unfamiliar child" movies. I liked "News of the World" with Tom Hanks from last Christmas, but I didn't much care for "The Marksman" with Liam Neeson, and "Those Who Wish Me Dead" with Angelina Jolie was just a total waste of time. With those last two as competition, I guess I have no choice but to proclaim "Cry Macho" the second best of the bunch. It might be one of the "better ones," but I still don't recommend it overall.

Grade: C

"Cry Macho" is playing in theaters and streaming on HBO Max. The film is rated PG-13 for language and thematic elements. Its running time is 104 minutes.

Contact Bob Garver at rg251@nyu.edu.



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Melissa Lord Student Wellness, Program Coach At Quincy College

Melissa Lord, LMHC, has joined Quincy College as Student Wellness and Program Coach.

As a licensed mental health counselor, Lord has extensive experience working with both individuals and families. At the College, she will support and oversee student clubs, organize student life events, and provide students with individual emotional support and overall wellness guidance.

Most recently, Lord served as a clinical supervisor for a team of four intensive care coordinators at the Home for Little Wanderers' Hyde Park Community Support Agency.

Previously, she spent nearly a decade in various roles at South Shore Mental Health in Quincy.

Lord received her Bachelor's degree in psychology from Roger Williams University and her Master's degree in mental health counseling from the University



MELISSA LORD of Massachusetts-Boston.

Quincy College is a two-year, municipally affiliated community college serving approximately 4,000 students at campuses located in Quincy and Plymouth. Quincy College is accredited by the New England Association of Schools and Colleges and is licensed by the Massachusetts Board of Higher Education to grant the degrees Associate in Arts and Associate in Science.

Norfolk County Commission Completes Best Practice Review

After an almost yearlong process, the Norfolk County Commission announces the completion of its Financial Management and Operations Analysis Best Practices Review.

This effort prioritized the County's long-term sustainability, addressed longstanding fiscal issues, and explored ways to enhance the value of services provided to Norfolk County residents and communities.

"This study lays out the foundation and vision for 21st century county government which is efficient, responsive, fiscally sound, and data driven," said Norfolk County Commission Chair person Joseph Shea, of Quincy. "This effort exemplifies our commitment to providing the cities and towns of Norfolk County with a dynamic partner in regional government."

The analysis, a priority for the County's Commissioners, Finance Committee and Advisory Board in

Fiscal Year 2021 (FY21), comes as part of a broader effort to restructure County finances to better-align with financial best practices used by similar-suited counties, municipalities and governmental agencies in the Commonwealth. Norfolk County, with an approximate \$32 million combined operating budget, includes the Norfolk County Agricultural High School, six (6) County-owned Court facilities, a Registry of Deeds, an Engineering Department, the Wollaston Recreational Facility (Presidents Golf Course), and performs various other statutory, programmatic and regional service-oriented responsibilities.

"If we are to thrive we must evolve," said longtime County Commissioner Peter Collins of Milton. "We owe it to the people of Norfolk County to perennially ask 'how can we serve you better? How can we best steward your tax dollars?' This report, the first undertaken in the history of our Commonwealth, asks the questions some are afraid to examine, and our county is better and stronger for it."

Richard Staiti of Canton, Norfolk County's newest commissioner, said "This effort is a promise kept to the people of Norfolk

County. The work undertaken should create a strong footing for success in many areas as we undertake new challenges such as the distribution of millions of federal dollars through our ARPA program."

After a competitive procurement process, the County Commission retained The Abrahams Group, a consulting firm that specializes in improving efficiency and effectiveness in local governments to conduct analysis. Deliverables as part of this effort included the establishment of financial policies, budget forecasting and the establishment of a long-term capital improvement plan to help guide the county's spending in future years.

"As public servants we must have the courage to say, the status quo is no longer acceptable," Shea said. "We move beyond the false sense of security doing things 'as we always have done' gives us. Just because we have organized ourselves in a certain way for decades does not mean that is the best thing for our constituent communities or our County. Today we step forward into the 21st century."

Specifically, the Scope of the Best Practices Review, Financial Management and Operations Analysis included the following:

- **Multi-Year Financial Forecasting** – Based on comprehensive study of Norfolk County revenues, expenditures and employee benefits, including those of the Norfolk County Agricultural High School, which assesses the short- and long-term sustainability of said revenues, expenditures and benefits, including how they relate to applicable county funding statutes and formulas established by state statutes.

- **Financial Management Best Practices Review and Financial Policies** – After a thorough analysis and review of the recent Financial Statements and Management Letters from the county's independent auditor related to documented financial policies and procedures, decentralized bank accounts, tracking of compensated absences and associated liabilities, and the utilization of the county's financial accounting and reporting software the county is receipt of comprehensive policy document to guide best financial practices going forward. These include the centralization of all county bank accounts under the county treasurer and the full utilization of electronic budget software also

Cont'd On Page 14

WHAT'S COOKING

with
Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



Oven-Baked Chicken Cacciatore

By MARIE

Today's recipe is for a chicken cacciatore that can actually be made in the oven. This is an easy recipe and a true crowd pleaser!

Pre-heat oven to 350 degrees – you will need a large roasting pan

Directions and Ingredients

4 to 6 chicken thighs - bone-in
1 onion, chopped
16 ounce can of crushed tomatoes
2 greens bell peppers, chopped
1 red bell pepper, chopped
1 package of fresh mushrooms, sliced
A sprinkle of basil or oregano (optional)
1 large potato, cut up

Salt and pepper to taste

Garlic powder to taste

Season the chicken with salt, pepper and garlic powder.

Place the chicken in a roasting pan.

Place the chopped onion, peppers and mushrooms and spices over the chicken, pour the can of tomato sauce on top.

Then place potatoes on top of and around the chicken.

Cover and bake in 350-degree oven until done.

Baking will take 1 to 1 and 1/2 hours.

This dish is great served over rice, noodles or any pasta.

Top with Romano and Parmesan cheese when serving if you like.

Healthy Grain Free Cinnamon Raisin Cookies

By SUZIE

These cookies are certainly a treat and will give you a nice substitution for refined grain and sugar cookies.

High in protein, fiber, healthy fats, just enough sweetness and they really taste like oatmeal cookies. Lovely with a nice cup of tea or my favorite coffee substitute, Dandyblend herbal coffee made from dandelion root.

*Please use organic ingredients to reduce toxic load on the body.

RECIPE

1/4 cup pasture butter (you may substitute virgin coconut oil)
1/3 cup raw honey
1 egg
2 tsp cinnamon
1/2 tsp nutmeg
1 cup almond flour

2 tablespoons coconut flour

2 tablespoons chia seeds

1/2 tsp baking soda

1/2 cup raisins

Preheat oven to 350 degrees.

(I use a beater for this step but you may use wooden spoon) cream together butter and honey well. Add egg and cream some more until mixture is very smooth.

Add flour slowly and incorporate well until there are no lumps along with the spices, soda and chia seeds.

Add raisins last, stirring until well incorporated.

Bake on parchment paper (spooned about the size of ping pong balls) for about 12-15 minutes.

Remove and flatten them a bit. Enjoy at any temperature! Freezes well also, if you happen to have any leftovers.

READERS FORUM

'Intelligence Plus Character Is Goal Of True Education'

I want to ask the author of "When Ignorance Is Bliss" a couple of questions. My first question is, who ever said that "slavery was an inconvenience to the black man"? I have never heard that term or have seen it conveyed in visuals. Quite the contrary. More has been written and memorialized in the arts, literature and movies on the subject of slavery for anyone to blatantly deny it.

Secondly it is inferred that immigrants are unwelcome to this country. The United States provides openings for over one million LEGAL immigrants per year, which I believe is the most of any country in the world. It is the influx of ILLEGAL immigrants storming our southern border that is in crisis now. It is not a case of racial bias by most sensible people but of who are these people and where are they going. What is their background and who pays for it? If you were having a family cookout and a bus filled with strangers and you

have no idea who they are, or where they came from and demanding to be fed and the use of the meager facilities of your home, you may be a little put out, justifiably.

I don't disagree that the indigenous people were here long before the white settlers set foot on our shores. If you read history and I'm not saying you don't, you will see that that is how the whole world existed back then. Countries expanded their influence by conquering an existing civilization. Indigenous peoples also conquered other tribes as well to enhance hunting and water issues. It wasn't until the expansionists arrived that this country began its development and made it the greatest civilization on earth. We are not without flaws certainly but where would we be without that history?

Yes, I am one of those people you refer to as having a fear of teachers or school committees having

total control over what is taught to my grandchildren. When did it become OK for parents not to have input into what is being taught to their children outside of reading, writing, mathematics, history and science? Just this past week in two middle school districts in Texas, the book "Out of the Darkness" was given to students to read. In one chapter there is a discussion on anal sex. This isn't the first time school authorities have tried sneaking inappropriate materials to students without parental oversight.

I have been told by several teachers there is barely enough time to teach the "Three R's" let alone social justice issues. I have a suggestion for those who wish to implement non-relevant studies. Make them an elective course, if that is feasible. Finally, "Intelligence plus characterthat is the goal of true education." MARTIN LUTHER KING Jr.

Edward Spring
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Social Security Matters Is My COLA Increase Based On My Current Social Security Benefit?

By RUSSELL GLOOR
National Social Security Advisor

At the AMAC Foundation, The Non-Profit Arm
Of the Association of Mature American Citizens

Dear Rusty: I started collecting SS when I turned 70 to maximize my income. One factor that is never mentioned is that the annual cost of living increase appears to be based on the previous year's payment. I've talked to others who are about my age (77) and we talked about how much of an adder we will receive. Those who collected earlier always get much less than I do. So, it appears that the annual increase is based on previous year's payment and not on the original payment from when I started collecting, so it has a compounding impact. Frequently the increase received by those who collected early covers the Medicare increase plus a small adder, whereas I have been getting a much larger increase. Can you comment? **Signed: Wondering**

Dear Wondering: I'll be happy to clarify this for you. The annual Cost of Living Adjustment (COLA) for next year is determined by comparing this year's Consumer Price Index for the 3rd quarter (July-September) to the same period last year. If there is a difference (which there usually is), the percentage of difference becomes the COLA increase percentage for next year. The COLA is applied annually starting with everyone's December benefit (paid in January).

Everyone gets a different amount of COLA money because everyone's Social Security benefit payment is different. Your COLA dollar increase is more than most of your friends because you waited until you were 70 to claim and, thus, have a higher benefit. Your friends who claimed earlier will have a smaller benefit and therefore get a smaller dollar amount as a cost of living increase. COLA is a percentage increase and, since the 2021 COLA increase was 1.3%, applying that percentage to each person's SS benefit amount results in a different dollar increase for each. And you're correct; since the percentage of increase is applied to your current benefit amount and not your original benefit amount, COLA increases are, indeed, compounded.

To further complicate matters, Social Security's "hold harmless" provision sometimes results in beneficiaries paying less than the standard Medicare premium amount. If someone is now paying less than the monthly Medicare premium (\$148.50 for Part B (outpatient services)), any COLA increase awarded is used to bring their Medicare Part B premium up to (or closer to) the standard premium for that year. That means that sometimes the full amount of COLA dollars aren't reflected in each person's net Social Security payment, further confusing people when they see that their total SS payment didn't increase by the announced COLA percentage.

So, as you can see there are reasons why everyone COLA looks different, but your basic point is correct - COLA is applied to your current SS benefit amount, not the SS benefit you were awarded when you claimed.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadvisor@amacfoundation.org.

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Kennedy Center Events During October

By MARIE FERENT

Assistant Director - Quincy Elder Services

The following Quincy Elder Services' events and activities are scheduled at the Kennedy Center during October.

Bingo with the Friends of the Kennedy Center

Monday, Oct. 4th at 1:30 P.M.

Join the Friends of the Kennedy Center for an afternoon of Bingo! Try your luck at Bingo and a chance to win a fabulous prize! Space is limited. Registration is required. Don't miss out on all the fun! Call 617-376-1506 to register.

Edwards Twins

Tuesday, Oct. 12th at 12:30 P.M.

Come join us at the Kennedy Center for a DVD showing of The Edwards Twins Live in Hollywood. See this very special night with all your favorite superstars that has made the Edwards Twins world famous for more than 30 years. Refreshments will be served. Call 617-376-1506 to register.

Weigh to Go!

Tuesdays at 10 A.M.

Reaching and maintaining a healthy weight is essential for your overall health. Join us at the Kennedy Center, 440 East Squantum St., Quincy, for a FREE program of 1 hour sessions aimed at helping you lose and maintain your weight.

Book Club

Thursday, Oct. 7th at 1:30 P.M.

Book club is back meeting in person at the Kennedy Center. The book for the October meeting is The Other Einstein. The October meeting will be Oct. 7th. The book for the Nov. 4th meeting is Lady Clementine by Marie Benedict.

Men's Discussion Group

Meets the second Thursday of each month at 10 a.m. The October meeting will be Thursday, Oct. 14th. The speaker for October will be historian Robert Damon.

Women's Discussion Group

Meets the second Thursday of each month at 1:30 p.m. The October meeting will be Thursday, Oct. 14th.

Beginner Embroidery Class

Thursday, Oct. 14th at 1 P.M.

Join Myrla Connolly for a beginner embroidery class. The class is free, but supplies must be purchased by participant and brought to class for instruction. You may purchase any beginner kit you like. Call 617-376-1506 to register.

Nails To You Manicures at the Kennedy Center

Friday, Oct. 15th 10 A.M. - 4 P.M.

Join Lee Ann Zappi for your personal manicure. Manicures will be \$15 payable to Nails to You on the day of the event. Call 617-376-1506 to schedule your appointment.

Protecting Your Assets

Friday, Oct. 15th at 10 A.M.

Attorney Robert Romano will conduct his Estate Planning Essentials workshop at the Kennedy Center to discuss important issues that affect all seniors, including avoiding probate and protecting your assets from a nursing home. Come and learn about the 5 legal documents that all adults should have! Space is limited. Registration is required. Call 617-376-1506 to register.

Blood Drive: Friday, Oct. 15th 9:30 A.M. - 4 P.M.

Help save a life by donating blood! The Mass General Bloodmobile will be at the Kennedy Center Friday, Oct. 15th from 9:30 a.m. 4:30 p.m. Registration is required. Call 617-376-1506 for registration information.

Oktoberfest: Friday, Oct. 15th from Noon - 1 P.M.

Standish Village's Grab Your Passport program takes you on a virtual trip across the globe. Travel to this month's destination with us to experience a country's culture through the arts, education and cuisine! Join Standish Village for an Oktoberfest luncheon at the Kennedy Center! Experience Germany through entertainment and traditional cuisine. Space is limited. Call 617-376-1506 to reserve your spot.

Simple Wills: Friday, Oct. 15th 11 A.M. - 3 P.M.

Attorney Crowninshield of Mahoney Law Group will be here the third Friday of every month from 11 a.m. until 3 p.m. for Free Simple Wills. Call 617-376-1506 to make an appointment or stop by the office at the Kennedy Center. Attorney Crowninshield has many years of experience and will work with you to execute the documents you need.

Quincy's Memory Café Hosted by

Standish Village at the Kennedy Center

Monday, Oct. 18th at Noon

Brought to you by Julie Williamson, Director of Communications for Standish Village Assisted Living & Compass Memory Support, Quincy's Memory Café welcomes those living with memory loss or dementia and their care partners, family and friends. While Memory Café is open to anyone in the community, any guest who requires a personal care attendant must have a caregiver present. Call 617-376-1243 to register for the event.

Fashion Show & Free Demonstration

Monday, Oct. 18th at 1:30 P.M.

Join us for a free fashion show and demonstration with

fashion expert Caryn Smith owner of Caryn's Corner, a popular boutique of beautiful, trendy and comfortable clothing and stylish accessories. Clothing modeled on the runway will surely delight our guests. After the models strut their stuff on the runway, Caryn will demonstrate fashion trends and fashion "how-tos." Refreshments will served. Call 617-376-1506 to register.

Craft Time!

Tuesday, Oct. 19th at 1 P.M.

Join us for a craft class. You have the option of making the featured craft or choosing to make one of our wood signs. Seasonal sayings will be provided. Cost is \$15 payable upon registration.

AAA Quincy Real ID

Tuesday, Oct. 19th at 1 P.M.

A representative from AAA will be here to explain the Real ID...what's needed to get one, why we need one, the resources we have to get one, and the purpose for it. Space is limited and registration is required. Call 617-376-1506 to register.

Shredding

Wednesday, Oct. 20th from 10 A.M. - Noon

Seniors are invited to safely dispose of sensitive and personal documents to protect themselves from identity theft and fraud. Visit the Kennedy Center and have tax, financial, legal and other documents shred free of charge. Staples and paper clips do not need to be removed. Call 617-376-1506 to register.

Monthly Birthday Party Celebration

Wednesday, Oct. 20th at 1:30 P.M.

At Hamel-Lydon Chapel, we also believe in the celebration of life. Come join us at the Kennedy Center for cake and ice cream if it's your birthday or even if it's not, come and join us for our celebration. Sponsored by Hamel-Lydon Chapel. Reservations are required. Call 617-376-1506 to register.

Annual Fall Craft Fair

Saturday, Oct. 23rd 10 A.M. - 2 P.M.

Please join us for our Craft Fair on Saturday, Oct. 23rd from 10 a.m. - 2 p.m. at the Kennedy Center. Craft vendors, raffles, and food. Start your holiday shopping.

Monthly Bereavement Support Group

Thursday, Oct. 28th at 1 P.M.

All are welcome. This is a monthly group which provides a space of sharing and support for those who are grieving the loss of a loved one. Sponsored by Hamel-Lydon Chapel Cremation Service of Massachusetts. Registration is required. Call 617-376-1506 to register.

Alzheimer's Support Group for Caregivers

Thursday, Oct. 28th at 1 P.M.

The support group is held monthly at the Kennedy Center. Call Marge Donaher at 617-376-1243 for more information and to register for the group.

Halloween Party

Friday, Oct. 29th at 1:30 P.M.

Join us if you dare for our annual Halloween Party. Live entertainment, appetizers and dessert. Halloween costumes optional. Prizes will be awarded to winners of the costume contest. Reserve your spot at this popular and fun annual event. \$10PP due at registration.

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Kids' Fest 2021: Fun In The Sun

The temperature was in the 70's; the sky was overcast and threatening; and high tide would not happen for another four hours. Not what you might imagine as the ideal recipe for a fun-filled day at the beach! But, that's exactly what happened!

It was under these conditions that Friends of Wollaston Beach in cooperation with Save the Harbor/Save the Bay (SH/SB), the City of Quincy Department of Natural Resources (QDNR), the Wollaston Yacht Club (WYC), the North Quincy High School Jr. ROTC, and the Department of Conservation and Recreation (DCR) held its annual Kids' Fest on Wollaston Beach.

Age-appropriate inflatables, a DJ, music, games, dancing, and karaoke were supplemented with glitter tattoos, face painting, a bubble machine, and amazing performances by the Boston Circus Guild.

Also on hand was SH/

SB's "Artist in Residence" www.greencrab.org - a hands on project to explain the green crab and its impact on Boston Harbor - complete with crab touch tank. Each child also received a fun take-away such as a beach toy, kite, bubbles, paddle balls, baseball bat, etc.

Kids' Fest was successful in so many ways - not only did families enjoy a fun-filled family event, but there were a lot of educational components that worked their way into the "fun." SH/SB was on hand to explain what was happening in the harbor from Nahant to Nantasket. Educational coloring books about the green crab, marine life and habitat as well as the iconic Dwayne the Storm Drain - were also distributed.

FWB President, Maureen Mazrimas, said "This is one of those events that really 'takes a Village.' Without the incredible help from SH/ SB, greencrabs.org; the Bos-



KIDS' FEST 2021 was a success this year and memorable experience for all who attended and participated in the annual event held at Wollaston Beach and coordinated by the Friends of Wollaston Beach. Front row: Eileen Riestra, (Green Crab Art Exhibit) (Boston Circus Guild); Diego and Dan Connolly (Friends Wollaston Beach), Maya Smith (Save the Harbor/Save the Bay); Michael and Maureen Mazrimas, Bob Verney, Doug Gutro, (FWB); Mary Parks and Carolyn Lewenberg (Circus Guild). Back row - Amazing Performers from the Boston Circus Guild. Missing from Photo: Susan McPherson (FWB) and Dave Murphy, City of Quincy.

Photo by Jason Williams (SH/SB)

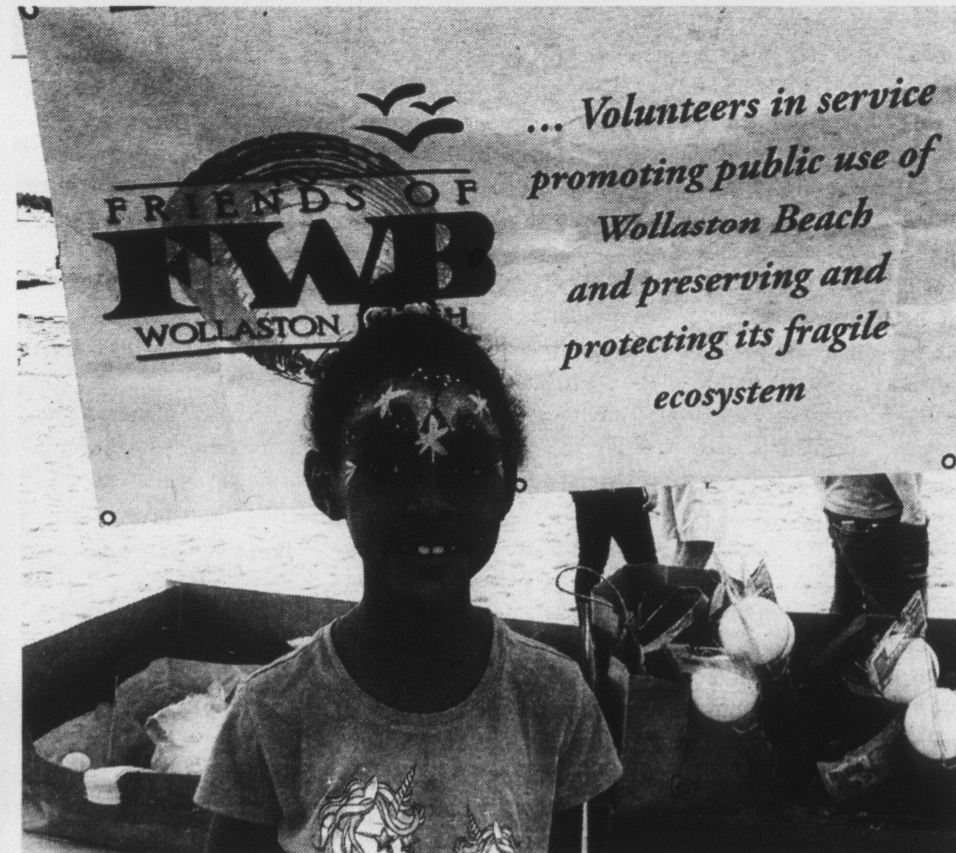
ton Circus Guild, the City of Quincy, and the DCR, this event simply could not happen!" "I am particularly grateful to Dave Murphy of the City's Department

of Natural Resources, the Wollaston Yacht Club, Bob Verney, Doug Gutro, Michael Mazrimas, Susan McPherson and Dan Connolly for their help in set-

ting up and breaking down, staffing the FWB table in explaining the genesis of the group and its goals/objectives, and handing out gifts to the children, and yes even

cleaning the beach after the event. It was a memorable day!"

- Below and on Page 11 are other photos taken at this year's Kids' Fest.



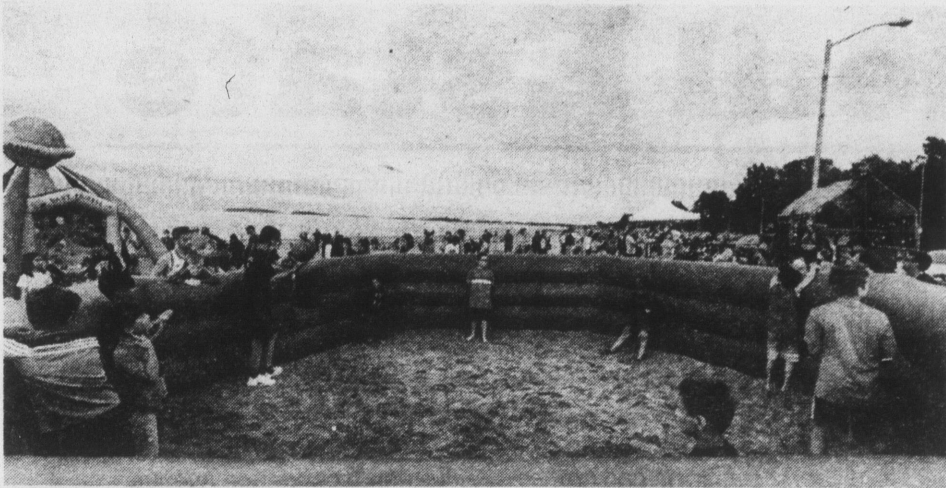
**JOB WELL DONE and
QUINCY POLICE CRIME
PREVENTION JOURNAL
On Page 17**

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Friends Of Wollaston Beach Kids' Fest 2021: Fun In The Sun



28 Residents Earn UMass-Lowell Degrees

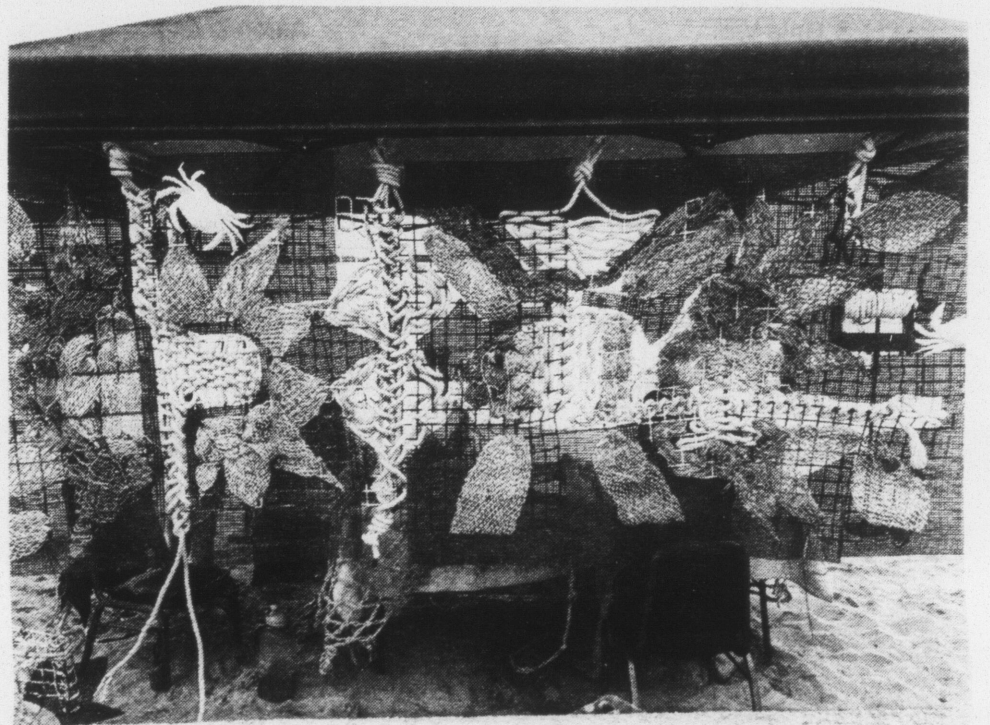
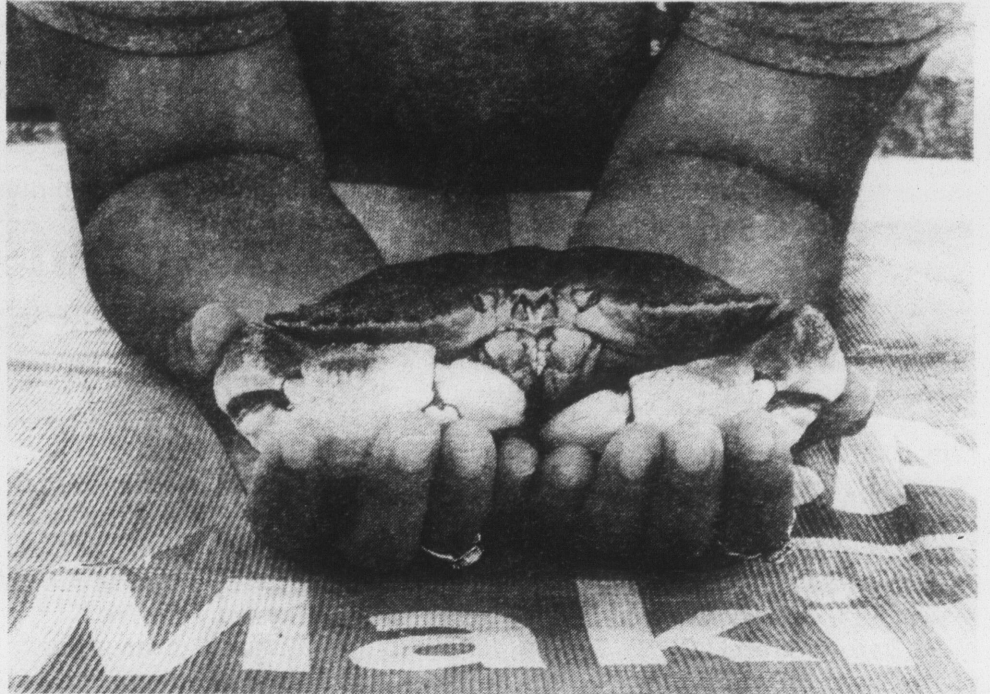
Twenty-eight Quincy residents recently earned degrees at the University of Massachusetts in Lowell.

They are:

Joshua Baker, associate of science degree in information technology; Ryan Foy, bachelor of arts degree in economics; Emily Petrillo, bachelor of arts degree in psychology; Michaela Wright, bachelor of liberal arts degree in liberal arts; Katherine Arguedas Pariona, bachelor of science degree in biology; Kishan Patel, bachelor of science degree in biology; Alaina Villarreal, bachelor of science degree in clinical laboratory sciences; Jazmyn Conrad, bachelor of science degree in criminal justice; Nicholas Lawrence, bachelor of science degree in criminal justice; Brian Quach, bachelor of science

degree in exercise physiology; Thomas Tran, bachelor of science degree in exercise physiology; Zhiyang Luo, bachelor of science degree in mathematics; Minhthu Nguyen, bachelor of science degree in nursing; Joseph Fallon, bachelor of science in business administration degree in business administration; Shania Ruiz, bachelor of science in engineering degree in civil engineering; Mika Hamiti, bachelor of science in engineering degree in computer engineering; Jeffrey Lao, bachelor of science in engineering degree in computer engineering; Hiep Nguyen, master of business administration degree in business administration; Zijun Cen, bachelor of science degree in computer science; Quinlan Evans, bachelor of science in business administration de-

gree in business administration; Jinming Mei, bachelor of science in engineering degree in civil engineering; Ching Hang Chin, bachelor of science in engineering degree in mechanical engineering; Xuewen Huang, bachelor of science in engineering degree in mechanical engineering; Julia DiCanzio, master of education degree in curriculum and instruction; Alex Leung, bachelor of science degree in computer science; Timothy Riley, bachelor of science in business administration degree in business administration; Yulisa Wu Liang, bachelor of science in business administration degree in business administration; and Stanley Leung, bachelor of science in engineering degree in computer engineering.



Quincy Police Promotions



THREE QUINCY POLICE officers were recently promoted. Chief Paul Keenan (left) and Mayor Thomas Koch (right) with the promoted officers (second from left) Sgt. Dwayne Goldman, Lt. Stephen O'Donoghue and Sgt. Mark Connolly. Sgt. Goldman has 28 years experience in law enforcement including nine years with Quincy Police Department. Lt O'Donoghue has 20 years experience in law enforcement and was promoted to sergeant in July 2013. Sgt. Connolly has nine years experience with Quincy Police Department.

Photo Courtesy Quincy Police Department

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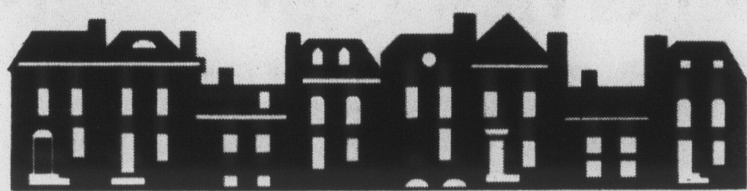
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Real Estate

Quincy Real Estate Transactions Sept. 20 - Sept. 24

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
Estate of Paul E. Foster	SJKS QC LLC	\$308,000.00	115 West Squantum Street, Unit 208
Whistler Retirement LLC	MACK Development LLC	\$700,000.00	80 Independence Avenue
Lien M. Vuong	MD S Sikder & Gausia Suborna	\$782,000.00	40 Chubbuck Street
Zhu X. Zhao & Yuk C. Lam	Huobin Wen & Yeping Wu	\$830,000.00	301-303 Atlantic Street
Barbara-Jo Geary	Scott M. & Ronnie Sue Mackie	\$760,000.00	156 Lansdowne Street
Craven Family Irrevocable Income Only Trust	Bryan J. Fitzpatrick	\$475,000.00	1 Cityview Lane, Unit 514
64-66 Trafford Street LLC	Trafford Exchange Realty LLC	\$1,390,000.00	64-66 Trafford Street
Jialing Zhang & Pengfei Yan	36 West Howard Street LLC	\$750,000.00	36 West Howard Street
Scott Melissa & Leniese Gatto	Aaron K. Auduong & Anna Huang	\$353,000.00	86 East Howard Street, Unit 106
George H. & Gale Valli	Aaron Zhang	\$600,000.00	61 Oakland Avenue
Linda C. Goldberg	Danielle P. Donovan Revocable Trust	\$1,140,000.00	2001 Marina Drive, Unit 110W
James R. & Deirdre O'Boyle	Southern Investment LLC	\$1,160,000.00	21-23 Harrington Avenue
Huynh H. Tran & Nguyen Nu	Yanfeng Liu & Yongliang Lu	\$780,000.00	27 Thomas Burgin Parkway
Stephan A. Bryant	Samantha M. Joyce	\$346,000.00	10 Fensmere Avenue, Unit 1
Boris & Stephanie Yovchev	Amy L. MacLeod	\$625,250.00	76 Standish Avenue
15 Moody Street Realty Trust	Yuxin Zhao & Xiuchang Zhen	\$420,000.00	15 Moody Street, Unit 3
Mark J. Lyons & Gabriel Scholl	Xiang L. Zhuo & Xing Zou	\$750,000.00	46-48 Albertina Street
Sotirag & Olimbadha Tili	Bixia Zou	\$680,000.00	71 East Elm Avenue
Paul D. March	Rachael Solano & Alexandra Mazarakis	\$455,000.00	44 Cliff Street
Claire E. LaFrance & Taylor D. Brown	Anne Bell	\$540,000.00	11 Seymour Street
Christopher T. & Anne M. Blow	Colin A. Donnelly	\$380,000.00	270 Manet Avenue
The Gambon Family Revocable Living Trust	David Esposito & Leslie Pascual	\$750,000.00	9 Hall Place
LaRaia Family Trust	38 Russell Park LLC	\$845,000.00	38 Russell Park
Yasmeen & Judy Keyhani	Joanne Edouard	\$313,500.00	40 Cross Street, Unit A-2
Jason & Shanta Fabelle	Pete B. Cote	\$485,000.00	195 Copeland Street, Unit K
Jennifer Fogelson	Michael K. Grehan & Bridie O'Donnell	\$490,000.00	17 Bowes Avenue

Ask Barbara Graceffa: 'Secretary Of The Interior'

Laundry Rooms: Three Steps To Achieve Form And Function

I see these beautiful large laundry rooms on the home improvement shows. How to I achieve one for my own home? Shauna

Shauna, as someone living in a condo with a laundry closet in my kitchen (which doubles as extra pantry space), I envy these stylish spaces which combine both form and function. To achieve what you want, follow these three steps.

Assess Your Needs

Don't skip this important step: stop and think about what you need. OK, you must include a washer and dryer, but what else? Here's where the function comes into play.

Depending on the size of the space you have available, ask yourself if you need drying racks, overhead rods for hanging wet items, counters or flat surfaces for folding clothes, storage cabinets or open shelves for laundry supplies, rolling hampers or sorting baskets for whites and darks, a fold-down or pull-out ironing board, or maybe even a sink for soaking stained clothing or handwashing fine delicacies.

Many of those outstanding laundry rooms in magazines and on television also do double duty as storage space, mudrooms and coat hanging areas, craft rooms, even pet care stations with crates and bathing facilities.

Do Your Homework

After determining your wish list, now you need to consult the professionals and/or do your own research on budget before calling in the pros. Building or carving out place

from another room, moving or adding plumbing, including custom cabinets and specialty accessories can all add up quickly. The big-ticket items include the construction costs, cabinets, flooring and appliances. Plan ahead to achieve what you absolutely need and what can wait until funds allow them or what niceties you can do without.

Implement with Style!

I'm an interior decorator, did you expect something without adding style? Form over function? Well, sometimes!

Ok, maybe your laundry room is in the basement, closed off behind a closet door, or tucked out of public sight in a private bathroom. But, again you may position it in an open corner of your kitchen or in a wide hallway through which your family and guests pass to enter your home. As budgets allow, don't overlook the paint color or an attractive wallpaper, tile backsplash, baskets, area rug, plants, and artwork to adorn your space and add a spark of beauty to a utilitarian work space.

In my former home, my washer and dryer were housed in an unfinished basement with concrete walls and a wooden "backsplash" behind the appliances. I crafted a wall quilt depicting a country clothesline to make me smile when doing a boring household task. So, plan for pretty!

In closing, this formula works for all design projects, not just laundry rooms.

Barbara Graceffa owns and operates Secretary of the Interior in Quincy, offering creative solutions at reasonable rates.

Learn more about her services, workshops and quilt shows at www.sec-interior.com, read her blog at secretary-interiordecorating.blog and follow her on Facebook and Instagram @secretaryinteriordecorating.

You can reach her at 617-921-6033.

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Quincy Arts Council Accepting Grant Applications

Community Input Meeting Oct. 6; Application Deadline Oct. 15

Quincy Arts Council is accepting applications for Massachusetts Cultural Council 2022 Local Cultural Council (LCC) grants.

The LCC grants are the primary means by which the state funds cultural activities in local communities. Any organization, group or individual engaged in a project in the arts, humanities, or science in Quincy is invited to apply.

Applications are completed and submitted online. Paper applications are not accepted. Applicants may submit their application at any time now until Friday, Oct. 15, 11:59 p.m.

Applicants should go to massculturalcouncil.smart-simple.com to begin the application process.

Quincy Arts Council will hold a public online information and input meeting on Wednesday, Oct. 6, at 5 p.m. The meeting will be an opportunity for people to ask questions about the application process and to offer input about the Arts Council and its mission.

People can find a link and information on how to join the Oct. 6 meeting at www.facebook.com/quincy-arts-council and at www.quincyhistory.org, or by emailing quincyartscouncil@gmail.com.

People can also ask questions about the application process by emailing quincyartscouncil@gmail.com or by phoning 617-773-1144 and saying that they are calling about the Arts Council.

Brielle O'Malley On Seton Hall Dean's List

Brielle O'Malley of spring semester at Seton Quincy has been named Hall University in South Orange, NJ.

More Quincy news:

The Quincy Sun.com

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Eagle Scout Candidate Looking To Interview Quincy Vets

Cont'd From Page 1

who is interested in a career in filmmaking, said his project combines two of his interests: storytelling and the military.

"I wanted to do an Eagle project that was connected to my interests," he said. "I'm mainly interested in storytelling and also the Boy Scouts are sort of connected to the military - we've had scouts who are now serving in the military - so I decided to kind of combine those two ideas and have veterans tell their stories to scouts."

During the interviews, Malvesti said he hopes to learn about veterans' experiences serving in the armed

forces.

"I wanted to hear about their experience in the military, of course," he said. "I wanted to humanize the veterans. I was wondering if they had any funny stories, life lessons they've learned, stuff like that, how they felt."

The interviews can be conducted in-person or online, Malvesti said.

"For the interviews, I should mention that there are two options for how we can do them," he explained. "We can do them online through StoryCorps Connect, which is basically their version of Zoom on the website. Or, we can

Calling All Quincy Veterans

For my Eagle project, I will be conducting interviews with Quincy veterans for StoryCorps, an organization that collects interviews that will then be stored in the American Folklife Center in the Library of Congress for public use.

If you or your loved one is willing to be interviewed, and you have not already been interviewed by the Veterans' History Project, please email me at jtmalvesti@gmail.com or call 857-499-3606.

Please state your name, rank, contact information, and whether you would like your interview to be conducted in person or online.

- John Thomas Malvesti

Veterans who are interested in being interviewed can contact Malvesti by email at jtmalvesti@gmail.com or by calling 857-499-3606. Those who contact him are asked to provide their name, rank, contact information, and to indicate whether they would like to be interviewed online or in-person.

Malvesti, who is 16, said he joined the Cub Scouts eight years ago and became a Boy Scout three years later.

"I was interested in the camping trips they would go on and I guess growing up I would see Boy Scouts in cartoons, and I wanted to

kind of be like them," he explained.

Malvesti has worked on several other service projects over the years. For his Life Scout project, for example, he refurbished benches at Flags for Veterans Island in Fort Square. He also assisted other Boy Scouts with their Eagle projects, such as the installation of an outdoor classroom in Braintree.

In addition to scouting, Malvesti said he is also a member of the Quiz Bowl Team at North Quincy High School. Malvesti and the team made it to the semi-finals of WGBH's High School Quiz Show last year.

do them in-person. For in-person interviews, I would

send a vaccinated scout with a mask to conduct them."

Cub Scouts Play Life Sized Foosball

Cub Scout Pack 6 in Quincy held a recent gathering to play a game of life-sized foosball.

The games were played in Brill Field in Houghs Neck and was made up of tables, ropes and pool noodles.

More than 30 cubs made up of boy and girls played in several rounds of foosball.

Lots of fun were had by all playing the game that was thought up by the Cubmaster Eric Dannerhoj.

Photos Courtesy Cub Scout Pack 6



CUBS FROM PACK 6 played a life-size game of foosball.



OLIVA MAHONEY plays goalie and makes a great save.



MARTIN WALSH plays defense.

Crane Library Children's Events, Activities During October

By JULIE RINES
Children's Coordinator

Thomas Crane Public Library

The following live events and activities for children are scheduled at the Thomas Crane Public Library during October.

Fall Storytimes

October Storytimes for ages 4 months to 5 years begin on Monday, Oct. 4th.

Mondays at 10 a.m. Live Online ABC Storytime with Miss June for ages 2-5.

Tuesdays at 10 a.m. In Person at Adams Shore Toddler Storytime with Miss Lori for ages 2-3

Wednesdays at 10 a.m. Outside Toddler Storytime with Miss Dorothy for ages 2-3

Wednesdays at 6:30 p.m. In Person Family PJ Storytime with Mrs. Miller best for ages 1-5

Thursdays at 9:30 a.m. In Person Rockabye Baby Storytime with Mrs. Miller for ages 4-11 months

Thursdays at 11 a.m. In Person Mother Goose Storytime with Mrs. Miller for ages 12-23 months **REGISTRATION REQUIRED**

Fridays at 10 a.m. In Person Toddler Storytime with Miss Cat for ages 2-3

Music and Movement with Miss Rubi (Outside)

On Saturday, Oct. 9th at 10:30 a.m. sing and dance with Rubi Lichauco outdoors on the library lawn! Rubi brings

her popular preschool program to our front lawn, so put on your favorite dancing shoes and join us for this lively mix of music and movement. Please bring a stuffie along with you to join the fun.

This program is especially good for children ages 0-4, but anyone who needs a dance break will have a lot of fun.

We are so happy to be seeing Miss Rubi in person again in case of inclement weather we will have to schedule a raindate. Please check our calendar, Facebook or Instagram page for the latest update before setting out for the library.

Phoenix Book Club for grades 5-8 (In Person)

Our first meeting will be on Tuesday, Oct. 12th at 7 p.m. in the Main Library Children's Room. Registration is required for this program. Register through our online calendar.

Children in grades 5 through 8 are invited to join us to discuss a new theme or genre each month. Children choose their own books from a list of suggestions or they can suggest their own choices to Miss Amanda. Each month children will meet and share their thoughts on the book they read and the theme or genre.

October's Theme: Summer Reading and More! What have you read in the past year? Anything you liked in particular? Anything you couldn't stand? Join us for our first meeting of the school year and tell us all about it!

Preschool Discovery @ Wollaston (In Person)

Drop by the Wollaston Library with your preschooler,

ages 3-5, any time between 3 and 4 p.m. on Thursday, Oct. 14th to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

Come and explore magnets! We'll learn about what is magnetic, use magnets to build, race with magnets and more!

Dungeons and Dragons (In Person)

New and experienced players are invited to join us in person at 7 p.m. on Tuesday, Oct. 19th for this introduction to D&D 5th edition game play. Take on the role of a fantasy hero in this Dungeons & Dragons game. We will meet for an hour and a half for to play this story. Please note: There is no wait list for this program, but we will be running more campaigns in the coming months.

Campaign details: TBA

Registration is required. Registration begins at 9 a.m. on Wednesday, Oct. 1st. This program is for ages 10-15.

This program will be IN PERSON in the Main Library Children's Room. Character sheets will be provided. We recommend that attendees wear masks.

Preschool Discovery @ Adams Shore (In Person)

Drop by the Adams Shore Library with your preschooler, ages 3-5, any time between 3 and 4 p.m. on Wednesday, Oct. 27th to do some fun simple science together. Activi-

Cont'd On Page 14

Council Candidates To Tackle Climate Issues On Oct. 7

By QUINCY CLIMATE ACTION NETWORK

City council candidates will answer questions about local climate and environmental issues in an online forum on Thursday, Oct. 7 at 7 p.m. Quincy Climate Action Network is hosting the event on Zoom, Facebook, and Youtube, with questions submitted by other local organizations as well.

All but one of the city council candidates are expected to attend, including at-large candidates William Burke, Noel DiBona, Nina Liang, and Anne Mahoney; Ward 1 candidates David McCarthy and Joseph Murphy; Ward 2 candidates Anthony Andronico and Steven Perdios; Ward 3's Ian Cain; Ward 4's Brian Palmucci; and Ward 5 candidates Stephen Christo and Charles Phelan.

The event will feature questions from QCAN as well as Quincycles, Quincy For Transformative Change, Quincy Making Waves, and Quincy Tree Alliance. As in previous QCAN political forums, candidates will receive most questions ahead of time so they have time to research their answers.

"This year's extreme weather events have really driven home how urgent the climate crisis is," says QCAN board member Julie Mallozzi. "There is so much we can do locally to help prevent the worst from happening, so it's important that we hear from our city council candidates about what they will do to help mitigate Quincy's climate impact and prepare us for a sustainable future."

To tune in on Oct. 7 at 7 p.m., visit bit.ly/qcan2021 or QCAN's Facebook or YouTube pages. After the event, you can watch the entire recording as well as video clips at quincycan.org, or the whole event at QATV.org. The election will take place on Tuesday, Nov. 2 and will feature not only candidates for all city council seats but also a competitive race for three school committee seats (visit quincycan.org for school committee candidates' responses to climate questions).

Kassandra Tat Joins Baker, Braverman & Barbadoro, P.C.

Baker, Braverman & Barbadoro P.C. ("BBB"), announces Braintree resident Kassandra Tat has recently joined the firm as an associate.

Tat comes to the firm from Kostas & Melcher Law, LLC, where she worked as an associate attorney with a concentration in family law, real estate, and litigation. At BBB, she will join many practice areas, including real estate, finance, family law, and litigation.

Tat received her juris doctorate with honors from Suffolk University Law School and her undergraduate degree in psychology from the University of Massachusetts Amherst. She was admitted to the bar of the Commonwealth of Massachusetts in 2016. Tat is fluent in Cantonese.



KASSANDRA TAT

"We are continuously looking for bright, young attorneys to add to our team, and we know that Kassandra will be a tremendous asset to our firm" said Paul Barbadoro, a partner at the firm.

Mite Box Thrift Shop Open Saturday

QUINT'S
House
of Flowers
Family Owned & Operated
Since 1919

761 Southern Artery
QUINCY
617-773-7620

The Mite Box Thrift Shop will be open on Saturday, Oct. 2 from 10 a.m. to 2 p.m. and will then be open on Thursdays and Fridays starting Oct 7th. New hours will be 10 a.m. to 2 p.m.

The shop is located at St Chrysostom's Church, corner of Hancock and Linden Streets, Wollaston.

Norfolk County Commission Completes Best Practice Review

Cont'd From Page 8

ready owned by the County.

• **Operations and Staffing Analysis** – A County staffing analysis by department, with recommendations based on an assessment of the efficiency and sustainability of current County staffing levels based on revenue and expenditure trends and forecasts. This will include comparisons with similar-situated counties, municipalities, regional government entities, and agricultural high schools. Recommendations included

the full utilization of human resource software, as well as the consolidation of Norfolk Agricultural High Schools custodial department within Norfolk County Maintenance Department and Consolidation of County and Registry of Deeds Information Technology Departments into one integrated collaborative and dynamic department.

• **Capital Planning Processes and Procedures** – Mimicking the process utilized by cities and towns the County has created a capital improvement budget and

plan which pulled capital expenditures out of its operating budget and set up a transparent and streamlined process to aggressively and equitably address the capital needs of Norfolk County's government.

• **Regional Services Review** – A two tiered survey of every Norfolk County Community was undertaken with extensive stakeholder interviews and visioning sessions to direct new collaborative regional County initiatives to build upon Norfolk County's successful Engineering, Veterans

and Reserve Senior Volunteer Departments.

Norfolk County's Best Practices Review, Financial Management and Operations Analysis is available in the news section of Norfolk County's website NorfolkCounty.org.

<https://www.norfolk-county.org/news/the-abrahams-group-delivers-phase-1-report-489>

<https://www.norfolk-county.org/news/abrahams-group-completes-phase-ii-of-best-practice-review-506>

READERS FORUM

O'Donnell: Norfolk Registry Of Deeds Needs Permanent Registry Of Deeds Chief Information Officer

Editor's note: A copy of the following letter was submitted to The Quincy Sun for publication.

Dear Friend of the Registry of Deeds,

A number of concerned residents and users of Registry of Deeds services have recently inquired about getting an update about the Registry Chief Information Officer (CIO). This position has been a filled, existing and budgeted job for nearly 20 years. The Registry CIO position is still an existing and budgeted position. The Registry CIO has not been vacant for one day during

my tenure as Register of Deeds.

However, that changed on June 30, 2021 when the Norfolk County Commissioners in a 2 to 1 vote did not approve a new Registry CIO who was to succeed the retiring Registry CIO. A law suit was filed on behalf of the Registry of Deeds and Registry stakeholders as a result of this shortsighted decision.

Back on June 30, 2021 one of the rationales used was that a study of county operations undertaken by a consultant would be completed in "a few weeks." Here it is September 21,

2021 and there is no "Abrahams Study Report" that has been delivered that address the Registry Chief Information Office (CIO) position.

The stance of the Registry of Deeds is that this Registry CIO matter is not resolved or settled. It will not be considered resolved until there is an on-site permanent Registry Chief Information Officer (CIO) working in the Registry building for and with the Register of Deeds, the Registry staff and Registry users and stakeholders and the general public. It is crucial to have Registry CIO leading the 2 person Registry IT Depart-

ment overseeing technology and working on cybersecurity risks. Although the law suit filed brought about a temporary Registry Chief Information Officer (CIO) position this should be a permanent job as it has been for the last 20 years.

Thank you to all who have supported the Norfolk Registry of Deeds during this challenging time period. The Registry of Deeds and its staff appreciate your patience and understanding as this unfortunate matter continues.

Sincerely yours,
William P. O'Donnell
Register of Deeds

BBB: Beware Scammers Impersonating Well-Known Companies

Cont'd From Page 4

mation, scammers can access your accounts and even make purchases using your saved payment methods.

While the latest BBB Scam Tracker reports mention Hulu, Netflix, and Verizon, watch out for scammers impersonating other companies too. If one name stops being effective, they'll quickly switch to another company.

How to avoid Text Message Scams

• **Treat messages from unknown senders with caution.** If you receive a message from a number you don't recognize, be careful. Many companies engage in SMS marketing, but keep in mind that consumers must opt in to receive messages. If you haven't given a company permission to text you, it's probably a scam.

Crane Library Children's Events, Activities In October

Cont'd From Page 13

ties, experiments and instructions will be provided for science you can do with your child. Come and explore magnets! We'll learn about what is magnetic, use magnets to build, race with magnets and more!

Halloween Storytime with Miss June and Miss Cat (online)

Join us live online at 10 a.m. on Saturday, Oct. 30th to celebrate Halloween from home with us in costume! Join us for some spooky, kid-friendly stories and silly rhymes, and get ready to do the monster bash in your finest Halloween wear!

• **Don't click on links from strangers.** Scammers often send shortened links that don't let you see where they really lead in the body of their text message. If you click the link, you could be directed to a dangerous website, or you could download malware onto your device.

• **Confirm deals directly with the company before you accept.** If you are really hoping the deal is legitimate, go to the company's official website and send them an email, or call to inquire. The company can let you know if the deal is real or not.

• **Install antivirus software on your computer and mobile devices.** This kind of scam can come from text messages or emails, so make sure all your electronics are protected. Antivirus software can scan for malware and alert you before you open a malicious website link.

Learn more about this kind of scam by reading the BBB Tip on phishing scams. Read about a similar con that offers you a discount on your utility bills.

If you've been the victim of a similar scam, report it to BBB Scam Tracker. Your first-hand experience can help other consumers recognize scammers' tactics before it's too late.

Burke Donates \$8,000 To Salvation Army, QCAP

Attorney George Burke announces he recently donated \$5,000 to the Salvation Army and \$3,000 to Quincy Community Action Programs.

Burke said he donates annually to these programs that provide tremendous services for many people in need.

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Proposal For Re-Use Of Quincy's Early Childhood Center: A Theme School Based On Gateway To Science: Sports And Games

By KATHY DULLEA HOGAN
<http://sportscience-kathy.blogspot.com>

MY MESSAGE TO YOU, READER

The plan proposed below is certainly something I want to see happen. However, equally important is to introduce this revolutionary idea to people to get conversations going, and to spur people to investigate and use this approach on their own and with others.

BACKGROUND

Almost 25 years have passed since I began raising funds for the Father Maurice Dullea, S.J., Athletic Scholarship at Boston College in 1996. This is when I began to think about the connection between physics and sports. Since kids already like to play games and sports, it would be easy to incorporate physics (and geometry) into what they already **know instinctively and physically**. What is the link? The link is learning the **name of the force involved!** Language is the connection between the activity and the brain's **understanding of the principle**. Arrange for kids to acquire basic physics this way, and they'll start learning on their own. Painlessly while having fun – and gaining confidence.

A retired teacher, I collect games, books, articles, and much more that promote this approach. Some I've used at the South Shore Science Festival since 2015 (at 180 Old Colony Avenue when the Quincy Center for Innovation was there). For example, string-can telephones are always a big hit while learning about vibration. I've also done volunteer work at QCAP, Kenny School in Dorchester, and Science Week at Saint Agatha School in Milton and incorporated this theme, often done through finding science in stories. It's time to put it all into practice – a theme school.

PROPOSAL

Implementing this is the next step. Since reading in this newspaper that Quincy is to make changes vis a vis the Amelio Della Chiesa Early Childhood Center, this is what I would like to suggest. Integrate this theme school into one of the two options for the ECC – create a city-wide kindergarten center or relieve space shortage in elementary schools. Which one?

Kindergarten works as it's a good age to start, and it would be city-wide.

Elementary works, too, because, ranging from kindergarten to grade 5, curriculum would get a chance to be developed further as kids get older.

DETAILS

WHERE? I envision one room to be set aside as the "Gateway to Science," which would be something like a library or a special type of gym. It would have stations around the room with space in the middle for activities. The stations will have different science themes, with a card on how to carry out each activity. For example,

Center of gravity/mass: Various games and challenges.

Torque: Hula hoops, jump ropes.

Measuring: Yard/meter stick, food scale, measuring cups, Newton apples, etc.

Light and color: Prism, CD (for light refraction in the grooves), glitter; paints, chalk.

Sound and music: String-can telephones, musical instruments.

Other themes and equipment: Energy. Gravity. Collision. Inertia. Friction. Magnetism. Potential and kinetic energy. Golf equipment, soccer ball, football, magnets,

READERS FORUM

Slinky.

Books: General reference books, children's stories, leaflets that I've written, videos.

CURRICULUM? The next step is to write the curriculum.* Many subjects lend themselves to a cross-curriculum approach, e.g., reading, with activities to reinforce the science found in the story. Music class can be enhanced by a greater appreciation of vibrations. Speaking in public can be eased into – with a hands-on activity – by a student showing and explaining one of the center of mass challenges he's learned. Gateway to Science is the teacher's friend!

THE PLAYGROUND! Outside the ECC, the playground can be adapted with names for the rides. For example, the slide could be called "Gravity Glide." The xylophones might be called "Very Good Vibrations." Additional information can be put on signs, such as explaining friction on the slide (quality of the ride depends on whether you're wearing long pants or shorts, whether you or the slide is wet or dry, etc.).

I RECOMMEND: Collaborate with a college with an education and science major to strengthen this approach. Do a research project and write about it for a professional journal (preferably from the National Science Teaching Association). This school would be good for teachers in training to do observations and student teaching.

*Curriculum will be developed later.

WHAT NEXT? MY GOAL:

This school can become a **model**, not only for other such schools but for camps and after-school programs. As such, it has so much business potential. This approach can reach kids who may not have a good opinion of themselves academically, yet through the games and sports they love, they really do get the physics and just need to be shown **how much** they do know. Our precious planet needs dedicated scientists who can help restore a healthier Earth. Help kids find their hidden inner scientist! My ultimate goal is to develop:

C.A.M.P.S. (Center for the Advancement of Math and Physics through Sports)

C.A.M.P.S. will offer camps, of course, that offer physics in games and sports; professional development for teachers, coaches and parents; after-school programs, and more. C.A.M.P.S. will be a resource for training education majors to use this approach. C.A.M.P.S., too, will be a model for other such programs.

There is nothing like this anywhere, and it is needed, but I can't do it on my own. Quincy can be the leader. What will you do to help make this happen?

Kathy Dullea Hogan was so happy to discover her own hidden inner vocation to be teaching when she was 39, and so she went back to college in 1984 to get her degree in elementary and special education at Bridgewater State College. Kathy is the niece of Father Dullea (1896 to 1984), her inspiration for Gateway to Science: Sports and Games. She can be reached at kathydulleahogan@aol.com

NOTICE: Kathy's most immediate need is to find a place ASAP so she can organize her collection and where her plan can begin to take shape – instead of paying for storage every month. A school? A church? An empty shop? Then her next need is help.

School Committee Candidates Night In Squantum Oct. 6

The Squantum Community Association will host a candidates night on Wednesday, Oct. 6 for residents to meet the candidates for the upcoming Quincy School Committee election. The event will be held at 7 p.m. at the First Church of Squantum, 164 Bellevue Rd., Squantum.

After opening statements by the candidates, residents will be invited to pose questions. Questions may also be sent in advance to SCASquantumEvents@gmail.com.

For more information, contact SCASquantumEvents@gmail.com or 617-851-1673. This event is free and open to the public.

The Squantum Community Association provides programming that fosters conversation and community with a focus on topics of interest to the Squantum and Quincy communities, highlighting local talent and history. To subscribe to event notifications email SCASquantumEvents@gmail.com. Get the scoop at SquantumScoop.com.



KHIYA, age 14, a retired Quincy Police Narcotics/Patrol Canine, has passed away. Photo Courtesy Quincy Police

Retired Quincy Police Narcotics/Patrol Canine Passes Away

The Quincy Police Department is saddened to announce the passing of retired Narcotics/Patrol Canine Khiya.

Canine Khiya was 14 years old and served the citizens of Quincy and the Commonwealth from 2009 through 2016.

Canine Khiya graduated from the Plymouth County Sheriff Department's Canine Academy and immediately certified both as a Narcotics Detection and Police Patrol Canine.

She was donated to the Quincy Police Department by former Weymouth Police Chief Richard Grimes, who privately owned her. Chief Grimes recognized the need to make sure this exceptionally high drive and talented dog was placed in service protecting our citizens.

Canine Khiya, and her police partner, Quincy Police Officer James Cassidy, were an exceptional team and set the standard for canine narcotics interdiction. The standard set by Khiya has been followed by all subsequent Quincy Police Narcotics Interdiction Canine Teams.

Khiya spent the last four years of her life enjoying a well-deserved retirement, living comfortably with Officer Cassidy and his family.

Her service to citizens was commendable in all aspects. She will be dearly missed and always remembered by the officers of the Quincy Police Department.



Eileen Leister, hula hooper extraordinaire, plus a science festival attendee who demonstrates her talents producing torque, the turning force, with many hula hoops at once at the 2016 South Shore Science Festival. Photo courtesy South Shore Science Festival

Steve Christo Candidate Ward 5 City Councillor

Steve Christo, 42 Standish Ave., Quincy, announces he is a candidate for Ward 5 city councillor.

In his campaign announcement press release, Christo said:

"I am running to be Quincy's Ward 5 city councillor. As the Ward 5 councillor, I will prioritize the needs and desires of my constituents. I will listen to all of the residents, return your calls and work as hard as I can for you to resolve any and all concerns you have. I will be there for you.

"I am proud of the campaign I ran in 2019 and I would like to thank all of the residents in Ward 5 for their support and shared passion for this great city. It was a very close race, and I learned a lot by speaking with residents all over the ward. My core value of being a strong voice for Ward 5 still holds true today.

"I am a proud lifelong Quincy resident, and North Quincy High School graduate. My wife Mary and I raised three daughters in the Quincy Public School system, and we are proud to see our grandchildren continue to the Christo tradition of a great public education. We are a Quincy family through and through.

"After graduating from North Quincy High School, I attended Suffolk University where I received a BSBA with a major in accounting. While I was working in public accounting and raising my family, I obtained a master's degree, specializing in taxation from Bryant College and shortly thereafter I became a CPA.

"I spent the majority of my professional career in public accounting. First with Coopers & Lybrand



STEVE CHRISTO

and ultimately as a principal with KPMG. After many years and many long hours in public accounting, I decided to take a position with my long-time client Turner Construction Company, a multi-billion multi-national construction company. I held the position of senior vice president, treasurer and corporate secretary.

"In 2013, I retired from Turner just in time to focus on the responsibility of aging parents and grandchildren on the way. During this time, I decided that it was time for me to give back to the city I call home. I joined the board of Discover Quincy, became the president of the Thomas Crane Public Library Foundation and taught accounting at Quincy College. After many years of seeing opportunities to make a difference in Ward 5, I decided to run for councillor in 2019.

"My plan to be successful as councillor of Ward 5 focuses first and most importantly on being responsive to all residents. I will return all calls and work as hard as I can to meet all your expectations. Whether it is a request for a street light outage, damaged sidewalks, road maintenance or any service you may need assistance with, I will be there

for you.

"I am committed to government transparency. I commit to providing on my website all of the information that I will be asked to vote on. I plan to rely heavily on my financial background to ensure the best result for our residents. There will be no surprises and you will know how I will plan to vote based on your input. I will not change my position at the last minute. Further, any legislation that I sponsor or participate in I will represent the position of our ward. I will not vote or change my vote for political convenience.

"I want Green initiatives to be a priority for Quincy. While Quincy has made some progress in this area I plan to draw upon the experts and see how we can develop a long-term plan to address the climate issues that are affecting us now and will in future. It would be a great thing for Quincy, the City of Presidents, to lead in Green initiatives.

"Development in Quincy is an ongoing process. I am not against development and believe it should be measured and always involve the residents of all of Ward 5. From Fort Square to Beechwood to Wollaston Center to Hospital Hill and everywhere in between. Each neighborhood should have real input in the process and each neighborhood should be respected for their individuality.

"As the Ward 5 city councillor I will be available to and transparent with all my constituents. It would be an honor and privilege to represent the city that I love. I humbly ask for your vote on Election Day - Tuesday, Nov. 2nd," Christo said.

Friends Of Wollaston Beach Seeks Volunteers For Coastsweep Cleanup Oct. 9

Volunteers are invited to join the Friends of Wollaston Beach on Saturday, Oct. 9, from 10 a.m. to noon to participate in this year's Massachusetts COAST-SWEEP. Plan to meet on Wollaston Beach - at Quincy Shore Drive between Rice Road and Fenno Street (at the flags.)

COASTSWEEP Massachusetts was formed in 1987. COASTSWEEP participants join hundreds of thousands of other volunteers in the world's largest volunteer effort for the ocean - Ocean Conservancy's International Coastal Cleanup - collecting trash, fishing line and other marine debris, and recording

data on what they find. This data is used to find solutions for keeping trash out of the ocean.

Sources of marine debris include people littering, trash blowing out of trash cans and cigarette butts washing into storm drains that connect to the ocean. Marine debris is more than an eyesore, it can also directly harm sea life and humans.

Maureen Mazrimas, president of Friends of Wollaston Beach, said:

"If you do only one cleanup per year, this should be the one! Participation in this cleanup has never been more important. Not only does the cleanup preserve

and protect the beach's fragile ecosystems, but the data collected in COAST-SWEEP is invaluable in identifying the sources of pollution to better allocate ever-dwindling resources on the state and federal level."

If you would like to learn more about FWB or the cleanup, see friends of wollastonbeach.net for further details. To volunteer for the Oct. 9th cleanup, go to: www.mass.gov/forms/coastswEEP-volunteer-release-form-for-dcr-beaches or email FriendsWollastonBeach@gmail.com.

If you would like to join FWB, dues are \$10 per year. An application can be found on the website.

Quincy Quarry, Granite Workers Museum Open Saturday, Sunday

The Quincy Quarry and Granite Workers Museum will be opened on Saturday, Oct. 2nd and Sunday, Oct. 3rd from 11 a.m. to 3 p.m. Also included will be a self-guided walk around at the Lyons Turning Mill grounds located on Quarry Hills Drive, West Quincy.

Historic pictures of the granite industry and interpretive information can be viewed. The museum will

also be open for a self-guided tour to view pictures and artifacts from Quincy's granite industry. A new museum display on the granite railway will include models of the rail bed construction and the railway car on the tracks at the crossing of the Boston to Plymouth Highway at East Milton. Both the rail bed and railcar were designed by Gridley Bryant

in 1825.

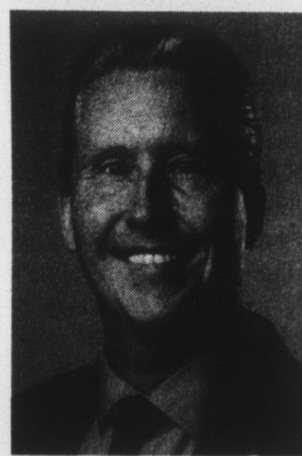
Museum members will be on hand to answer questions and Quarry Museum T-shirts will be on sale to help the museum through this period.

If rain on either day both museum opening and walk around mill will be postponed to a later date. Any questions call the museum at 617-472-1322.

Sheriff McDermott Appointed To Body Camera Taskforce

Norfolk County Sheriff Patrick McDermott announces he has been appointed to represent the Massachusetts Sheriffs' Association on the Commonwealth's Law Enforcement Body Camera Taskforce.

The taskforce was created as part of the Police Reform Act that was signed into law by Governor Baker



PATRICK McDERMOTT
in December 2020.

McDermott said that the taskforce was an important step in building strong relationships between law enforcement and the public.

"It is imperative that we recognize the importance of the public's trust in law enforcement and continue to develop positive relationships between law enforcement and the communities we serve," he said. "I look forward to working alongside the other members of the taskforce to ensure that body-worn cameras can be used in a way that helps officers in their mission to serve

and protect the public."

The Law Enforcement Body Camera Taskforce is charged with developing a set of recommended regulations related to the use of body-worn cameras by law enforcement professionals by July 31, 2022. These regulations will cover, among other topics, issues of privacy and facial-recognition technology, requirements for when body-worn cameras must be activated, and the storage and handling of body-worn camera recordings.

The taskforce is comprised of 25 members made up of representatives from government agencies, legislators, law enforcement associations, and public advocacy groups. As the taskforce representative for the Massachusetts Sheriffs' Association, Sheriff McDermott represents the interests of the Commonwealth's fourteen county sheriffs. Sheriff McDermott was appointed to the taskforce by MSA President and Suffolk County Sheriff Steven Tompkins.

Quincy Access Television
88 Washington Street
Quincy, MA 02169



QATV

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Public Access Channel 8

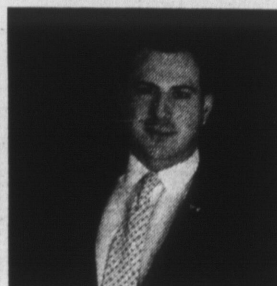
Thursday, September 30
6:00pm: Bethany Congregational Church
9:30pm: QHS vs. NQHS Boys Soccer 9/25
Friday, October 1
11:30am: LIVE: Currently in Quincy
8:00pm: QHS vs. NQHS Girls Volleyball 9/27
Saturday, October 2
12:00pm: On the Road with Jazzy Bill
7:00pm: The Call
Sunday, October 3
10:00am: Bethany Congregational Church
11:30am: Good News
Monday, October 4
11:30am: LIVE: Currently in Quincy
7:00pm: CQ Interview: Woodward School
Tuesday, October 5
7:00am: LIVE: AM Quincy with Joe Catalano
7:00pm: AM Quincy: Mayor Thomas Koch
Wednesday, October 6
6:00pm: Good News
7:00pm: The Call

Government Access Channel 9

Thursday, September 30
4:00pm: Board of License Commissioners 9/28
6:00pm: At Your Library: September Happenings
6:30pm: Zoning Board of Appeals 9/28
Friday, October 1
4:00pm: Zoning Board of Appeals 9/28
7:00pm: Board of License Commissioners 9/28
8:00pm: At Your Library: September Happenings
Saturday/Sunday, October 2/3
9:00am: Media Advisory: Green Communities Grants
12:00pm: Quincy City Council 9/27
1:30pm: Zoning Board of Appeals 9/28
4:00pm: Board of License Commissioners 9/28
7:00pm: Quincy City Council 9/27
Monday, October 4
6:30pm: LIVE: City Council Public Hearings
6:45pm: LIVE: Quincy City Council
Tuesday, October 5
4:00pm: Board of License Commissioners 9/28
5:30pm: Zoning Board of Appeals 9/28
Wednesday, October 6
7:00pm: Quincy City Council 10/4

Programming is subject to change.

For a complete list of programs, please visit our website at qatv.org



Armando Agnitti, Esq., CISR
Anthony Agnitti, CIC, LIA

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During the week of Sept. 20th, detectives received information that a resident of Houghs Neck was dealing cocaine to customers in Quincy and Braintree. The confidential source provided the suspect's name and a description of the vehicle used by the suspect.

At approximately 5:45 p.m., on the day the information was obtained, detectives observed the suspect exit his home, enter a Dodge minivan, and leave the area. Surveillance followed the Dodge and observed the vehicle pull to the side of the road. Detectives then observed actions consistent with a drug transaction between the suspect and the operator of a Hyundai Sonata that was parked along the side of the roadway.

All Quincy Police Drug Control members know that street level deals often happen when a dealer and buyer agree to meet at a location to conduct the transaction. This transaction will take place within seconds. The transaction will take place through an open window of a vehicle or inside the vehicle.

On Sept. 23, members of the DCU were working an evening shift. At approximately 7:20 p.m., detectives observed the suspect operating the Dodge on Quincy Avenue. Surveillance was maintained on the Dodge as it eventually traveled to Presidents Lane and parked. Detectives then observed a male walk to the driver's window. The operator of the Dodge and the pedestrian then made actions consistent

A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS
Public Information Officer
Quincy Police Department

with a drug transaction. The pedestrian then walked away from the vehicle and the Dodge drove up Presidents Lane.

Detectives encountered the pedestrian as other detectives kept surveillance on the Dodge. The pedestrian admitted to purchasing cocaine from the suspect and handed over a plastic knotted corner bag that contained a white powder that detectives immediately recognized, through their training and experience, as cocaine. The pedestrian stated that he had purchased the cocaine from the operator of the Dodge and paid \$100. Detectives then notified other members of the DCU.

Upon receiving the information, the Dodge was stopped as it turned off of Quincy Shore Drive. Detectives approached the vehicle and led the suspect from the vehicle. He was advised that he was under arrest and placed in handcuffs. Detectives read him his Miranda Rights, to which he stated he understood. During a search of the suspect, detectives found and seized approximately \$1,000 in his shorts pocket. The suspect advised detectives that there was more

cocaine in the van. During a search of the van, four (4) plastic bags containing a white powder substance, believed to be cocaine, were located. Detectives believed that the suspect possessed these with the intent to distribute them to others. A cell phone was also located. The vehicle was then towed.

Officer Borden transported the 50-year-old male from Quincy to the Quincy Police Station to be booked. During the booking process, it was learned that he had a suspended license and a straight warrant out of Quincy District Court. The suspect was charged with distribution of Class B (cocaine), possession of Class B (cocaine) with the intent to distribute, and operating a motor vehicle with a suspended License. He was also booked for the warrant.

Detectives field tested the plastic bag recovered from the pedestrian, as well as a plastic bag of white substance recovered from the vehicle. Both bags tested positive as having the presumptive presence of cocaine. All drug and non-drug evidence was packaged and turned over to evidence. The currency, which officers believe to be proceeds from past drug sales, was seized and into evidence. Great work!

If you believe someone is dealing drugs in your neighborhood, please reach out to the Quincy Police DCU by emailing anontips@quincyma.gov, calling 617-328-4527, or downloading our MyPD app. You can remain anonymous.

QUINCY POLICE CRIME AWARENESS JOURNAL

FRIDAY, SEPT. 17

VANDALISM/PROPERTY (front door), 8:09 a.m., West Squantum Street. Glass front door smashed out with a rock. No suspect info, case number provided.

VANDALISM/PROPERTY (car), 10:42 a.m., Willard Street. Driver's side window smashed, nothing taken. Case number given.

LARCENY (past), 11:22 a.m., Quincy Avenue. Reporting party from QPD lobby states that tools were stolen out of the back of his vehicle after he dropped his truck off on Sept. 12 and sometime between Sept. 13.

LARCENY (black male unwanted), 11:40 a.m., Father Bill's Place, Broad Street. No weapons. Male very upset about belongings left behind.

SATURDAY, SEPT. 18

LARCENY (medication), 11:20 a.m., Billings Street. Female moving out stole party's suboxone and fled. Peace restored, all advised, items returned.

LARCENY (sp black male), 1:12 p.m., Townshend, Hancock Street. Ongoing. Male party came in business, seen on video footage. Took chef's backpack and a check in the kitchen. Reporting party is on scene. Black male is not on scene, but reporting party is familiar with male.

ASSAULT AND BATTERY (assault possible knife), 7:28 p.m., 625 Southern Artery. Reporting party stated that person stated that he and his girlfriend were

assaulted and party there said he would stab them. Party then hung up the phone. Reporting party states officers are on scene.

SUNDAY, SEPT. 19

BREAKING AND ENTERING/PAST, 12:51 a.m., Sea Street. Four windows broken and the door broken. No one was home at the time break happened. No items seem to be missing at this time. Case number provided, report filed. No windows were broken, just unlocked. Damage to the door.

LARCENY (ring), 6:23 p.m., Euclid Avenue. Caller thinks his ex-girlfriend stole a ring while moving out. See the caller in the police lobby. Civil matter concerning an engagement ring, advised.

MONDAY, SEPT. 20

LARCENY (of meds), 12:16 p.m., Walgreen Pharmacy, Quincy Avenue. Non criminal NIBRS to be filed.

TUESDAY, SEPT. 21

LARCENY/MOTOR VEHICLE (overdue rental), 11:03 a.m., Home Depot, Centre Street. Report to be filed.

VANDALISM/PROPERTY (to house), 2:40 p.m., Intervale Street. Abandoned garage with paint on it. No suspect info, case number provided.

WEDNESDAY, SEPT. 22

LARCENY/MOTOR VEHICLE (using without authority), 3:30 p.m., Walmart, Falls Boulevard. Reporting party from QPD lobby states that a rental vehicle he had been using was taken without authority from someone he knows. Reporting party states that vehicle was last seen at Walmart a couple of days ago. Report filed.

BREAKING AND ENTERING/PAST (storage locker), 5:57 p.m., Southern Artery. South wing. Someone broke into caller's storage locker and all of the items were stolen. Report filed.

LARCENY/MOTOR VEHICLE, 6:36 p.m., Intervale Street. Caller is in the police lobby. State form says last seen on Sept. 1. Why it took so long to report is not addressed.

Total Calls for Service: 1,114

Larceny Motor Vehicle: Intervale Street, Falls Boulevard, Centre Street

Breaking & Entering Motor Vehicle: Water Street, Coddington Street, Billings Street

Breaking & Entering in the Past: Southern Artery (storage locker), 1200 block Sea Street, Quarry Street

Norfolk Sheriff McDermott Selected For National Inaugural Jail Administration Course

Norfolk County Sheriff Patrick McDermott has been selected as one of 15 sheriffs from across the nation to participate in the inaugural session of the National Sheriffs' Institute-II (NSI-II) Jail Administration course hosted by the National Institute of Corrections (NIC) and Major County Sheriffs of America (MCSA).

The recently developed course brings sheriffs together to highlight best practices in leading a correctional facility.

"As Sheriff, I have made it a priority to ensure that every aspect of the Norfolk County House of Correction operates under the highest level of professional excellence," McDermott said. "I am grateful that the MCSA and NIC recognize this commitment and look forward to working with my colleagues from across the United States to ensure that we continue to be a leader in providing the highest standard of care and custody for justice involved individuals."

The course, which will be held in Medford in October, will cover a variety of topics, including the role of sheriffs as both leaders in their facilities and their role in the community; the legal implications of operating a correctional facility; and assessing and planning for improvements in correctional facilities.

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A Life-Long Quincy Resident

The Parent of 4 Daughters, all Attended the Quincy Public School System

Close to 30 Years Working in Education as a Teacher and Administrator

- Bachelor of Science Degree in Elementary Education
- Master's Degree in Higher Education Administration

Tcahillquincy.com

Quincy Girls' Volleyball Tops North Quincy, 3-1

By TOM JOYCE

Each team had something in common going into their in-city rivalry match this week: they only had one loss so far this season.

Both the Quincy High and North Quincy High girls' volleyball teams are having strong seasons but when they faced one another Monday at Quincy High School, one of them was bound to get their second loss of the season. The match was competitive, but it ultimately went in favor of the Presidents. They won it 3-1 (25-17, 25-16, 19-25, 25-13). It put them on a three-game winning streak and improved their record to 6-1 on the season. With the loss, the Raiders fell to 6-2 overall. The loss snapped a five-game winning streak for the Raiders.

The Raiders took an early 3-0 lead in the first set on a kill from sophomore middle hitter Ava Bryan, but a serving error turned the ball over to the Presidents. They capitalized, going on a 6-0 where senior Madeline Mayo had an ace.

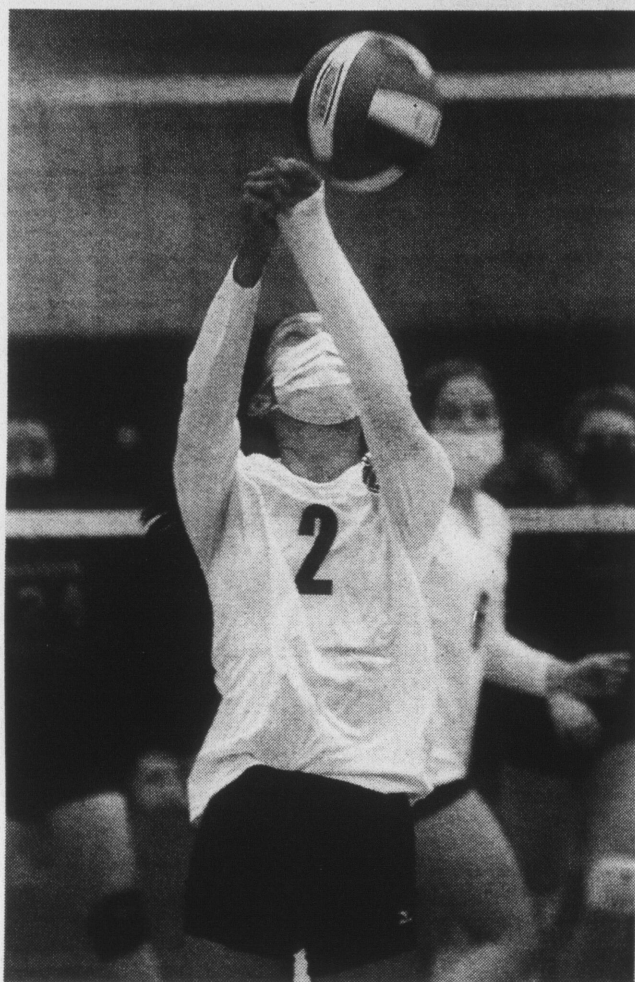
The Presidents kept that momentum going. They went up 15-8 following a hitting error from the Raiders and an ace from junior Annika Schmitt. Senior Mona Ly extended the Presidents' lead to 10 points with an ace to make it 19-9; the Presidents went on to win the set 25-17.

The Raiders had some success early in the second set thanks to senior libero Stephanie Huang. She gave them an early lead with an ace, and then put them up 7-5 with a kill. The Presidents regained the lead 8-7 on another ace from Mayo. The Raiders responded with a 5-0 run to go up 12-8; senior Kaila Jacques put the Raiders up 11-8 with an ace and a hitting error on the Presidents finished the run. The Presidents regained the lead on a run that included three straight aces from Schmitt while senior Lucy Lynch put them up 18-15 with an ace. The Presidents pulled away from there, finishing the set on an 8-1 run. It was capped off by a hitting error against the Raiders to finish the set.

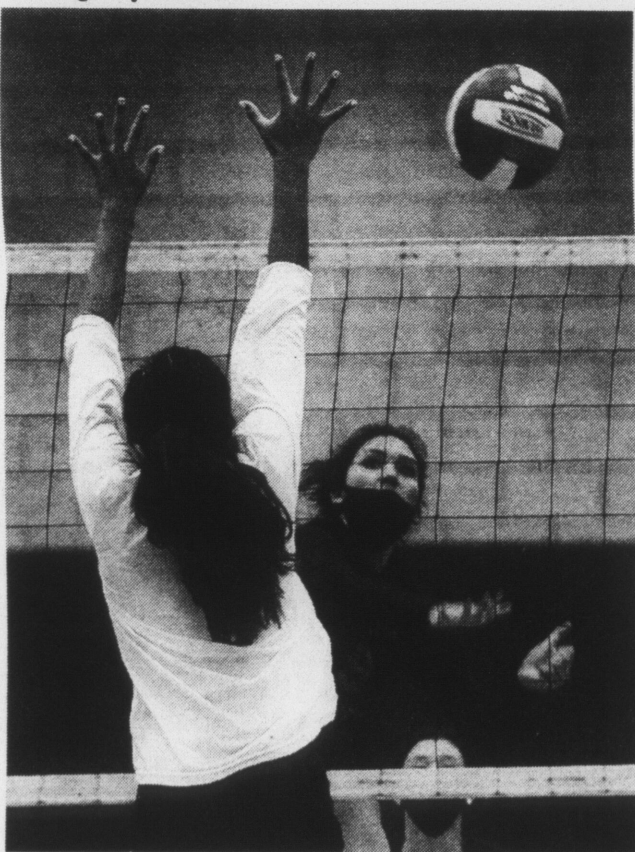
The Raiders then got their lone set win of the day 25-19.

The Raiders had some success serving that forced the Presidents to call timeouts; they called a timeout after Jen Lee's ace put the Raiders up 10-6 and another when Flora Chen put them up 16-11 with an ace.

The match was competitive over the next several points and although it was tied at 17 apiece, the Raiders pulled away and finished



QUINCY'S THU LUONG returns a North Quincy shot. The Presidents defeated the Raiders 3-1 Monday to improve to 6-1. North Quincy fell to 6-2.



NORTH QUINCY'S Kaila Jacques spikes past Quincy's Alyssa Hopps. Quincy Sun photos/Tom Gorman

things on an 8-2 run. They played tough defense and capitalized on some hitting errors from the Presidents as well as a serving error that made it 24-19. They took the set 25-19.

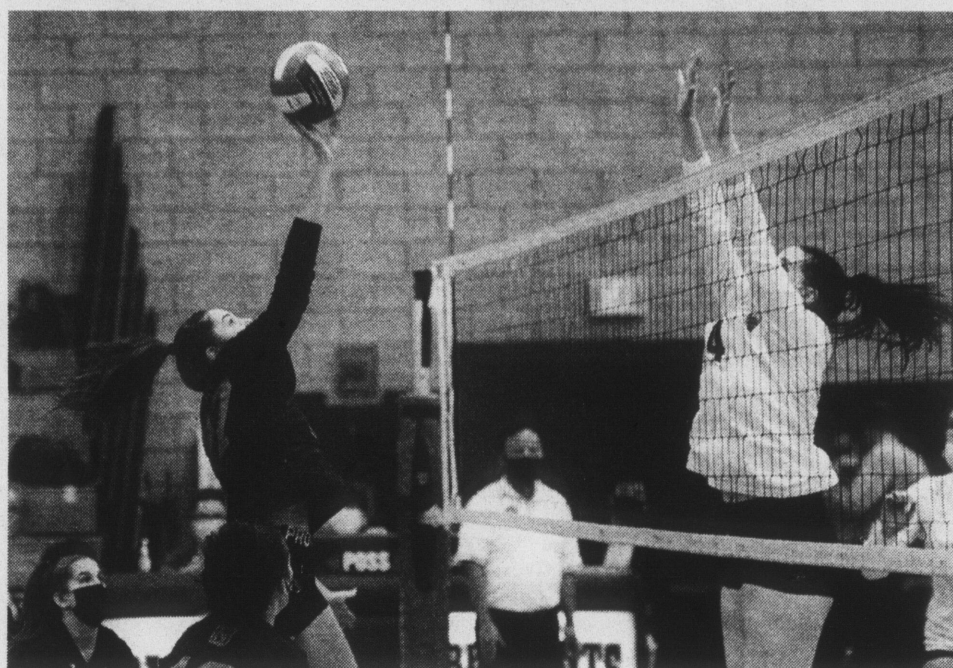
After what was their worst set of the match, the Presidents came out and had their best performance in the final set; they outscored their opponent by a nearly two-to-one clip. While the set was tied 3-3 early on in, an ace from Schmitt helped propel an 8-1 run that forced a Raiders timeout. The Raiders wouldn't recover. Back-to-back hitting errors against them gave the Presidents a 17-6 lead. An ace from senior Colleen Moran closed out the match and gave the Presidents the win.

Before the loss to the Presidents, the Raiders had not lost a match since Sept.

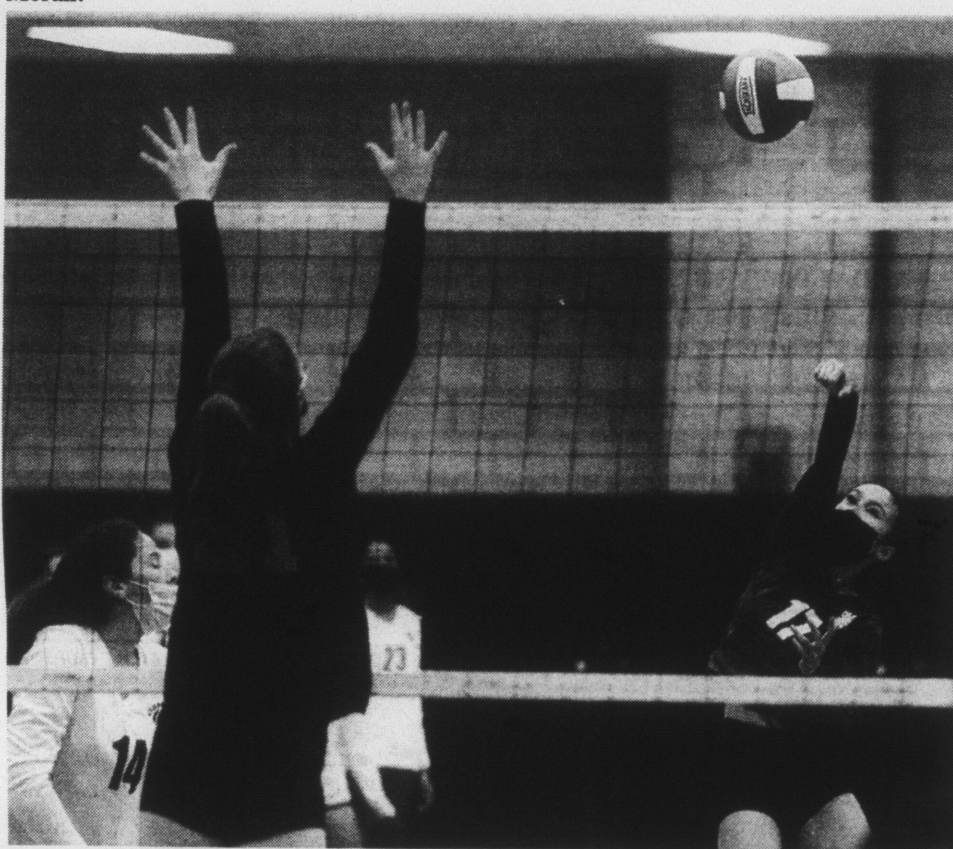
10. That day, they got swept 3-0 by Notre Dame Academy of Hingham. Meanwhile, the only loss of the season for the Presidents as of Monday night this week came on Sept. 20; they lost 3-0 to Duxbury, who they beat in the Patriot Cup Final last year.

Both teams have plenty of experience this season, although the Presidents are slightly younger than the Raiders. The Raiders have 11 seniors on their roster while the Presidents have eight.

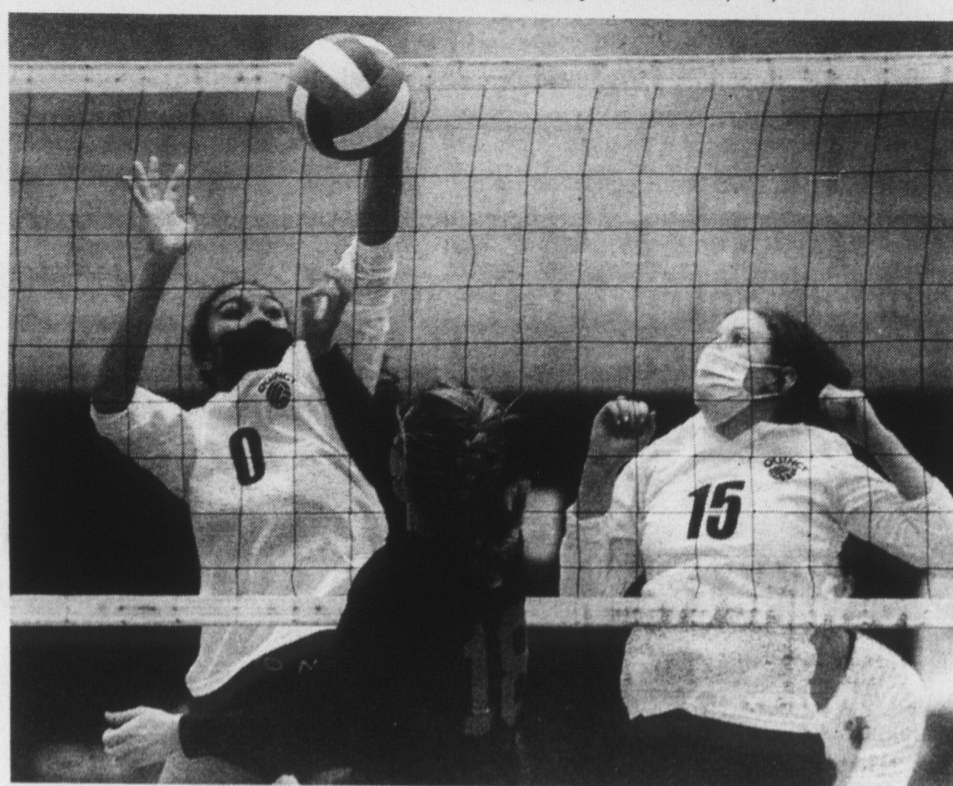
The roster for the Presidents this season includes: freshman Alyssa Hopps, junior Annika Schmitt, senior Thu Luong, senior Elise Roche, senior Colleen Moran, sophomore Paige Mann, junior Maggie Lynch, junior Bridget Hoare, junior Tiffany Le, sophomore Mary



NORTH QUINCY'S Ava Bryan, left, prepares to tip the ball over Quincy defender Colleen Moran.



QUINCY'S MONA LY, right, spikes as North Quincy's Mia Cluett, left, tries to block.



QUINCY'S ALYSSA HOPPS, left, blocks the shot of North Quincy's Olivia Kosinski, center, as Quincy's Lucy Lynch, right moves in.

Saccoach, senior Madeline Mayo, senior Leila Akhouzine, senior Emma Glavin, senior Lucy Lynch, senior Mona Ly, and junior Kelly Phu. Their head coach is Jacqui Niosi.

The roster for the Raiders this season includes: senior right side hitter Bridget Keane, senior outside hitter Kaila Jacques, senior defensive specialist Angelina Lee, junior defensive specialist

ZiXian Situ, junior right side hitter Chika Akukwe, senior defensive specialist Breeana Chu, senior outside hitter Kiera Sleiman, junior setter Olivia Bailey, senior setter Olivia Kosinski, senior defensive specialist Flora Chen, senior libero Stephanie Huang, junior defensive specialist Jen Lee, sophomore middle hitter Ava Bryan, senior outside

hitter Amy Lien, senior middle hitter Mia Cluett, and senior middle hitter Bryanna White. Their head coach is Caitlin Plaskasovitis. The next match for the Presidents will take place today (Thursday) on the road against the Pembroke Titans (5:15 p.m. start time). The next match for the Raiders will take place Friday, Oct. 1 at home against the Plymouth South Panthers (5:15 p.m. start time).

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Quincy Receives \$200,000 For Five Energy-Sufficiency Projects

The City of Quincy will be receiving \$200,000 in DOER (Department of Energy Resources) funding to support five energy-efficiency projects, projected to save 2,797.05 MMBTUs annually.

The MA Green Communities Program provides competitive grants to help municipalities reduce energy use and costs by implementing clean energy projects in municipal buildings, facilities, and schools.

With this grant funding, the city will work on five energy projects:

1. Replace the bathroom, locker room, and gym lighting at North Quincy High School with LED fixtures
2. Replace the interior lighting at Parker Elementary School with LED fixtures
3. Expand the building controls at Atlantic Middle School to control the exhaust fans
4. Expand the build-

ing controls at Beechwood Knoll Elementary School to control the exhaust fans

5. Purchase five hybrid Police Cruisers, to replace existing police cruisers

To accomplish this work valued at \$550,770, Quincy has received commitments for \$80,082 in utility incentives. National Grid is expected to contribute 15%, and DOER to fund \$200,000 which is 36% of these 5 projects combined costs. The 49% balance, estimated at \$270,688 will be paid by the City.

Since 2011, the City of Quincy has received multiple Green Communities Program grants totaling \$1,020,325. Quincy was able to qualify for a higher level of funding for the purchase of hybrid vehicles because the city has maintained at least 15% energy reduction for three or more years.

First Baptist Church

The First Baptist Church of Wollaston located at 81 Prospect Ave., Quincy is open for everyone.

For those who have not fully vaccinated, please continue to wear mask and safe distance. However, on-line worship will continue.

The church online dial-in/Zoom weekly meeting schedule: (visit the church website: <http://firstbaptist-churchofwollaston.org/>)

- Sunday 9:30 a.m. Vietnamese Worship Service at Fellowship Hall: Pastor Duc

- Sunday 10:30 a.m. English Worship Service – Interim Pastor: Rev Bill Swilling

- Thursday 6:30 p.m. Bible Class – Book of Revelation – Pastor Paul Lee

- Friday 11 a.m. Prayer Group Meeting

The church extends thanks to the people who took part in the 150th church anniversary celebration last Sunday.

For inquiries call 617-472-0824 and ask for Le-wann Mina, the church administrator.



SOME OF THE 38 goats currently on site at Fenno Street to help remove invasive plants. An electrified fence protects the goats from predators. *Photos Courtesy Wendy Kelly*

City Enlists Goats Help For Environmentally-Friendly Maintenance Plan

Cont'd From Page 1

be placed at the current location for four to five days until the path area is opened up and the invasive plants are removed.

"We are looking at innovative ways to keep our parks and open space areas clean and safe," said Mayor Thomas Koch. "The goats are much more environmentally-friendly than spraying, especially in an area adjacent to a salt marsh. I have asked the Department of Natural Resources to identify other areas where the use of goats and sheep would be beneficial."

Department of Natural Resources Commissioner

Dave Murphy said they are working toward a solution for phragmite control that would be environmentally-sound. His department is exploring the use of sheep and machines in combination to combat the invasive wetlands plant.

Murphy mentioned that his department had been looking at this solution for some time but he was encouraged by local kindergarten teacher (retired) Jane Cobban to bring in the goats for this location.

There are 38 goats currently on site at Fenno Street. An electrified fence protects the goats from predators.

The city will spend an estimated \$8,000 on the goats.



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Preparing Landscapes For Winter

By MELINDA MYERS

Fall is a season of transition and that includes your garden. Make the most of beautiful fall days to enjoy your garden and prepare your landscape for the winter ahead.

Put fall leaves to work in your landscape improving your soil, reducing maintenance, and creating winter homes for toads, frogs, and beneficial insects. Mow over the leaves that land on the lawn. It may take a couple passes but once the fall leaves are the size of a quarter you can leave them on the lawn to add organic matter and nutrients to the soil.

Or mow, bag and add the shredded leaves to annual flowers or vegetable gardens. Dig several inches of shredded leaves into the top 8 to 12 inches of garden soil. The leaves will decompose over winter, adding organic matter to the soil. Still more leaves; add them to the compost pile. Mixing this carbon rich plant debris



LEAVING HEALTHY PERENNIALS like cone flower stand for winter provides food for birds, winter interest and homes for many beneficial insects.

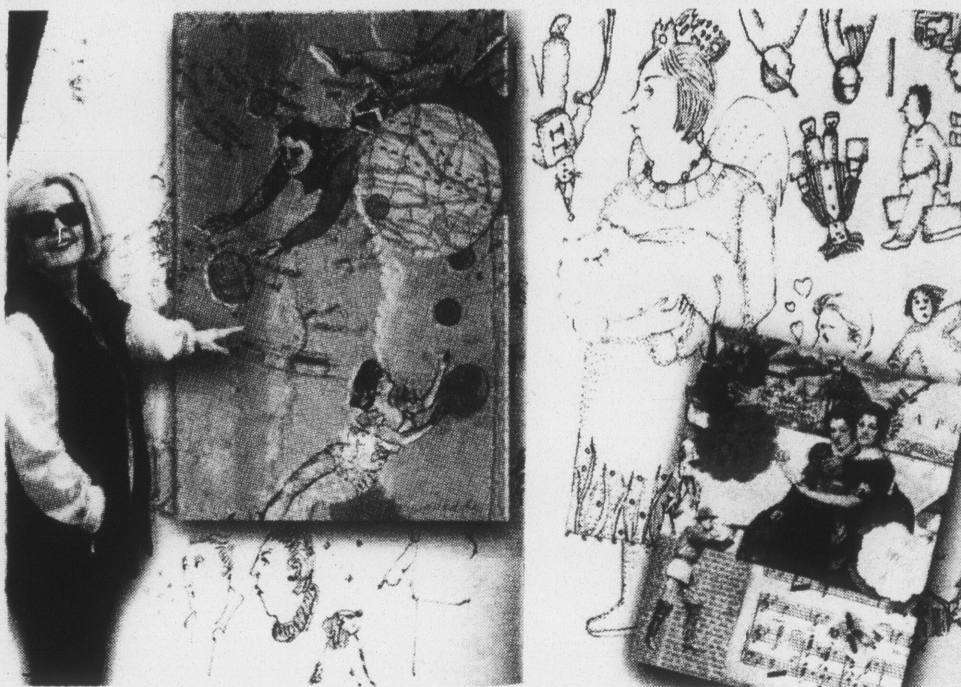
Photo courtesy Pasquesi Home and Gardens

to greens like plant-based kitchen scraps, manure, and worm castings makes for

great compost.

Use leaves as mulch on - Cont'd On Page 39

Artist Showcase: Phyllis Andrade: Collage & Mixed Media Artist



I enjoy a touch of irony in my work, juxtaposing old fashioned engravings with contemporary art themes and versus. I always try for intriguing, colorful, and well-designed compositions. I love combining images that seem to have no relationship to each other. Once things are down, a dialogue between elements starts to develop - I just add materials to keep the conversation going.

I have made art all my life, always drawing and

sketching. Early on I discovered printmaking, mostly making monoprints. Gathering materials to apply to my prints gradually led to using my older prints as backgrounds for collages. If you were to visit my studio on any occasion, you would find everything from buttons to feathers to tiny toys and lots of various types of paper. For me collage is first about taking something in. The most ordinary things can trigger design ideas and concepts. This is the start-

ing point for my work. I'll find something in a book, junk store, take it home to my studio and stare at the pieces. Soon they begin shouting to other pieces. I put them together, (for better or worse!)

Letting the viewers create their own stories about what's going on in my work is very satisfying. I provide a little information and an intriguing title to stimulate their thought process. I want them to do the work.

- Phyllis Andrade



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CHAMBER OF COMMERCE

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at Kilroy Square

FRIDAYS
NOON - 5:00pm
OCTOBER 1, 8, 15, 22 & 29

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4C Trees Needs You!

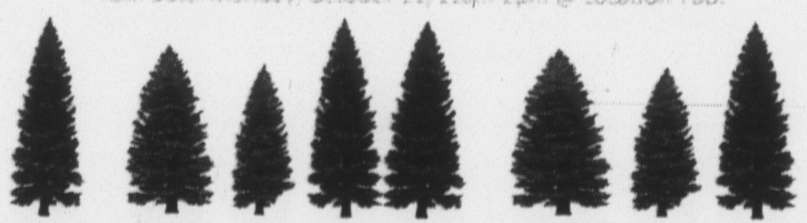
Join us in commemoration of the lives lost due to the COVID-19 pandemic where our group will be planting trees in memory of those we love during this difficult time. 4C Trees is working together with the city to safely gather volunteers to aid us in planting trees for this event.

Please help our mission to build a remembrance for the lives impacted from COVID-19, and better our environment while doing so. Event Details as follows:

*Saturday, October 9th, 11am- 2pm @ Passagansett Park - Located next to the Quincy Youth Hockey Area

*Sunday, October 10th, 11am- 2pm @ Monroe Park - Located next to Pond Street

*Rain Date: Monday, October 11, 11am-2pm @ Location TBD.



For more details or to get involved, please reach out to our helpful 4C Tree Team:

Email: 4CTrees@gmail.com Any unanswered questions, kindly reach out to Michael Casinelli, Project Manager, Department of Natural Resources: (617) 376-1299

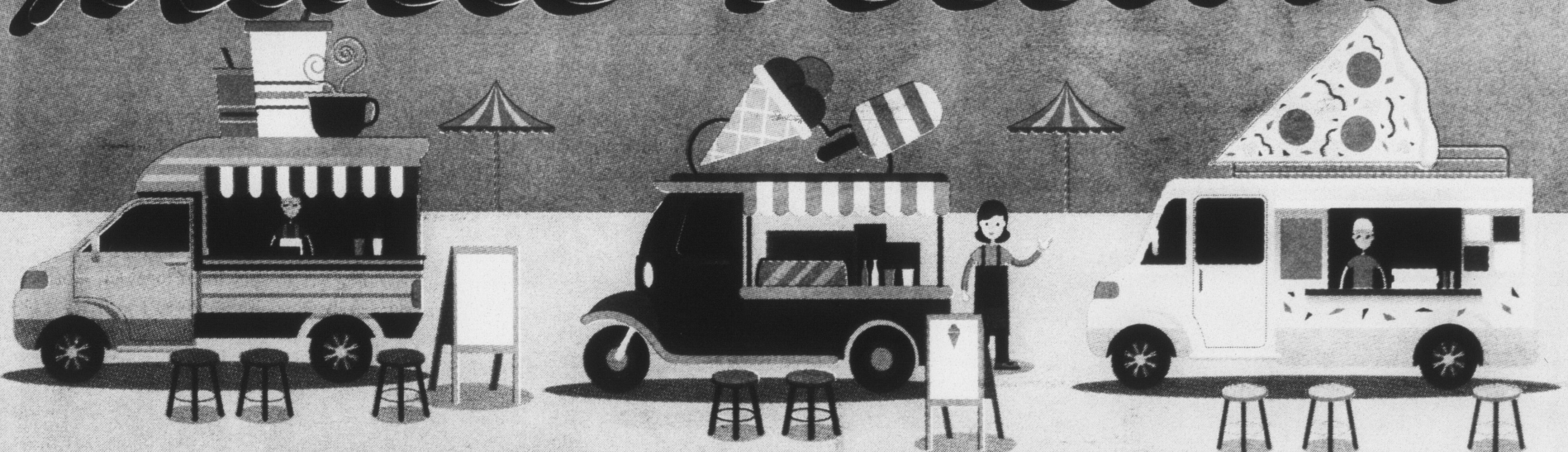
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Mayor Thomas P. Koch presents

QUINCY FOOD TRUCK & Music Festival



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FOOD TRUCKS, BANDS
& KIDS ENTERTAINMENT**

**SATURDAY, OCTOBER 2
NOON - 6 P.M. CODDINGTON STREET**

MUSIC LINE UP

Noon ~ 12:45 Blame the Whiskey
1:15 ~ 2:00 The Van Burens
2:30 ~ 3:15 Ward Hayden & The Outliers
3:45 ~ 4:45 Dick and Jane
5:15 ~ 6:00 Hey Blondie

KIDS ENTERTAINMENT

Noon ~ 12:45 Alastair Mook Trio
1:15 ~ 2:00 Darren Yong Magic
2:30 ~ 3:15 Phillip Alexander, Sing, Play, Grow
3:45 ~ 4:30 Stacey Peasley Quartet
5:00 ~ 5:45 Matt Heaton & the Outside Toys

From Quincy High School to Thomas Crane Library and at Coddington Building

Beer and Wine can be purchased from **HIVE MOBILE BAR.**

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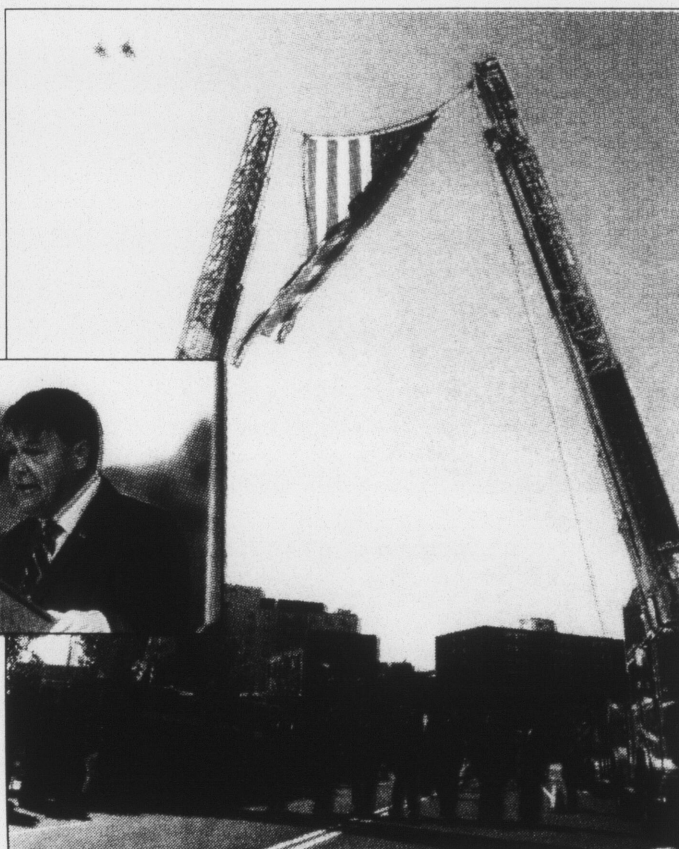
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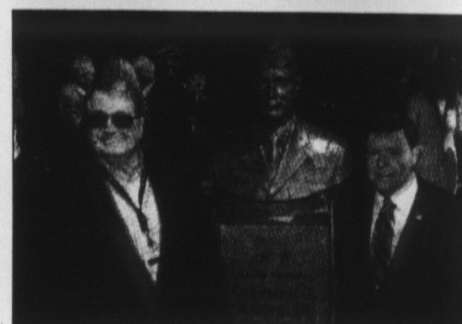
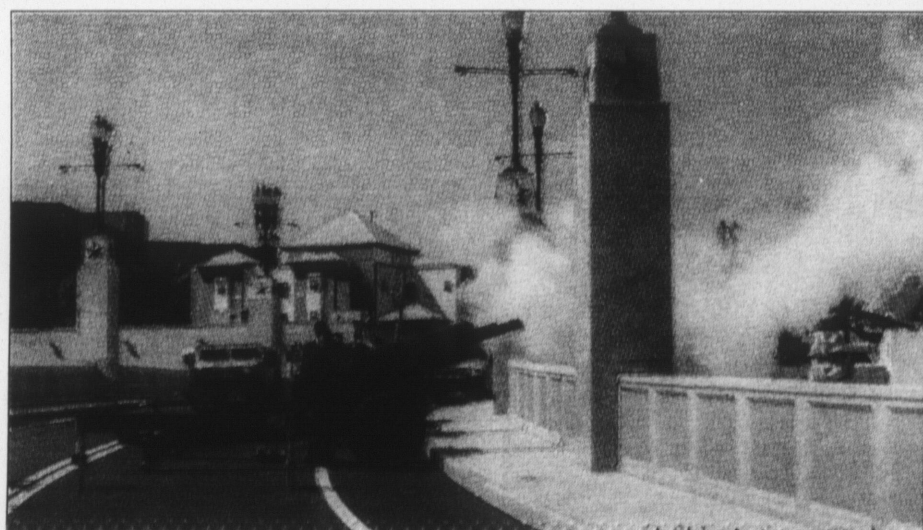
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LEO MARTIN, SR.**

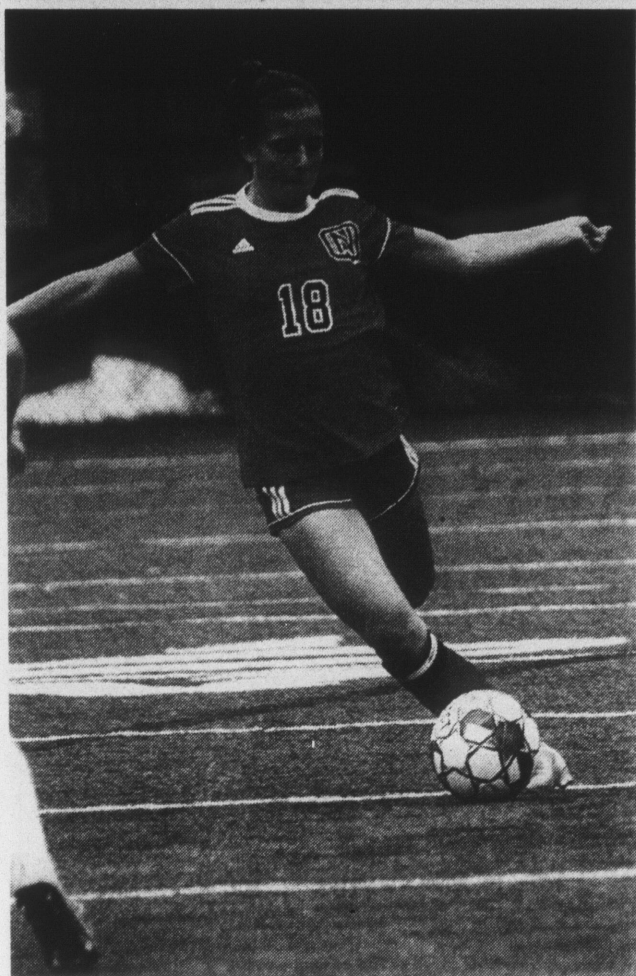
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Leo Martin, Sr.**



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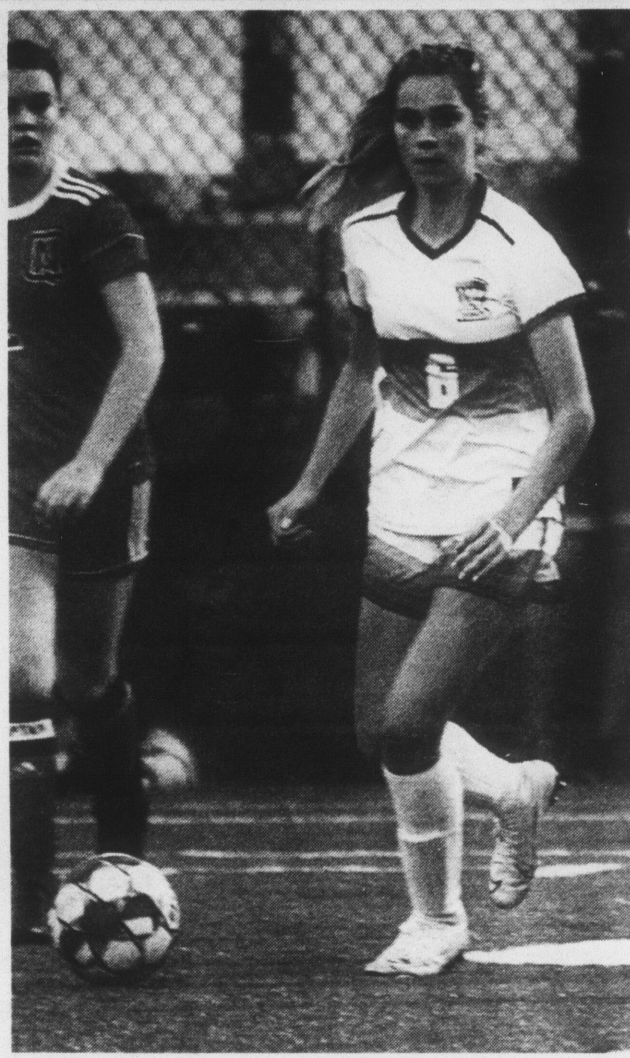
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NORTH QUINCY back Melanie Chretien, a junior captain, clears the ball early in the first half against Quincy. North's defense and goaltending (sophomore Lucy McLaughlin) played a strong game holding the Presidents scoreless in a very competitive game. The Raiders defeated Quincy, 3-0.



QUINCY CAPTAIN Lindsey Hatfield just beats North Quincy's Paige Grippi to the ball heading it upfield.



QUINCY CAPTAIN Mairead Folan looks to advance the ball upfield in the second half. *Quincy Sun Photos/Larry Carchedi*

North Quincy Girls Soccer Shuts Out Quincy, 3-0

By TOM JOYCE

A rivalry match presented an opportunity for both teams in the city.

The Quincy High and North Quincy High girls' soccer teams faced off against one another at Veterans' Memorial Stadium for the first time this season last Saturday evening. Both

teams were on losing streaks entering the match, so one had the chance to end their streak — if the game didn't end in a tie. It didn't. North Quincy enjoyed success on both sides of the ball and won the match, 3-0. With the win, the Raiders improved to 2-6 on the season; the win snapped their six-game los-

ing streak. Conversely, the Presidents fell to 0-7 with the loss.

Neither team struck in the first 30 minutes of the match, and most of the action on offense came late in the second half. However, the Raiders put one in the back of the net with 7:44 re-

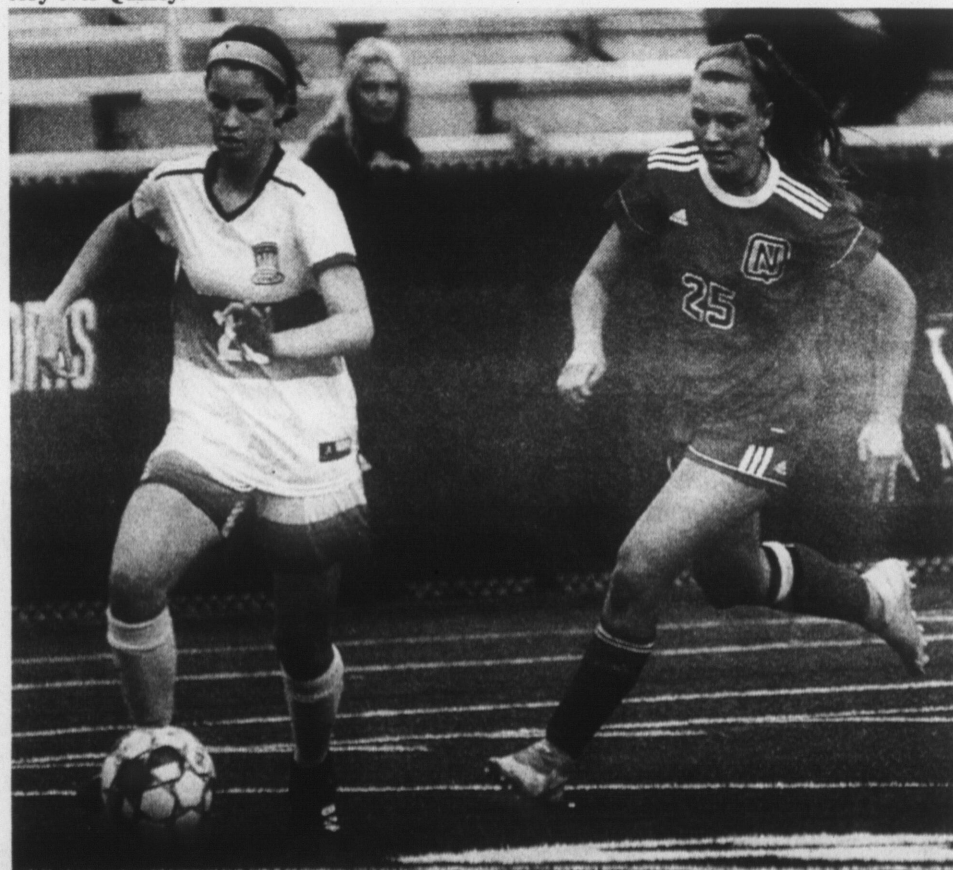
Cont'd On Page 25



QUINCY AND NORTH QUINCY girls soccer squared off against each other at Veterans' Memorial stadium last Saturday in a tightly played game. Here Quincy's Clara Folan gets squeezed off the ball by North Quincy's Jamie McAleavey (#9) and Nina Smith. McAleavey also scored North's second and third goal to cement the victory for the Raiders.



SOCCER CAPTAINS Caroline Campbell (left, QHS) and Teresa Sheedy (right, NQHS) battle for the ball at midfield. Sheedy scored North's first goal and eventual game winner in a 3-0 victory over Quincy.



QUINCY'S Clara Golden has a step on North Quincy captain Alex Abrahamovich who is in close pursuit at midfield.



NORTH QUINCY'S Oliver Smith battles for the ball in between Quincy's Thomas O'Neil (#16) and Ryan Doherty (#7). The Raiders and Presidents boys varsity soccer teams played a competitive match last Saturday, ending in a 1-1 tie.

Quincy Sun Photos/Larry Carchedi

Quincy, NQ Boys Soccer Tie

By TOM JOYCE

Neither side wanted to give the other a chance to score in the second half.

That's what ended up happening in the in-city rivalry game between the Quincy High and North Quincy High boys' soccer teams at Veterans' Memorial Stadium last Saturday night. While both teams scored in the first half, neither team did in the second half, so there was no winner in this one. The match ended in a 1-1 tie. With the tie, the Presidents moved to 4-2-2 on the season while the Raiders moved to 2-4-1.

The Raiders struck first in the contest. They got a goal from senior Mike Colantonio early in the first half. He outmaneuvered a handful of Presidents defenders and put himself in position to take a clean shot. He did and put the ball in the top left corner of the net. This gave the Raiders a 1-0 lead.

The Presidents responded with a goal of their own late in the first half. At about the 38 minute mark, sophomore Antoine Johnson and senior Jair Whyte closed in on a Raiders player and forced a turnover. Whyte then passed the ball to senior Zachary Donaghue, who managed to tie the match at one apiece. He took a long shot from around the 25-yard line of the multipurpose field. Donaghue lofted the ball up high and it hooked the inside of the top-right corner of the post and went into the back of the net for a goal. It was the final goal of the match.

NEIL MCCOLE (#8) battles Antoine Johnson (#14) for the ball in a competitive match-up between the two varsity teams last Saturday night at Veterans' Memorial Stadium.

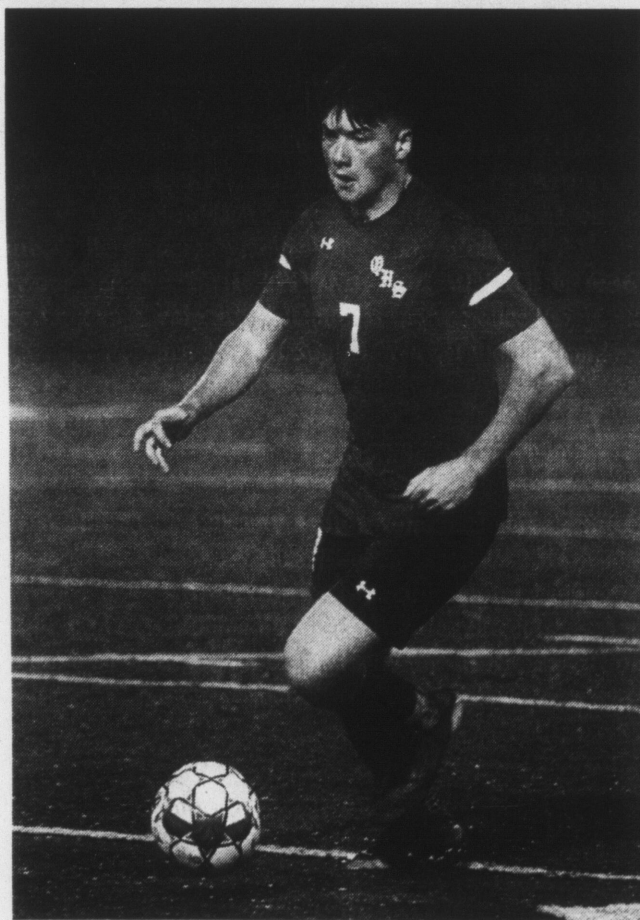
as neither team scored in the second half.

However, the Raiders had a strong scoring attempt in the final seconds of the second half, although the Presidents were able to prevent it from happening. Senior Sam Wong booted the ball from around midfield for the Raiders to try to take the lead and give his team the win. He kicked it deep into Presidents territory, but it came up just short. The goalkeeper for the Presidents caught the ball and the referees blew their whistles indicating that the match was over.

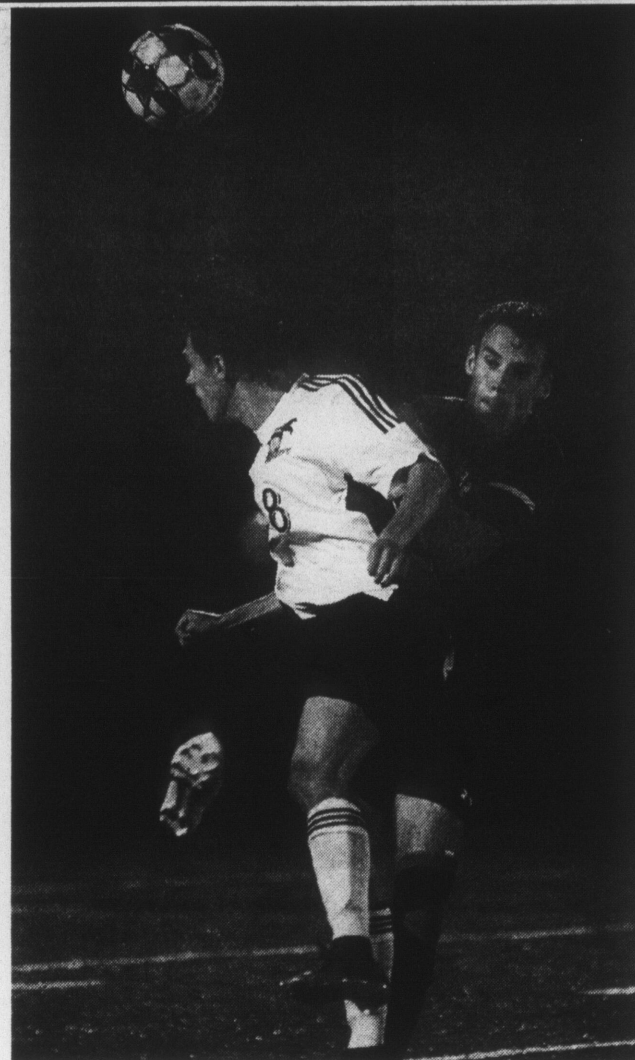
For both the Presidents and the Raiders, this match was tied for the fewest total goals put up by both teams in a contest this season for them.

Although the Presidents weren't able to come out on

Cont'd On Page 25



RYAN DOHERTY, a senior at Quincy High School, rushes the ball up field in the second half.



QUINCY'S John Alessandro battles for the ball against a North Quincy player in a rainy second half.



ZACHARY DONAGHUE scored Quincy's lone goal resulting in a 1-1 tie with North Quincy.



QUINCY SENIOR Jack Fehan defends against North Quincy senior Mike Colantonio. Colantonio scored the Raiders' lone goal against the Presidents in a 1-1 tie last Saturday.

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North Quincy Football Bows To Abington, 27-21

By TOM JOYCE

The two teams hadn't played each other in a long time, but this year's match-up was highly competitive.

The North Quincy High football team faced off against the Abington High Green Wave for the first time since 1945 in a road game last Friday night. It came down to the final drive of the game and ultimately, the Raiders came up short. They lost 27-21, dropping to 2-1 on the season.

The Raiders had a chance to win or tie the game on their final drive, but the effort came up short. They forced Abington to punt and got the ball back at their own 27-yard line with 2:56 left in the game to set up their final drive.

The Raiders started the drive with a five-yard completion from Cooper Hansen (170 yards) to wide receiver Nate Caldwell. Matt Craig then picked up four yards on a toss and Hunter MacIsaac (17 carries, 74 yards) got the team a first down up the middle. A low snap pushed

the team back six yards, but Hansen connected with Caldwell for nine yards on second down to gain some ground back.

An offside penalty against Abington pushed the ball five yards forward. A dropped pass brought up fourth down, but MacIsaac picked up four yards up the middle to help the team to cross over midfield and keep the drive alive. Hansen spiked the ball to stop the clock with 1:15 remaining. An incompletion brought up third down, but Craig picked up 11 yards on the ground to bring up a first down.

Two incompletions brought up third down again, but a nine-yard pass to Craig and a run up the middle from MacIsaac got them to the 28. The Raiders spiked the ball to stop the clock and under pressure, threw an incomplete pass to set up third-and-10. On third-and-long, the Raiders went for the end zone. They tried to connect with tight end Colm Geary, but Abington had two men in

coverage and intercepted the ball, downing it at the five-yard line with 20 seconds remaining. Abington then knelt down the ball to end the game.

While the Raiders got the ball to start the game, Abington struck first. The Raiders had a pair of three-and-outs on their first two drives, including a drive set up by an interception from defensive back Nate Caldwell. When Abington got the ball back on its second drive, the team converted on third-and-18 for a 37-yard touchdown pass with 2:41 left in the quarter. Abington made the extra point kick and took a 7-0 lead.

The Raiders would respond with a touchdown of their own. They had a lot of success in the air during the game; their first touchdown pass of the game was a 35-yarder from Hansen to Caldwell with 9:09 remaining in the first half. Caldwell avoided a tackle and broke loose to run it down for the score. Thomas Murray hit the extra point to tie the

game.

Abington regained the lead on the following drive thanks to some success on the ground. They had a run of more than 30 yards that helped move the ball downfield and they converted on fourth-and-goal at the one-yard line with 6:26 remaining in the first half. Abington decided to go for two, but the pass fell incomplete. Defensive end Colm Geary tipped the pass, altering its trajectory, making it tough for Abington to catch. Abington went up 13-7 as a result of the drive.

The Raiders then briefly took the lead on a drive highlighted by a 79-yard touchdown pass from Hansen to Geary, who burned Abington's defensive backs. The pass came on second-and-27, triggered by a high snap from the Raiders. Murray hit the extra point following the touchdown, put-

ting the Raiders up 14-13 with 5:13 remaining in the half.

The lead lasted for a couple of minutes as Abington responded with a touchdown of its own. Abington once again had success on the ground with its three longest runs of the drive totaling 54 yards. That included a 12-yard touchdown run with 3:07 remaining. The team then converted on a two-point conversion in the air; this put Abington up 21-14.

Abington recovered the ensuing kickoff as two Raiders bumped into each other and neither caught the ball. Abington dove on it and got the ball at the 30-yard line. Abington had a 30-yard touchdown run on the first play of the drive. Abington threw an incompletion on the two-point conversion attempt, so it led 27-14 with 2:52 remaining in the

first half. Abington tried a waggle on the two-point attempt, but it fell incomplete with Hunter MacIsaac on the coverage for the Raiders.

Abington intercepted the Raiders on their final drive of the first half but didn't score. The Raiders shut Abington out in the second half and got a one-yard touchdown run on a QB sneak from Hansen with 1:12 left in the third quarter; Murray hit the extra point to make it a 27-21 game.

North's game against Abington concluded their non-league schedule for the regular season.

The Raiders have a bye week this weekend.

North Quincy's next game is Friday, Oct. 8, when they host the Scituate Sailors (7 p.m. kick off) at Veterans' Memorial Stadium in their first Patriot League matchup of the season.

North Quincy Girls Soccer Shuts Out Quincy, 3-0

Cont'd From Page 23

maining. Senior captain and striker Teresa Sheedy scored her fifth goal of the season off a pass from junior midfielder Keira Murphy. This gave the Raiders a 1-0 lead.

Both sides played tough defense for much of the second half, but the Raiders were able to add some insurance late in the game.

Both of the Raiders' goals in the second half came from senior midfielder and captain Jamie McAlevey, making her the high scorer in the match.

The first goal came on a second chance scoring opportunity. Sheedy took the first shot, and the Presidents goalkeeper made the save. Sheedy took the shot near the right side of the net, so there was an opening on the left side after Quincy made the stop. McAlevey found that opening, and pushed the ball forward into the back of the net. The goal came with 11:11 remaining and put the Raiders up 2-0.

And with fewer than five minutes remaining in the match, the Raiders struck again; it came as the officials were keeping the official game time on the field. McAlevey scored her second goal off a pass from senior midfielder and captain Alex Abrahamovich. McAlevey broke free, took a shot without any defenders around her, and sealed the win for her team.

It was the Raiders' first win since their opener against Fontbonne Academy Sept. 7. The Raiders won that one 10-0 on the road in Milton. The win over the Presidents was North's second shutout of the season.

Although the Presidents were unable to come out on top in this one, it was the closest match they had played all season in terms of the margin of victory.

Both teams have a mix of younger players and older players on their rosters this season. The Raiders have six seniors this season while the Presidents have five.

The roster for the Presidents this season includes: sophomore Anna McPhillips, junior Ava Cook, sophomore Madison O'Hara Kelly, junior Helena Middleton, freshman Grace McGillicuddy, senior captain Lindsey Hatfield, senior Maddie Bailey, junior captain Mairead Folan, senior Mia Nguyen, freshman Abby Lyons, sophomore Zoe Stallbaum, junior captain Caroline Campbell, freshman Abby Dawe, junior Avery Pitta, junior Caroline Tracey, sophomore Grace Connor, sophomore Kaitlyn Sampson, sophomore Mia Stallbaum, sophomore Mary Doherty, senior Abby Codner, senior captain Amyah Davis, sophomore Ciara Golden, junior Amira Aitsaid, freshman Ashlinn Folan, and freshman Ciara Folan. Their head coach is

Bridget Coleman.

The roster for the Raiders this season includes: sophomore goalie Lucy McLaughlin, junior defender and captain Marybeth Smith, sophomore midfielder Paige Grippi, junior midfielder Jamie Collins, junior midfielder Keira Murphy, freshman midfielder Amy Tan, senior defender Zoe Rakarich, senior midfielder and captain Jamie McAlevey, junior midfielder Maggie Power, sophomore defender Maddy Gola, sophomore striker Faye Fitzpatrick, sophomore midfielder Piper Henderson, sophomore defender Nina Smith, senior defender Carly Amendolare, senior striker and captain Teresa Sheedy, junior defender and captain Melanie Chretien, freshman defender/midfielder Hannah Moriarty, freshman defender Sasha Walsh, junior defender Maddie Power, sophomore striker Avery Abrahamovich, senior defender Caroline Cavicchi, and senior midfielder and captain Alex Abrahamovich. Their head coach is Devon McKay.

The next match for the Presidents will take place this Friday, Oct. 1 against the Pembroke Titans at Veterans' Memorial Stadium (4 p.m. start time). Meanwhile, the next match for the Raiders is next Monday, Oct. 4 on the road against the Marshfield Rams (6 p.m. start time).

Presidents Football Run Win Streak To 3-0

Quincy football has opened the season 3-0 for the first time in seven years but will have to wait a week to attempt its fourth straight victory.

The Presidents enter the bye week 3-0 after defeating Westwood 41-27 on the road last Friday night. It's the first 3-0 start for Quincy since the 2014 season.

In their win over Westwood, Quincy's offense put

up 29 points in the fourth quarter to emerge with the victory. Down 27-12, Quincy quarterback Drew Boretti tossed two touchdown passes to Ruben Charles. The second reception went for 99 yards and got the Presidents within a point, 27-26 with 9:15 left in the game.

Quincy took the lead for good when Gabe Rodrigues scored on a 50-yard TD to give the Presidents the lead,

34-27 with 5:15 remaining. Rodrigues added a 40-yard scoring run with 1:27 left to seal Quincy's third victory of the season.

The Presidents are off this coming weekend. Quincy's next game is at Hanover Friday, Oct. 8 at 7 p.m. The Presidents next home game is Friday, Oct. 15 at 7 p.m. versus Plymouth South at Veterans' Memorial Stadium.

Quincy, NQ Boys Soccer Tie

Cont'd From Page 24

top on this one, the tie prevented them from going on a three-game losing streak. The Presidents dropped matches against Scituate and Marshfield earlier that week after starting the season unbeaten (4-0-1).

The match also meant that as of the start of this week, the Raiders got points in the standings in back-to-back games. Before they tied the Presidents, they beat Whitman-Hanson 3-0 at home Sept. 22. Those results came after the team lost four straight matches. Before that, the last win for the Raiders came in their opener against Archbishop Williams on Sept. 7; they won that one, 3-0.

Both the Presidents and the Raiders are on the older side this season as far as high school varsity soccer teams go. The Presidents have 14 seniors on their roster this year while the Raiders have 10.

The roster for the Raid-

ers this season includes: junior Jack Cavicchi, junior Ben Dawe, senior Kevin Le, senior Mike Colantonio, junior Patrick Webber, senior Sam Wong, junior Neil McCole, senior Ethan Walsh, sophomore Arli Dylja, junior Nate Davis, senior Oliver Smith, senior Daniel O'Shea, senior John McLaughlin, sophomore Joe Bates, senior Pablo Flores-Munoz, junior Sean Burns, junior Kyle DeBoer, junior Colin McPherson, senior Malik Francis, and senior Martin Demo. Their coach is Charles Kilmain.

The roster for the Presidents this season includes: senior Hugh Crawford, junior Huy Ho, senior Sai Kuchulakanti, senior Joseph Connor, senior Gabriel O'Brien, junior Harun Chaani, senior Ryan

Doherty, senior Daniel Pakkala, junior Shubbam Kumar, senior Zachary Donaghue, senior Nicholas Ferrara, sophomore Declan Rogers, sophomore Antoine Johnson, junior Thomas O'Neil, senior Coleman Ross, senior John Alessandro, senior Jack Fehan, senior Kellen Kopp, senior Nadan Nair, junior William Wisman, sophomore Kyle Tolini, sophomore Tim Heise, and junior Alex Carmona-Montufar. Their coach is Dan Mongo.

The next match for the Raiders will take place this Friday, Oct. 1 at home (Creedon Field) against the Plymouth South Panthers (4 p.m.). Meanwhile, the next match for the Presidents will take place this Friday, Oct. 1 on the road against the Pembroke Titans (4 p.m.).

More Quincy news:

The Quincy Sun.com

Quincy Fire Dept. Observing Fire Prevention Week Oct. 3-9

The Quincy Fire Department will be spreading the word about fire safety during this year's Fire Prevention Week, Oct. 3-9 which is themed "Learn the Sounds of Fire Safety!"

The focus will be educating the public about the sounds smoke and carbon monoxide alarms make. Not only knowing the sounds that these alarms make, knowing what to do when the alarms sound is important to our life safety. There should be a smoke and carbon monoxide alarm on every inhabited floor, including the basement. When these alarms are activated,

make sure everyone is aware and leaves the house to meet at a designated location outside and call 911.

According to NFPA (2021), here are some helpful tips to know what your alarms are telling you:

SMOKE ALARMS

- A continued set of three loud beeps – beep, beep, beep – means smoke or fire. Get out, call 9-1-1, and stay out.

- A single "chirp" every 30 or 60 seconds means the battery is low and must be changed.

- All smoke alarms must be replaced after 10 years to sealed battery alarms.

- Chirping that continues after the battery has been replaced means the alarm is at the end of its life and the unit must be replaced.

CARBON MONOXIDE (CO) ALARMS

- A continuous set of four loud beeps – beep, beep, beep, beep – means carbon monoxide is present in your home. Go outside, call 9-1-1 and stay out.

- A single chirp every 30 or 60 seconds means the battery is low and must be replaced.

- CO alarms also have "end of life" sounds that vary by manufacturer. This means it's time to get a new CO alarm.

- Chirping that continues after the battery has been replaced means the alarm is at the end of its life and the unit must be replaced.

Since 1922, the National Fire Protection Association has sponsored the public observance of Fire Prevention Week. In 1925, President Calvin Coolidge proclaimed Fire Prevention Week a

national observance, making it the longest-running public health observance in the country. During Fire Prevention Week, children, adults, and teachers learn how to stay safe in case of a fire. Firefighters provide lifesaving public education in an effort to drastically decrease casualties caused by fires.

Fire Prevention week is observed each year during the week of Oct. 9th in commemoration of the

Great Chicago Fire, which began on Oct. 8, 1871, and caused devastating damage. This horrific conflagration killed more than 250 people, left 100,000 homeless, destroyed more than 17,400 structures, and burned more than 2,000 acres of land. (NFPA 2020)

If anyone has questions or concerns with smoke and carbon monoxide alarms in their home, call Quincy Fire Prevention at 617-367-1016.

Quincy-North Quincy Cross-Country Highlights Patriot League Fisher Division

QNN vs Scituate - Sept. 21

Pageant Field

Merrymount Reservation

Distance 2.5 miles, JV 1.35 miles

Boys Score: QNN 20 Scituate 36

Girls Score: QNN 20 Scituate 34

BOYS QNN SCORERS (top 7 finishers)

1. Hatim Boukhtam 13:21 est. course record
2. Robert Cannon 13:26
4. Jonathan Bina 19:53
6. Kyle Clements 15:33
7. David Schmidt 15:36
10. Matt Hollatz 16:30
11. Peter Cooney 16:31
12. Patrick Lee 16:49
13. Shane Faherty 17:00
14. Liam Murphy 17:31
16. Trevor Mangino 17:46
20. Cam Griffin 18:02
22. Cullen Quilty 18:05
23. Zach Clements 18:05
25. Richard Pan 18:43
30. Nathan Feldman 19:20
32. Dante Nguyen 19:28
35. Max Francouer 19:52
37. Stevie Byrnes 19:58
40. Nick Bina-Rodriguez 20:27
43. Lito Breslin 21:22
- 47 finishers

Records

SC 1-1
QNN 1-1

GIRLS QNN SCORERS

1. Salma Boukhtam 17:09
2. Aluna Coogan-Coyne 17:15
3. Caitlin Cormican 17:21
6. Grace Cody 19:26
10. Victoria Mariano 19:55
10. Jennie Burgess 20:03
12. Sophia Cerone 20:11
16. Sabrina Egan 21:15

46 Finishers

JV Race 1.35 Miles

1. Ngan Vo 10:59
2. Juliana DiBlasi 11:32
3. Alexandra Guia 11:39
4. Chloe Fitzgerald 12:35
5. Ali DiRuzza 13:40
6. Sophia Graziano 15:57
7. Mia Tratzinski 16:06
8. Mia Soto 16:24
9. Bassma Torky 16:49

9 finishers

Records

SC 1-1

Ordinance: Police Impound Bikes

Cont'd From Page 1

the bikes got out and they stomped on the windshield of the driver. It was really a very bad situation."

Palmucci and Councillor Anne Mahoney introduced the proposed ordinance at Monday's meeting of the City Council. The item was referred to the council's ordinance committee, which Mahoney chairs, for consideration at a later date.

The committee will hold a public hearing on the proposed ordinance as part of its review process. Mahoney said she hopes to hear from all stakeholders, such as the bicycle advocacy group Quincycles, during that hearing.

"I know we have some great partners in the community with Quincycles," she said.

"We are trying to have safe streets here in Quincy, so we will have a public hearing on this so we can hear from all parties to make sure we are moving forward we do this in the best and most conscientious way we can to make sure we are dealing with the issues we are having, because right now it is getting out of

control and we just want to make sure people are safe."

The four-page ordinance would incorporate existing state law regulating the use of bicycles on public ways into the city's municipal code, Palmucci said.

"There is nothing new here that isn't already a law in Massachusetts," he stated. "The only thing that is novel about this particular ordinance is the penalties that someone who violates this regulation would face and that would be, most importantly and most severely, the forfeiture of bicycles."

State law requires bicyclists to follow the same basic traffic laws and regulations that apply to drivers of motor vehicles, such as stopping at red lights and stops signs and signaling stops and turns by hand, unless both hands are needed for safe operation of the bicycle. State law also allows bicyclists to use the full lane anywhere, anytime, and on any street – except limited access highways – even if there is a bike lane present.

State law does not allow more than two bicyclists to ride side-by-side. On roadways with more than

one lane in the direction of travel, bicyclists riding side-by-side must remain in one lane and not unnecessarily restrict a passing vehicle's ability to overtake them.

The proposed ordinance would include escalating penalties for any violations of the regulations for riding bicycles on public roads.

First-time offenders could be issued a warning or have their bicycle impounded for 24 hours, at the sole discretion of the Quincy Police Department based on the seriousness of the infraction. A \$20 fine could also be imposed in addition to impoundment.

For a second offense, the bicycle would be impounded for 24 hours. In addition,

a \$50 could be imposed.

Third-time offenders could have their bicycles forfeited following a hearing conducted by the police chief or their designee "and a determination by clear and convincing evidence that the release of the bicycle would cause a danger to the public." A \$50 fine may also be imposed.

A parent or guardian would need to be present when retrieving an impounded bicycle owned or operated by someone under the age of 18. An impounded bike not retrieved within 30 days would be considered forfeited, per the ordinance, and police would be allowed to dispose of the bike at their discretion.

Crane Library Topic 'Cultivating Mushrooms' Oct. 4

Thomas Crane Public Library invites the public to the first of its Homesteading Basics series on Monday, Oct. 4, from 7 to 8:30 p.m. for "Cultivating Mushrooms."

This in-person event will be led by Joe Foye of EB Fungi. He will discuss basic biology of mushrooms, cultivation techniques, and proper conditions for fruit-

ing.

Capacity for this event will be limited and masks are recommended. Doors will open 15 minutes before the start of the program.

The program is sponsored by the Friends of the Thomas Crane Public Library. Visit the Crane Library website for more information.

READERS FORUM

Bridge Serendipity

Like many a resident I have this past year puzzled over just why a new bridge was needed in downtown Quincy. As has been pointed out by others, it runs parallel to and very close to Hannon Parkway and literally leads nowhere.

None the less the city seemed hell-bent on squandering millions of dollars in public financing, restricting traffic flow on Burgin Parkway, and subjecting us all to the noise and dust of a project that brought us an extravagantly inaugurated monument that had no discernible function – and one that we are still not allowed

to access even if we could

manage to come up with an appropriate use. So imagine my delight to learn in your pages that no sooner were the lavish dedication ceremonies for our bridge to nowhere completed than the mayor's favorite developer stepped up to offer us all a solution that just happens to give this otherwise pointless public expenditure a private sector purpose in service of Fox-Rock's own for-profit vision of a mini-Manhattan in Quincy Center.

You can't help but admire the serendipity of it all.

Rich McLaughlin
Quincy

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United Youth Football Program Kicks Off Season

The united youth football program of Quincy recently kicked off their season at Veterans' Memorial Stadium. Quincy hosted five different Bay State Football Conference towns in six games ranging from grades 3rd thru 8th:

8th Grade Football: QUINCY-35 WEYMOUTH-7

The Quincy United 8th graders led by head coach Justin Thorley, defended their Bay State Super Bowl title on Sunday vs. Weymouth. Quincy QB Tim Toland threw 3 TD passes on the day. A 63-yard TD to WR Caden Pina, a 26-yard TD pass to Malcolm McMorriw and a 37-yard TD to Ronan Brown.

RB Leo Steinberg rushed for a 46 yard TD and Brown ran for a TD of 26-yards. Quincy was lead by two-way lineman, Chris Young, Brady Craig, Jacoby Quinn and Spencer Knight. Quincy saw fine play from defensive backs Ryan Wirtz and Silas McKenney (1 INT).

7th Grade Football QUINCY-27 WEYMOUTH-0

Quincy 7th graders (1-0) got out to a great start. QB Ryan Sampson rushed for a 7-yard TD in the first half and Jonas

Ala added the conversion. Blake Nelson opened the second half with a 39-yard TD Run. LB Patrick Conner intercepted a Weymouth pass. Three plays later Conner scored on a 3-yard TD run.

Cullen McSweeney recovered a fumble setting up a 24 yard TD pass from Sampson to Elian Martinez.

6th Grade Football WELLESLEY- 19 QUINCY - 14

The defending champion Quincy United played a hard fought ball game with a tough Wellesley Raiders squad. The game went down to the final seconds. Quincy was led by the play of QB Cole Doyle, TE/DE Aidan McGrath, Jayden Garner and Linemen Hake Campbell, Nolan Ayer and Mason Ayer.

5th Grade Football QUINCY- 33 MILTON-6

James Toland led his 5th grade United squad with 3 Touchdowns. Toland rushed for a 1 yard TD and caught 2 TDs passes from QB Trevor Gardner (7 yd TD, 28yd TD). Gardner rush for final score on a 1 yard TD in a 33-6 victory over Milton

4th Grade Football NORWOOD-20 QUINCY-12

The Quincy 4th grade squad put in a fine performance against Norwood in a hard fought game that was the first of their career for most of the team. Oliver Murphy and Cillian Conner both rushed for touchdowns. Quincy was also lead by the play of Liam Sampson, John Austin, Aidan Tran, Charlie Taylor and Eddie Ford.

3rd Grade Football: NATICK-20 QUINCY-14

The 28-man roster of Quincy second and third graders took the field to make their tackle football debut of Sunday at Veterans' Memorial Stadium.

In the first half QB Jordan Keefe scored on a 53 yard TD run and RB Jackson Halpin added the conversion.

In the second half, RB Domenic Lomanno rushed for a 42-yard TD and also made a great play on the conversion by picking up a fumble and advancing it across the goal line for a conversion score.

Quincy was led by the play of Will Franklin, Odhran Waldron, Matt Chamberlain, Steve Viarella, Jameson Kelley and Will Cosgrove.

St. Agatha CYO Basketball Returns This Season

Boys and girls of all ages are invited to register for St. Agatha Parish Basketball. Signups for the In-House league will be done solely online on the parish website (www.stagathaparish.org) from Oct. 6 through Oct. 26 or until age levels fill up.

Open to all St. Agatha parishioners as well as students of St. Agatha School,

the program is divided into age groups ranging from Pee-Wee (grades K-2) through grade 8 and runs all day on Saturday and on Sunday afternoon. The fee

is \$85 per child with a maximum of \$170 per family.

There also is a Travel League, which will still have in-person signups taking place on two days: Oct. 19 and Oct. 21 from 6 to 8 p.m. at the St. Agatha School gym. The registration fee for the Travel League will be \$200, which includes a new uniform.

The program goal is to teach basketball skills in a fun and safe environment, while learning to compete with good sportsmanship. The program has been extremely popular in the

past, and the capacity at some grade levels has been reached quickly. It is important to sign up as early as you can to ensure availability, as late registrations will only be accepted on a space-available basis.

Volunteers are needed to help coach our many in-house and travel teams, and to help coordinate in-house divisions. Historically, the program has served nearly 500 youngsters per year, which is only possible with the help of many great people that are willing to share their time to help form our

youth.

If you are a parent of a child that is signing up for the In-House program and are interested in coaching/volunteering, there will be an option to select on the online registration form. A member of our Sports Advisory Board will then contact you in the near future.

For coaching/volunteering for the Travel League, stop by the gym during the sign-up days (Oct. 19 or Oct. 21), call Adam Leskow at the Rectory at 617-698-2439 ext. 103, or email him at aleskow@stagathaparish.org.

Woodward School Soccer Notches First Win

The Woodward School Wildcats soccer home game versus Bradford Christian Academy was an inspired first half, with a 5-5 score at the half.

Elizebeth Kowlski '26 of Hanson was an offensive machine, tallying four goals while Beatrix Cohen-Raymond '27 of Milton added the fifth goal of the half. Injuries and being outmanned led to six unanswered BCA goals.

The Woodward Wildcats gave their full effort, leaving it all on the pitch. Every player deserves to be commended. Great goaltending by Laila Whyte '26 of Boston, and outstanding efforts led by Justine Redinger '23 of Dorchester and Brianna Francois '24 of Boston made for an exciting, competitive game.

Woodward Wildcats notched their first soccer victory of the season Sept. 22 with an 8-4 win over host, CATS Academy though a total team effort. The offense was led by Girls Independent League leading goal scorer, Elizebeth Kowlski '26 of Hanson (seven goals), and Heidi Barber '27 of Quincy (one goal), as the Wildcats roared to a victory building four goal lead, and never looked back. The entire defense worked as a unit, with our three juniors, Jackie Andrade of Quincy, Justine Redinger of Dorchester, and Taylor Mendes of Milton played with energy and heart for the entire game.



WOODWARD WILDCATS huddle with Coach Bob Giordano before taking the field for their home opener Sept. 20.



QUINCY RESIDENT Heidi Barber '27 (front) takes control of the ball in Woodward's win over CATS Academy Sept. 22. Photos Courtesy Woodward School

QUINCY NORTH QUINCY FOOTBALL HALL OF FAME 2021 HALL OF FAME NOMINATION FORM

*There is a seven year waiting period from High School graduation before a candidate can be nominated for induction
(*Please fill out required fields)

*Name of Nominee: _____
*School: _____ *Graduation Year: _____
*Years Played: _____ to _____
*Address: _____
*City: _____ *State: _____ *Zip: _____
*Contact Number: () - _____
*Email Address: _____ @ _____
*Biographical Info: (Please submit on separate paper, if necessary)

*Your Name: _____ *Phone: () - _____

ALL NOMINATIONS MUST BE SUBMITTED VIA U.S. MAIL OR E-MAILED

MAIL TO: BY OCTOBER 20TH
Q/NQ Hall of Fame
41 Rockland Street
Quincy, Mass. 02169
EMAIL TO:
QNQFootballHall@Gmail.com

Questions? Please contact Sean Halpin at (617) 980-2674

OBITUARIES

Anton D. "Tony" Peggjonaj, 72

A funeral Mass for Anton D. "Tony" Peggjonaj, age 72, of Quincy, formerly of Dorchester, was celebrated Monday in Saint John the Baptist Church, 44 School St., Quincy.

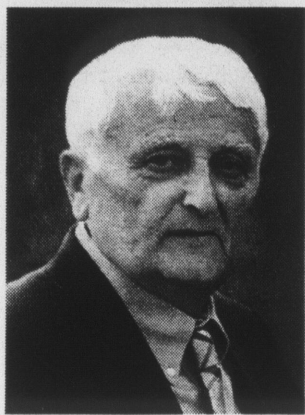
Mr. Peggjonaj died peacefully Sept. 21 in the comfort of his home, surrounded by his loving family.

He was born in Pistula, Montenegro, where he was raised and educated. Mr. Peggjonaj lived briefly in Italy before immigrating to the United States in 1968. He lived in Dorchester for 21 years and in Quincy for the past 32 years.

Mr. Peggjonaj was a well-known South Shore bartender, having worked for over 30 years at the former Raffael's Restaurant in Quincy. Most recently, he had worked at Raffael's Hingham at the South Shore Country Club.

He was an avid hunter and enjoyed spending time at his "ranch" in upstate New York.

Most of all, Mr. Peggjonaj was devoted to his family, especially his children and grandchildren, supporting all their many activities and accomplishments.



ANTON D. PEGGJONAJ

Beloved husband for 51 years of Nusha (Zadrima) Peggjonaj.

Devoted father of Anna Peggjonaj of Braintree, David Peggjonaj and his wife Sandra of Rockland, George A. Peggjonaj and Courtney of Quincy.

Loving grandfather of George Zadrima, Lena and Anthony Peggjonaj.

One of three siblings, Anton was the dear brother of Sr. Jacinta, a Franciscan Sister, of Montenegro, and predeceased by his sister, Dila.

Interment was at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

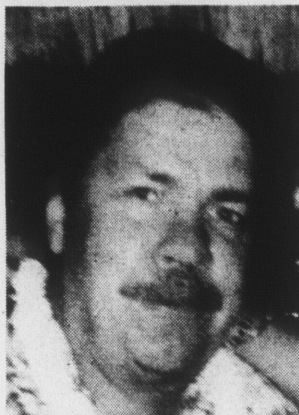
Raymond C. Beane, 69

A funeral Mass for Raymond C. Beane, age 69, of Quincy was celebrated Sept. 20 in St. Ann Church, Wollaston.

Mr. Beane passed away suddenly Sept. 14th at the Carney Hospital.

Born in Quincy, he was raised in Milton and has lived in Quincy for over 30 years. He attended Milton High School and Boston College High School and graduated from Northeastern University. He worked for British Telecom America's for over 15 years and previously worked for Cisco Systems. He was an avid golfer and a member of Presidents Golf Course where he was a member of the Fake it Thru Friday Thursday night golf league. Mr. Beane was a huge Boston sports fan and enjoyed watching the Patriots, Bruins, and Red Sox.

Beloved husband of Kathleen E. Campbell. Father of Katherine R. and Ju-



RAYMOND C. BEANE

liana I. Beane both of Quincy. Brother of Brian Beane of Quincy and Cherie Beane of Marshfield. Also survived by his 4 legged friends Jelly Beane and Sophie.

Burial was in Cedar Grove Cemetery.

Funeral arrangements were made by the Alfred D. Thomas Funeral Home, 326 Granite Ave., Milton.

Memorial donations may be made to the South Shore Children's Fund, c/o John Ford, 68 Baxter Ave., Quincy, MA 02169.

Mary J. DuBeau

A funeral Mass for Mary Josephine DuBeau of Mashpee, formerly of Dorchester and Quincy, was celebrated Tuesday in Christ the King Church, Mashpee.

Mrs. DuBeau died peacefully Sept. 19.

Beloved wife of 65 years to the late Ernest Joseph "Ernie" DuBeau. Loving mother of Suzanne and Walter Austin, Linda and Frank Garofalo, Karen and Paul Keefe, Mary Beth and Kenny Marsters, Ann Marie and Jack Moore and Ernest J., Jr. and Debbie DuBeau. Daughter of the late William Greene and Rita (O'Dea). Sister of Rita Sullivan and her husband Joe, Herbie Greene, the late John Greene and his surviving wife, Mary, the late William Greene, and the late Joseph Greene and his surviving



MARY J. DUBEAU

wife, Joanne. Sister-in-law of Lorraine Bisnaw and James DuBeau. Cherished Nana of 20 devoted grandchildren and blessed with 34 sweet great-grandchildren. Also survived by many loving cousins, nieces, nephews and friends.

Mr. DuBeau was born in Boston and grew up in Roxbury where she graduated from St. Patrick's High School. She worked as a ticket clerk for Jordan Marsh for a number of years.

In her younger years, Mrs. DuBeau loved roller skating, and after hanging up her skates, she enjoyed bingo, bowling, traveling, playing the lottery and most of all spending time with her family. She was an avid Red Sox fan, enjoyed crossword puzzles and she was a game show enthusiast.

Interment at Massachusetts National Cemetery, Bourne.

Memorial donations may be made to St. Jude Children's Research Hospital, Mary J. DuBeau Memorial Fund, 501 St. Jude Place, Memphis, TN 38105.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

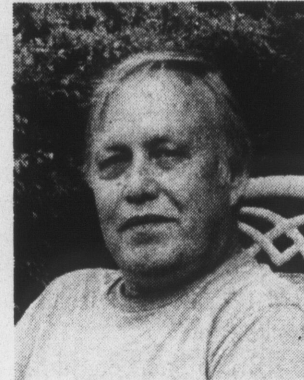
Albert L. Lewis, Jr., 70

Albert L. Lewis, Jr., 70, of Quincy, formerly of Milton, passed away suddenly Sept. 14.

Mr. Lewis leaves three children, Marie Hanson and her husband John, and Sarah Lewis, both of Phelps, NY, and William Lewis of Randolph; four grandchildren, Emily, Lily, Scott and Carly Hanson. He leaves five siblings, Linda Santoro and her husband Louis of St. Petersburg, FL, Robert Lewis and his wife Joyce of Canton, Virginia Phillips and her husband John of Fryeburg, ME, Carole Lewis of Woodstock, GA, and Lisa Lewis of Jamaica Plain. He leaves nieces and nephews Julie Santoro of St. Petersburg, FL, Andrew Santoro of Walnut Creek, CA, John Lewis of Arlington and Kristen McCarron of Milton. He is predeceased by his parents Albert Lewis, Sr. and Frances Lewis.

Mr. Lewis was the sole proprietor of Lewis & Son Plumbing & Heating, a business started in 1937 by his grandfather and continued by his father. He graduated from Milton High School in 1969, then earned a BS in Business Administration from the University of Massachusetts Amherst in 1973. Shortly after graduation he began working toward his Master Plumber's license with the intention of operating the family business upon his father's retirement, a goal he achieved while still in his 20s.

Plumbing suited him well. He particularly enjoyed working on older houses, readily recalling installations completed by his father years before. He salvaged and retained an impressive inventory of vintage fixtures and fittings to have on hand as needed. Al had a remarkable memory



ALBERT L. LEWIS, JR.

for details, which served both him and his customers well.

Mr. Lewis had several hobbies and interests. He enjoyed reading about history and popular culture of the 50s and 60s and sharing his knowledge with others. He was passionate about vintage American cars of the 50s and 60s and owned and restored several. Mr. Lewis was a long-time member of East Coast Cruisers car club. He was also a vendor for over 30 years at the Carlisle Collector Car Market in Pennsylvania where he sold hard-to-find car parts. He had many loyal friends who shared his interests.

Mr. Lewis had great pride in his children and grandchildren. He liked shopping at second-hand stores with his daughter Sarah, and they bonded over a mutual love of the Three Stooges and Looney Tunes cartoons. He enjoyed playing pinball, eating popsicles, and hanging out with his grandkids and looked forward to spending more time with them in his retirement.

Funeral arrangements were made by the Dolan Funeral Home, 1140 Washington St., Dorchester Lower Mills.

Memorial donations may be made to the Autism Alliance, www.autismalliance.org or the Epilepsy Foundation www.Epilepsy.com

Margaret E. Burrows-Silveira

A funeral Mass for Margaret E. Burrows-Silveira was celebrated Sept. 24 at St. Joseph Church, 550 Washington St., Quincy.

Margaret passed away peacefully Sept. 17 at the age of 61.

She was born in Nova Scotia, but was raised and educated in Quincy where she spent most of her life. Beloved mother of Jennifer L. Pizzi-Corey and her husband Samuel of Braintree, Christina M. Pizzi-Imrie of Weymouth, AnneMarie Mullaney and her husband Mark of Hyde Park; Dear grandmother of Evan Imrie and Mark Mullaney III; dear sister of Janie Markham of Quincy; also survived by



MARGARET E. BURROWS-SILVEIRA

many nieces and nephews; former wife of Robert Pizzi.

Burial was at Fairmount Cemetery, Weymouth.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Duc Duong, 85

A funeral service for Duc Duong, of Quincy, was held Sept. 25 in Keohane Funeral Home, 785 Hancock St., Quincy.

Mr. Duong died peacefully Sept. 12 at Boston Medical Center. He was 85.

Born in Vietnam on Nov. 12, 1935, he was a cherished son of the late Nhon Thanh Duong and Nhu Thi Nguyen. Mr. Duong was the beloved husband of the late Nga Thi Nguyen, who died in 2014. He was the devoted father of Phuong Duong, Thao Duong (Nam Dang), and Quyen Duong (Cuong Vu), all of Quincy. Mr. Duong was the loving grandfather of Celeste and Domi-



DUC DUONG

nique Dang, and Kaitlyn Vu, all of Quincy. He was the dear brother of Phuong Duong and Mai Ton, both of Vietnam, Binh Ton of Germany, and Trang Ton of France. He is also survived by many loving nieces and nephews.

Interment was in Blue Hill Cemetery, Braintree.



Honor Your
Loved One's
Memory
With Flowers

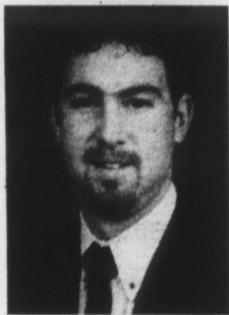
cliffords.com
1.800.441.8884

NOTICE TO READERS

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with input from the deceased's family.

They are not written by The Quincy Sun. Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.

IN MEMORIAM



In Loving Memory Of
STEVEN V. BARRETT
22nd Anniversary
9/30/1999 - 9/30/2021

Twenty two years have passed
Since you left us,
For your home so far away.
We loved you then,
We love you now,
And miss you more each day.

Love Dad, Bev, Christine,
Nancy, Ed, Ashley,
Steven, Lauren and Meghan

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Pamela Blue Whitney Maher, 66

Pamela Blue Whitney Maher, a loving wife and mother, passed away May 7, 2021, at the age of 66 at the Morton Plant Hospital in Clearwater, FL, due to COVID-19 complications.

Mrs. Maher was born on June 30, 1954 in Bridgeport, CT to Warren Joseph and Edna Blue Whitney. She was raised in Bridgeport, CT, Hawaii and La Jolla, CA; and lived with her husband of 44 years, Edward M. Maher and her daughter, Amber Michael Maher in La Jolla, the Los Angeles area and Quincy, MA.

She was a descendant of Sir. Whitney and Stephen Hopkins. Mrs. Maher was preceded in death by her father, Warren Joseph Whitney and her mother, Edna Blue Whitney and her brother Gregory Scott Whitney.

She is survived by her husband, Edward M. Maher and her daughter, Amber M. Maher; her sister-in-law, Eileen



PAMELA BLUE WHITNEY MAHER

B. Maher-Campbell and her longtime friend, Rev. Lorraine Baritz.

Mrs. Maher was very passionate about her career and spread her creativity into her community. She loved her career as an Administrative Secretary/Graphic Artist for more than 35 years both in Southern California at the Los Feliz Hills School in Los Angeles, CA, and at the Point Webster Grammar School and Quincy High School at the Quincy Public School System in

Quincy.

She was the President of the Quincy Educational Employees Union, SEIU Local 888, AFL-CIO for many years.

Mrs. Maher was honored on Jan. 15, 1997 by William Jefferson Clinton, President of the United States, for her commitment and activism on behalf of the greater good of the United States.

She was awarded one of the highest honors of her church by the Founder of the Church of Scientology, L. Ron Hubbard. She was a Humanitarian, a Volunteer Minister at her church and a Founding Narconon Staff Member. She received numerous commendations from her church for her active support of church programs.

A memorial service will be held Saturday, Oct. 2 at 10:15 a.m. at The Tirrell Room, 254 Quarry St., Quincy. It will be held outside, depending on the weather.

William J. Horne, Jr., 100

A funeral Mass for William J. Horne, Jr. age 100, a former longtime resident of Quincy, will be celebrated in Saint John the Baptist Church, 44 School St., Quincy, on Saturday, Oct. 2, at 10 a.m.

Interment, with military honors, to follow at Mount Wollaston Cemetery, Quincy.

Mr. Horne died peacefully Sept. 24 in the Saint Joseph of Nazareth Convent of the Daughters of Mary of Nazareth in Quincy, surrounded by his loving family.

He was the son of the late William Sr., and Anna (Herlihy), of Cobh, Ireland and South Boston. Mr. Horne was born, raised, and educated in Boston. He attended the former St. Eulalia's Elementary School in South Boston and was a graduate of Boston College High School, Class of 1938, Boston College where he received a bachelor's degree in 1951, and later a master's degree in advanced corporate finance. He had lived in Wells, Maine for the past five years, previously in Quincy for more than 60 years, and earlier in South Boston.

Following the attack on Pearl Harbor, Mr. Horne enlisted in the U.S. Army Air Corps, and went on to participate in campaigns and air offensives in the South Pacific. Two weeks after the Battle of Iwo Jima, he climbed to the top of Mount Suribachi and sat under the American flag raised in the historic photo. Throughout his life, he often reflected on the emotions he felt in that moment.

During his time in Iwo Jima, Marion Boyce of Cambridge had been his pen pal. The two would become engaged just a few months after his homecoming, and mar-



WILLIAM J. HORNE, JR.

ried in September 1946. They went on to share 50 years of marriage until Marion's passing in 1996.

Mr. Horne worked for 30 years at the former United Shoe Machinery Corporation where he was the director of Management Information Systems and an assistant vice president for this global company, retiring in 1971.

He also worked for 46 years as a member of the Boston College Graduate Faculty in the Carroll School of Management.

In addition, he spent two years in Israel at Ben-Gurion University and two years in Poland at Jagiellonian University teaching finance and computer systems.

Mr. Horne was a longtime, cornerstone parishioner of Saint John the Baptist Church in Quincy where he served in a variety of ministries with enthusiasm and grace.

Beloved husband of the late Marion G. (Boyce) Horne.

Devoted father of Richard D. Horne and his wife Anne M. (Damon) Horne of Randolph, Marianne E. Horne of Wells, ME, Anita Horne Lawlor of Bellingham and her late husband Edward F. Lawlor, Jr., and the late William J.

Horne III and his surviving wife Susan A. (Ela) Smith of SC.

Loving Papa of Angelique S. H. Sobol and her husband David of Norwich, CT, Amanda D. McHale and her husband Sean of Attleboro, Rebecca A. Horne of Providence, RI, Shane S. Young of Portland, ME, Katherine E. Camerano and her husband Michael of Canton, Benjamin J. Lawlor and his wife Kristen of Barnstead, NH, and Michael E. Lawlor and his wife Angela of Hatboro, PA.

Cherished Great-Grand-Papa of Connor and Finn McHale, Madeline and Michael Camerano, John Andrew Lawlor, Molly Rose and Shannon Lawlor.

Mr. Horne is also survived by many nieces, nephews, friends, and his compassionate caregivers of the last three years, especially Holly Dee.

He was predeceased by his beloved wife, son, and parents as well as his siblings, Eileen Horne, Leo Horne, and John Horne.

Visiting hours will be held at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy, on Friday, Oct. 1, from 4 to 7 p.m. Relatives and friends are invited to attend.

In lieu of flowers, memorial donations may be made to the Daughters of Mary of Nazareth, whose Sisters bestowed immense kindness in his last days, for which the Horne family is truly grateful. Donations can be mailed to the Daughters of Mary of Nazareth, P.O. Box 690789, Quincy, MA 02269.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

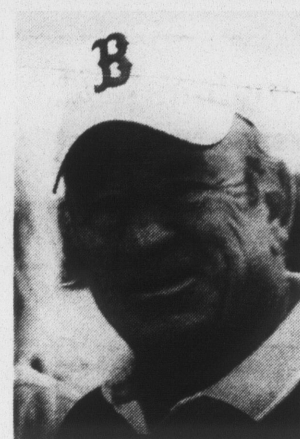
Paul E. Zamagni, 84

A funeral Mass for Paul Edward Zamagni, age 84, of Braintree, formerly of Quincy, was celebrated Wednesday in the Church of Saint Claire, Braintree.

Mr. Zamagni died suddenly Sept. 22 at home.

He was born in Boston, to the late Bruno J. of Forli, Italy and Anna H. (Monahan) Zamagni of Boston. He especially adored his mother, who he called Ma, and with whom he shared an unbreakable bond. Raised and educated in Roxbury, he was a graduate of Boston Technical High School, Class of 1955. Mr. Zamagni also served in the Army National Guard and lived in Quincy briefly before spending the last 50 years in the Braintree Highlands.

Mr. Zamagni retired in 1999 from Back Bay Advisors as its chief financial officer and treasurer. Prior to that, he was employed with The New England, formerly New England Mutual Life Insurance Company at 501 Boylston St. in Boston, where he spent the majority of his career, working his



PAUL E. ZAMAGNI

way from the mail room to executive leadership.

Mr. Zamagni was an avid golfer and also enjoyed baseball, bowling, skiing, biking and travel throughout his lifetime. In recent years, he led family trips to Italy, Prague and Austria, and even celebrated a long weekend in Bermuda for his 80th birthday with his entire family and all of his grandchildren.

Most of all, Mr. Zamagni was devoted to his family, especially his children and his grandchildren.

He was the beloved husband of the late Gail Charlene (Downing) Zamagni,

who predeceased him in 1987. As a widowed father of four young children, he first put his exclusive focus on raising his children who were his greatest accomplishment, his pride and joy. He was dedicated and relentless in all of his pursuits, he led by example, and was an extraordinary man.

Devoted father of Charlene A. Leiss and her husband Philip of Topsfield, Raymond P. Zamagni and his wife Colleen of Topsfield, Paula M. Norton and her husband Richard of Franklin, and Anne M. Cedorchuk and her husband Mark of Franklin.

Loving grandfather to Brenna, Caroline, Charlotte, and James Leiss; Kate, William, and Nolan Zamagni; Anna, Meghan, and Sara Norton; and Bryn and Cole Cedorchuk.

Dear brother of William E. Zamagni of Norton and Alberta A. Zamagni of Worcester, he was also predeceased by his siblings Frederick Zamagni, John B. Zamagni, and Dorothy M. Fallon, with all of whom he was very close. Mr. Zamagni is also survived by many nieces and nephews, most notably Barbara Webster of Braintree and Michael Fallon of Milton, with whom he shared a special relationship.

Mr. Zamagni was the beloved companion of 25 years to Patricia Peck of Scituate, and also had enormous affection for Pat's three children: Julie, Matthew and Tricia.

Interment was at Pine Hill Cemetery, West Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the American Cancer Society, 3 Speen St., Suite 250, Framingham, MA 01701.

Colette M. Cotter, 81

A funeral service for Colette M. (Grenier) Cotter was held Sept. 17 at the Dennis Sweeney Funeral Home, 74 Elm St., Quincy Center.

Mrs. Cotter passed away peacefully Sept. 13 at the age of 81.

She was raised and educated in Quincy. She was a dedicated homemaker to her family.

The beloved wife of the late John J. Cotter; loving mother of John S. Cotter of Quincy, Jane Grew of Bridgewater, and Kathleen Garvey and her husband Lawrence of So. Weymouth; dear grandmother to her 5 grandchildren; loving great-grandmother to her



COLETTE M. COTTER

two great grandchildren; devoted sister to the late John Grenier and the late Bill Grenier. Also survived by many nieces and nephews.

Burial was at Blue Hill Cemetery, Braintree.

2021 Hamel-Lydon Compassionate Service Awards

In the spirit of compassionate service, Hamel-Lydon Chapel is proud to honor individuals by granting ten \$500 Compassionate Service Awards to healthcare providers. Visit HamelLydon.com for more information.



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Christopher P. Goulet, Sr. & Michelle A. Lydon

650 Hancock Street, Quincy, MA 02170 • HamelLydon.com

Elizabeth A. Donlan, 90

A funeral Mass for Elizabeth A. "Betty" (Byrnes) Donlan, 90, of Canton, formerly of Port Charlotte, Florida, and Quincy, will be celebrated Friday at 10 a.m. at Divine Mercy Parish in St. Ann's Church, Quincy.

Mrs. Donlan died peace-

fully Sept. 24 at South Shore Hospital in Weymouth.

Born in Framingham on July 11, 1931, she was the daughter of the late William and Beatrice (Phipps) Byrnes. Mrs. Donlan attended local schools and graduated high school with the Class of 1949. She continued her

education and earned her associate degree from Boston University, which afforded her a career in the medical field as a medical transcriptionist. She worked for both the Milton and Carney Hospital for 30 years. She retired in 1992.

In her spare time, Mrs. Donlan enjoyed playing bingo with her friends from the senior center, doing crossword puzzles, sudoku, and watching Wheel of Fortune and Jeopardy. A snowbird, Mrs. Donlan would spend her winters in Florida. She loved to travel and learn about other cultures. Some of her favorite trips were to Ireland, cruising on the Mississippi River and to Alaska with her late husband. One



ELIZABETH A. DONLAN

of her favorite places to visit was Maine where she often summered.

A simple person, Mrs. Donlan was reserved, independent, hardworking, and resilient. She loved having a cup of clam chowder paired with a lobster roll while sitting on the porch in Maine,

and that made her a happy person.

Mrs. Donlan was the beloved wife of the late John P. Donlan, Sr., who died in 2012. The two shared many loving years of marriage. She was the devoted mother of Mary Donlan and her partner Phillippe Ham-mou of Paris, France, Mar-jorie Ray and her husband Alan of FL, Eileen Vidrine and her husband Kent of VA, Emilie Donlan and her husband Melvin Acevedo of Waltham, and John Donlan, Jr. and his wife Cyrille of Canton. Mrs. Donlan was the loving grandmother of Noelle and her husband Joe Tuss of NJ, AJ Ray of PA,

Kate Vidrine of TX, Mat-thew Vidrine of VA, and the late William Acevedo. She was preceded in death by her brother, William Byrnes. She is also survived by many loving nieces and nephews.

Visiting hours are 4 to 8 p.m. Thursday in Keohane Funeral Home, 785 Hancock St., Quincy. A celebration of life service will be held at the funeral home at 9 a.m. on Friday.

Interment at Milton Cemetery.

Memorial donations may be made to the Canton Council On Aging, 500 Pleasant St., P.O. Box 54, Canton, MA 02021.

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO21P2352EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court

Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:

Martha S. Czarnowski

Date of Death:

08/14/2021

To all interested persons:

A Petition for **Formal Adjudication of Intestacy and Appointment of Personal Representative** has been filed by **Katherine L. Manning of Lansdale, PA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Katherine L. Manning of Lansdale, PA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 10/27/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: September 21, 2021
COLLEEN M. BRIERLEY
Register of Probate

9/30/21

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO21P2453EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court

Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:

Ho Ping Johnny Chan

Date of Death:

06/20/2021

To all interested persons:

A Petition for **Formal Appointment of Personal Representative** has been filed by **Hi Fung Chan-Wong of Quincy, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Hi Fung Chan-Wong of Quincy, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 11/03/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: September 27, 2021
COLLEEN M. BRIERLEY
Register of Probate

9/30/21

NOTICE OF PUBLIC HEARING

Case ZBA 21-67

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, October 12, 2021 @ 5:30 P.M. to consider the application of **Josh Smith** for a Special Permit to allow the construction of a new Village Medical office within the existing Walgreens in violation of Title 17 as amended, Chapter 3.1.4 (table of use regulations) on the premises numbered **418 QUINCY AVENUE, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Join Zoom Meeting

<https://us06web.zoom.us/j/85024985034?pwd=YkZDT3p4WUtqWU9KU2tpOXVSV2Nldz09>

Meeting ID: 850 2498 5034

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 850 2498 5034

Passcode: 426903

Find your local number: <https://us06web.zoom.us/j/kboDORUHHk>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

9/23/21, 9/30/21

NOTICE OF PUBLIC HEARING

Case ZBA 21-74

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, October 12, 2021 @ 5:30 P.M. to consider the application of **17-19 Holmes Street LLC** for a Special Permit/Variance to remove the existing two-family home and construct a six-unit residential building with parking under in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements) and Chapter 9.4 (special permit) on the premises numbered **17 HOLMES STREET, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Join Zoom Meeting

<https://us06web.zoom.us/j/85024985034?pwd=YkZDT3p4WUtqWU9KU2tpOXVSV2Nldz09>

Meeting ID: 850 2498 5034

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 850 2498 5034

Passcode: 426903

Find your local number: <https://us06web.zoom.us/j/kboDORUHHk>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

9/23/21, 9/30/21

NOTICE OF PUBLIC HEARING

Case ZBA 21-75

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, October 12, 2021 @ 5:30 P.M. to consider the application of **JVC Sea Street LLC** for a Variance to demolish the existing building and construct a new 24-unit residential building with parking under in violation of Title 17 as amended, Chapter 4.1 (dimensional requirements) on the premises numbered **105 SEA STREET, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Join Zoom Meeting

<https://us06web.zoom.us/j/85024985034?pwd=YkZDT3p4WUtqWU9KU2tpOXVSV2Nldz09>

Meeting ID: 850 2498 5034

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 850 2498 5034

Passcode: 426903

Find your local number: <https://us06web.zoom.us/j/kboDORUHHk>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

9/23/21, 9/30/21

NOTICE OF PUBLIC HEARING

Case ZBA 21-73

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, October 12, 2021 @ 5:30 P.M. to consider the application of **Phillip Baker** for a Finding that the addition of a one story, open covered porch is not substantially more detrimental in violation of Title 17 as amended, Chapter 3.4 (nonconforming uses and structures) on the premises numbered **298 FENNO STREET, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Join Zoom Meeting

<https://us06web.zoom.us/j/85024985034?pwd=YkZDT3p4WUtqWU9KU2tpOXVSV2Nldz09>

Meeting ID: 850 2498 5034

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 850 2498 5034

Passcode: 426903

Find your local number: <https://us06web.zoom.us/j/kboDORUHHk>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

9/23/21, 9/30/21

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OBITUARIES

Marcia Brown, 66

A funeral service for Marcia Brown, age 66, of Hull, will be held Saturday at 10 a.m. in Pyne Keohane Funeral Home, Hingham.

Ms. Brown died Sept. 22, six years after being diagnosed with stage IV lung cancer.

She was born in Hartford, CT, on Dec. 23, 1954. Ms. Brown grew up in Berlin, CT, and attended Berlin High School, Class of 1972. She graduated from Quincy College School of Nursing, cum laude, as a registered nurse, January 2012 at age 57.

Ms. Brown was the general manager of the Howard Johnson Hotel on the South East Expressway in the early 1980s, and was the owner of Petals and Pearls Wedding Florist on Washington Street in Quincy for 13 years. She was a hospice nurse at Old Colony Hospice.

She was predeceased by her sisters: Sue Brown, Holly Hadfield and Nancy Brown, niece Amy Hadfield and parents, Stanton and Dorothy Brown.

She is survived by her husband Brian King, brother Chip Brown and partner Bernie Bolton of Storrs, CT and his daughter Taylor Brown, sister-in-law Marcia Harrison and husband Steve of Bend, OR, nieces Mandy Miller of Bend, OR, Sarah Freel and husband Steve of Braintree, Kristina Hadfield,



MARCIA BROWN

Katy Hadfield Asadoorian of Methuen, nephews Seth Hungerford of Olney, MD and Todd Hungerford of Portland, CT, cousins Maranda Stitzer and husband Todd of Nokomis, FL and Ruthann Brown and Randy Rackliffe of Jackson, NH, and stepdaughters Alison Delaney of Grand Rapids, MI, Ashley Munoz-King of Sammamish, WA and their husbands Erik Delaney and Antonio Munoz-King and grandchildren Felipe and Ana Munoz-King and Nate, Caroline and Charlotte Delaney.

Thanks to her oncology team at MGB: Dr. Willers, Dr. Brastianos and NP Mahar, Dr. Shaw, Dr. Dagogo-Jack, and others along the way. And thanks to Norwell VNA Hospice for her care.

Visiting hours are 6 to 8 p.m. on Friday at the funeral home.

Interment at Hull Village Cemetery.

Memorial donations may be made to Old Colony Hospice, 321 Manley St., West Bridgewater MA 02379.

Irene M. Stokes, 90

A funeral Mass for Irene M. Stokes, 90, of Quincy, will be celebrated Oct. 4 at 10:30 a.m. in St. Ann's Church, Quincy.

Mrs. Stokes died Sept. 25.

She was born in Boston to the late Margaret (Mrószczyk) and Dominick Bereszniwicz and grew up in the greater Boston area. Mrs. Stokes graduated from Waltham High School and went on to have a long and distinguished career as an office administrator at MIB.

She was a Quincy resident for over 50 years. A devout Catholic, Mrs. Stokes regularly attended Mass at both Sacred Heart and St. Ann's Church and was often early to pray before Mass started. She had an affinity for Pope John Paul II and kept many pictures around the house.

Born a natural caretaker, Mrs. Stokes lent her strength to those in need. Her husband, Tom, struggled with a long term illness and for 8 years she gave him around the clock care. She devoted her life to her husband, children and grandchildren.

Beloved wife of 44 years



IRENE M. STOKES

to the late Thomas Vann Stokes. Devoted mother to Mark J. Stokes and his wife Nancy A. of Hull, Gary K. Stokes and his wife Nancy M. of Hanson, and the late Thomas Stokes. Cherished grandmother of Thomas J. Stokes, Nicole M. Levy, Alexander M. Stokes and Danielle L. Stokes. Loving sister to the late Phyllis Debrase and her late husband Leo and the late William "Wally" Bereszniwicz and his surviving wife, Dorothy. Mrs. Stokes also leaves behind several nieces and nephews.

Visiting hours are noon to 3 p.m. on Oct. 3 in Keohane Funeral Home, 785 Hancock St., Quincy.

Interment at Blue Hill Cemetery, Braintree.

Raymond Clark, 90

Raymond Clark, age 90, of Braintree, formerly of Weymouth, died peacefully Sept. 22 at South Shore Hospital, surrounded by his loving family.

Mr. Clark was born in Weymouth, to the late Raymond L. and Mary E. (Bourget) Clark. He was raised there and was a graduate of Weymouth High School, Class of 1949. He had lived in Braintree for forty years, previously in Quincy.

Mr. Clark was proud to have served in the United States Air Force during the Korean conflict.

He was a certified orthotist for sixty-five years. In 1979, he opened the Atlantic Prosthetic and Orthotic Company in Westport. He retired in 2004 after operating the business for twenty-five years.

Mr. Clark was a Harley Davidson motorcycle enthusiast. He also enjoyed boating and was a former member of the Town River Yacht Club in Quincy for many years.

Mr. Clark was a long-time, active member of the Church of the Holy Nativity in Weymouth where he served as an usher, eucharistic minister, and former member of the vestry.

Beloved husband for fifty-five years of Phyllis J. (DiMattio) Clark. Devoted father of Mark L. Clark and his wife Lela of North Carolina, Joseph O. Cortese of



RAYMOND CLARK

Braintree and our beloved friend Deborah Sorrentino, and Michael Cortese and his wife Grace of East Sandwich. Loving grandfather of Amber and Amanda. Cherished great grandfather of Ayden and Kimber. Dear brother of Betteann Kelly of Norwell, and predeceased by his brothers Wayne C. Clark, Lee W. Clark, and Donald Clark. Raymond is also survived by many nieces and nephews.

At the request of the family, graveside services at Mount Wollaston Cemetery in Quincy will be conducted privately at a later date.

Memorial donations may be made to the Alzheimer's Association, 309 Waverly Oaks Rd., Waltham, MA 02452.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy.

Paul D. Manning, 72

A funeral service for Paul D. Manning, age 72, of Quincy, formerly of Dorchester, will be held Friday (Oct. 1) at 10:30 a.m. at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial visitation will be held prior to the funeral service from 9:30 to 10:30 at the funeral home. Relatives and friends are invited to attend.

Mr. Manning died peacefully Sept. 17 at Hancock Park Rehabilitation and Nursing Center, in the comfort of his loving family.

He was born in Dorchester, to the late John J. and Florence L. (McCarthy) Manning. Raised in Dorchester, he was a graduate of Saint Mark's School and Boston English High School, Class of 1968.

He had lived in Quincy for many years, previously in Dorchester for most of his life.

Mr. Manning retired from the former New England Telephone Company and also worked for Lombardo's in Randolph for 30 years.

He loved baseball and was an avid fan of the Boston Red Sox. He worked as an umpire for many years. Paul was also an extra in both movies and television shows, including Field of Dreams and Spenser: For Hire.

Beloved husband of Margaret E. "Margo" (Der-



PAUL D. MANNING

mody) Cowell.

Devoted father of Shanna A. Lawton and her husband Mateo of Wilmington, NC.

Loving Grampy of Shaelyn and Mackenzie.

Dear brother of John J. "Jack" Manning and his wife Rita of Quincy, Michael Manning and his wife Mary Jo of Marshfield, James Manning and his wife Lori of Pembroke, Richard Manning and his wife Christine of Duxbury, and the late Robert J. Manning. He is also survived by many nieces and nephews.

Mr. Manning also leaves behind his and Margo's cat, Greylea.

Paul's interment will take place privately.

Memorial donations may be made to the Wounded Warrior Project, P.O. Box 758516, Topeka, KS 66675-8516.

LEGAL NOTICE

CITATION

Docket No. 21P0901PM
Commonwealth of
Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
Case Name:
Claire Moccio

To all interested persons:
A Petition has been filed by:

Karen J. Kearns, Esquire
of Cambridge, MA
requesting:

Petition for Sale of Real Estate for reasons more fully stated in said petition.

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on 10/06/21. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you.

WITNESS, Patricia A. Gorman, First Justice of this Court.

Date: September 28, 2021
COLLEEN M. BRIERLEY
Register of Probate

9/30/21

Student Charged With Bringing Handgun To School

By SCOTT JACKSON

A student in Quincy Public Schools' GOALS program was arrested Monday for allegedly bringing a handgun into the building, Supt. Kevin Mulvey said in a letter to the school community.

In his letter, Mulvey said the student admitting having the handgun with them inside the GOALS building - which is located on Hunt Street in North Quincy - to school staff. The student then fled to the North Quincy MBTA station where they boarded a train. The train was stopped before leaving the station, however, and the student was arrested without incident.

"This morning, a student at the GOALS program was found to be in possession of a weapon, specifically a handgun. The student was

quickly removed to an administrative area of the building and the student admitted to having a handgun on their person because of safety concerns outside of school. A GOALS administrator alerted the Quincy Police Department, Director of Safety & Security Michael Draicchio, and me," Mulvey wrote.

"Anticipating the Quincy Police Department's arrival, the student fled from the GOALS building to the North Quincy MBTA station and boarded a train. The Quincy Police Department notified the MBTA Police and the train was stopped before departing the station. After a search of the train, the student was identified and arrested without incident at the North Quincy MBTA station and the handgun was confiscated by the

police."

Mulvey thanked school staff and police for their response to the incident.

"My sincerest thanks go to the staff of the GOALS program, due to their actions and the support of the Quincy Police Department and the MBTA Police Department, this very serious event ended without injury to any member of the community. As you know, safety and security is very important to all of us here at Quincy Public Schools and I want to stress that the student did not threaten any staff members or students at any time," he said.

"Please contact me at kevinmulvey@quincypublicschools.com or at 617-984-8701 if you have questions or concerns."

More Obituaries online at
www.TheQuincySun.com

SUN FUN PAGES

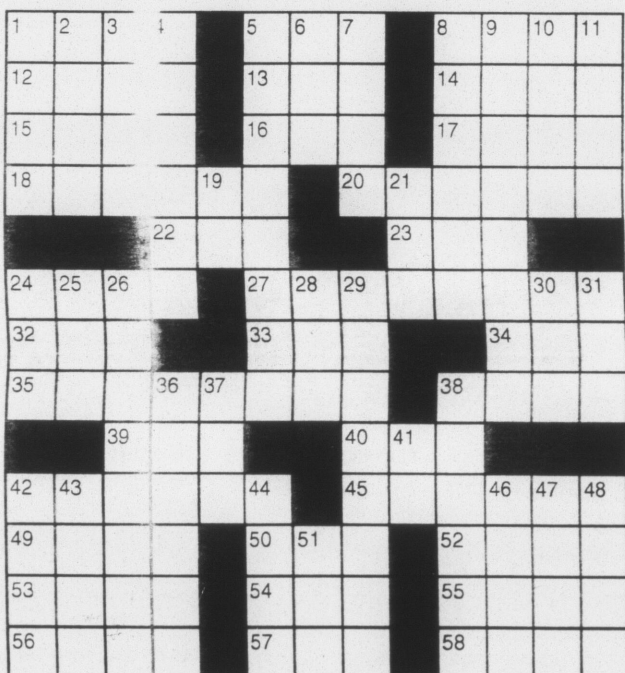
King Crossword

ACROSS

- 1 "Arrived" i
5 Jazzy st
8 Wild gue
12 Slender
13 Piercing ol
14 Brownist ur-
ple
15 In — ven s
16 Corp. bo s
17 Desertlik
18 Nowhere ille
20 Saint Pa k's
Day ever
22 Hide-hair insert
23 Nine-digi ID
24 Engrosse t
27 Promptly
32 Wedding words
33 Expert
34 Granada old
35 "Wonder Woman" actress
38 Remain
39 Beer bar
- 40 Stolen
42 Alpine home
45 Casts out
49 Opera set in
Egypt
50 Guffaw syllable
52 Lavish party
53 Espy
54 Reuben bread
55 Kismet
56 Sparkling
Italian wine
57 German con-
junction
58 Lean-to
- 10 Battery fluid
11 Eliot's "Adam"
—
19 Rejection
21 Bat wood
24 Predetermine
25 Oklahoma city
26 Bikini pattern
28 Sgt., for one
29 Tied down
30 Mouths (Lat.)
31 Playpen item
36 Trattoria des-
serts
37 Candle count
38 Refuses to pay
41 Symbol of
strength
42 Juanita's home
43 Swinging
joints?
44 Drive- — win-
dow
46 Wife of Jacob
47 Diminutive suf-
fix
48 Burpee buy
51 Novelist Rand

DOWN

- 1 Answer an
invite
2 Hodgepodge
3 Behave
4 Quantity
5 Scenic route,
often
6 Have bills
7 Fall into a chair
8 Meager
9 Puccini opera



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MAGIC MAZE • ROOT VEGETABLES

H J H E B Y V P T Q O L I G D
B Y W R T R P O M K I F D T B
T Y W U S U S T Q O M K I O F
D E G T O O R A C C U Y K R B
Z X E A W U S T Q O N L E R J
H E F B R D O O C H A G E A Y
B I B A R L H O K S N W L C V
T S Q G L A I P N I L O K I H
F E C A B Z G C G D Y W I V U
S R H P I N R U T A Q P N N M
L S M A Y P I N S R A P J I O

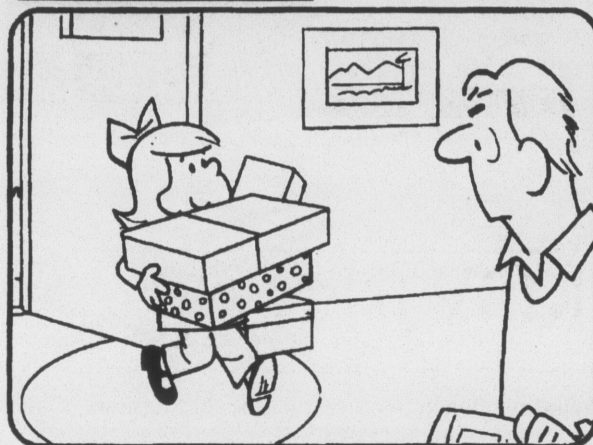
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: BUGS BUNNY'S FAVORITE FOOD

- | | | | |
|----------|---------|------------|------------|
| Beets | Leek | Radish | Turnip |
| Garlic | Onion | Rutabaga | Yams |
| Ginger | Parsnip | Shallot | Yucca root |
| Kohlrabi | Potato | Sugar beet | |

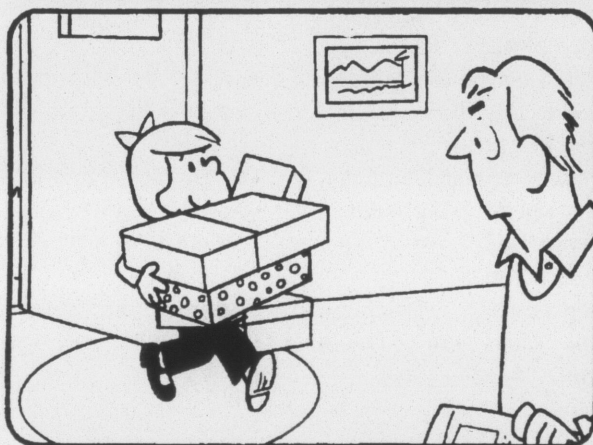
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Bow is smaller. 2. Nose is different. 3. Button is added. 4. Hair is changed. 5. Frame is smaller. 6. Pants are different.

Trivia test

by Fifi Rodriguez

- GEOGRAPHY: What is the second largest island in the Hawaiian Islands?
- TELEVISION: Which popular 1980s-90s sitcom featured characters named Sophia, Dorothy, Rose and Blanche?
- HISTORY: Which country hosted the first Olympics?
- MUSIC: How many African-American singer/songwriters have won a Grammy for Album of the Year?
- MOVIES: Which 1990s film featured a twist contest at a restaurant called Jack Rabbit Slim's?
- COMICS: What was the name of the Daily Planet editor in "Superman" comics?
- CHEMISTRY: Which

English chemist is credited with discovering hydrogen?
8. LITERATURE: Hamlet (Shakespeare) was the prince of which country?
9. GAMES: How thick is a puck used in the National Hockey League?
10. ANIMAL KINGDOM: What kind of animal is used to hunt truffles?

Answers

- Maui
- "The Golden Girls"
- Greece, in 1896
- Ten in the history of the awards. Stevie Wonder was the first in 1974.
- "Pulp Fiction"
- Perry White
- Henry Cavendish
- Denmark
- 1 inch
- Pigs

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Wishing Well®

8 6 8 4 6 3 4 6 3 2 5 6 7
D N I T O T A T E L B E I
2 3 7 5 6 5 8 6 2 3 6 2 7
O N N E F C S R V S O E C
3 7 6 8 4 2 4 3 4 8 6 4 2
I R M P K O E O A E A C F
6 2 3 7 3 7 3 6 3 6 8 7 8
D H N E R A E E D A L S I
5 2 6 2 3 2 8 7 4 7 6 7 3
H O R M U E L E H I F N C
8 6 7 4 5 4 7 8 4 6 7 4 3
L R W A O N A U C I G E E
6 8 5 3 7 6 8 7 5 6 5 8 8
E S O D E N I S S D Y O N

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) Cosmic changes create a potential for disruptions in your travel plans. In the meantime, you might want to consider shifting your focus to another area of your life that needs attention.

TAURUS (April 20 to May 20) It's a good time for beauty-loving Bovines to enjoy something special for the senses. It will restore your spirit and return you to the workaday-world ready for the next challenge.

GEMINI (May 21 to June 20) With your planetary ruler, Mercury, going retrograde, you might want to slow down the pace in pursuing some of your projects. Rushing things could be counterproductive.

CANCER (June 21 to July 22) Tensions begin to ease in those once-testy relationships. This helps create a more positive aspect all around. Expect to hear news that could lead you to rethink a recent decision.

LEO (July 23 to August 22) The pace of activity that had slowed last week now begins to pick up. This is good news for Leos and Leonas who have career-building plans that need to be put into operation.

VIRGO (August 23 to September 22) Venus offers encouragement to romance-seeking Virgos who are ready to get up, get out and meet more people, one of whom could be that long-sought soul mate.

LIBRA (September 23 to October 22) An ongoing problem with a co-worker might need to be sent to arbitration. Get all

your facts together so that you have a solid base from which to make your argument.

SCORPIO (October 23 to November 21) You are usually decisive about most matters. But you might want to defer your decision-making this week until you get more facts. Someone is holding out on you.

SAGITTARIUS (November 22 to December 21) That quiet period is ending, and a new burst of activity creates some problems at the workplace. But things are soon resolved, and everything goes back to normal.

CAPRICORN (December 22 to January 19) Relationships could be either helpful or hurtful as you pursue your career goals. You might have to make some difficult choices depending on what your priorities are.

AQUARIUS (January 20 to February 18) You might still have some doubts about a career move that could involve a lot of travel. If so, continue to check things out until you feel secure about making a decision.

PISCES (February 19 to March 20) Love rules, as Venus continues to exercise her cosmic influence on both single and attached Pisces. New developments might cause you to change your travel plans.

BORN THIS WEEK: You often think of others before you consider your own needs. You enjoy helping people and would make a fine teacher or caregiver.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: N equals H

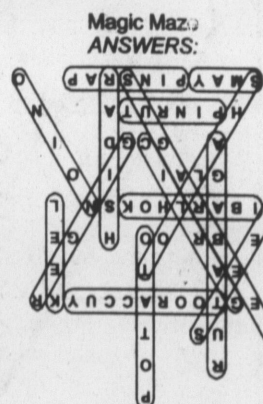
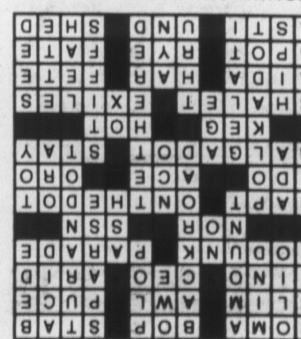
C SKTA B YMO ANT PNBKYJW
NCW DRBPJ TZ EJWCXJKPJ JLJEO
PTMDRJ TZ AJJSW.
NJ'W LJEO MKWJIIRCKY.

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King Crossword

Answers

Solution time: 25 mins.



CryptoQuip

answer
He's very unsettling.
couple of weeks.
his place of residence every

S
E
P

3
0

2
0
2
1

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD — Francis Ford Coppola won five Oscars before he was 36 and is now 82 years young. He intends to “put my money where my mouth is” in making his next film, “Megalopolis.” He’s even willing to put up whatever he can’t raise of the \$120 million budget, vowing, “I’m prepared to match outside financing.” Of his past 10 films (since 1986), only “Peggy Sue Got Married” (1986), “The Godfather Part III” (1990) and “Bram Stoker’s Dracula” (1992) were successful. His last film, “Twixt,” made in 2011, was a horror film with Val Kilmer, Bruce Dern, Elle Fanning and Ben Chaplin, which earned only \$1.3 million of its \$7 million budget. What has sustained Coppola financially for all these years, besides his Coppola wine, is earnings from the 1979 film “Apocalypse Now.” He explains, “It’s been a big money-maker because I own the negative. The reason I own the negative is because nobody wanted it!” Coppola’s betting his own money that “Megalopolis” will be a big hit and possibly his swan song. He’s rounding up a first-class cast that includes Oscar-winners Cate Blanchett, Forest Whitaker, Jessica Lang and Jon Voight, as well as Zendaya, Michelle Pfeiffer and, for good measure, his “Godfather” Sonny Corleone, James Caan. We’re pulling for you Francis, you’re a great director and screenwriter, and we need you as much as you need this.

Jason Statham is producing another edition of “The Expendables,” starring Sylvester Stallone, Dolph Lundgren, Randy Coltrane, and of course, Statham himself.

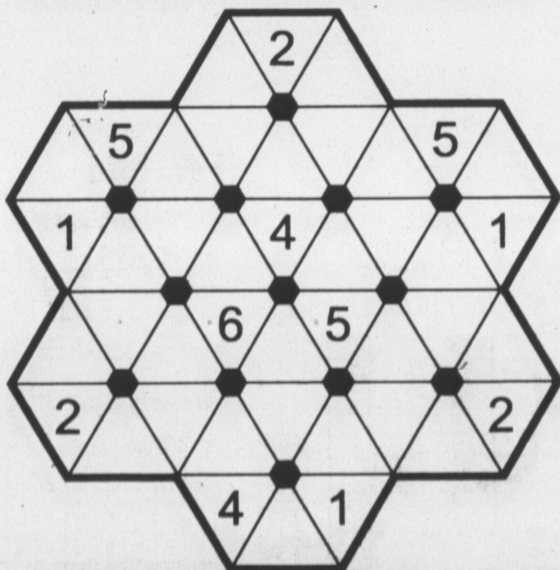
Another great talent struggling to continue working movie magic is Frank Oz. As a performer, he created some of our most beloved characters. His unforgettable characters for “Sesame Street” include Miss Piggy, Cookie Monster, Grover, Fozzie Bear and Bert, to name a few. Oz dominated eight Muppet movies, was the voice of Yoda in a slew of “Star Wars” films and was visible onscreen in “Knives Out” (2017) as Alan Stevens. As a director, he helmed “The Dark Crystal” (1982), “The Muppets Take Manhattan” (1984), “Little Shop of Horrors” (1986), “Dirty Rotten Scoundrels” (1988), “What About Bob?” (1991), “In & Out” (1997), “Bowfinger” (1999) and “The Stepford Wives” (2004), to name just some of his hits. When Disney bought Jim Henson’s characters in 2004 (but not the “Sesame Street” gang), Frank Oz found he was considered expendable. He laments, “They don’t want me because I won’t follow orders and do the kind of Muppets they believe in. The soul’s not there, the soul is what makes things grow and be funny!” Maybe Frank Oz should go to Warner Brothers (they own “The Wizard of Oz”). Maybe he can be the NEW “Wizard of Oz”!

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	-		x		25
÷		x		x	
	x		+		22
x		-		+	
	+		x		16
28		26		22	

1 2 2 3 4 5 7 8 9

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KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Window Bench — Everyone knows what a bench is, but what is a window bench? Many homes in earlier centuries had windows set in alcoves in a large open room like a hall or living room. The bench was narrow enough and the seat low enough to avoid blocking the window. The typical French bench had curved or turned legs, a shaped stretcher and the arms were more like raised handles on the sides. It is a low, wide chair without a back. Most window benches were upholstered for comfort and to improve the look of the window. A Provincial Louis XVI fruitwood window seat was sold at a New Orleans auction for \$1,625. It was 29 inches high by 43 inches wide. There are few rooms with window alcoves, but window benches are just the right size to stay at the end of a bed.

Q: How can I find out if my majolica plates are authentic and what their value is? I have five majolica plates, each with a large raised leaf. Some of the plates are leaf shaped and some are round. They are yellow with green and brown or tan leaves.

A: The term “majolica” was first used to describe tin-glazed earthenware made in Spain in the 14th century. Designs look painted on. A different kind of majolica, with molded designs, was made in England by Minton beginning in 1851. It became popular during the Victorian era and was made by manufacturers in several countries. New, reproduction majolica has been made since

the 20th century. Collectors look for Victorian majolica. Older pieces are heavier than reproduction majolica, the painting is more carefully done and the body under the glaze is colored, not white.

Q: The metal drawer pulls on my antique dresser are marked “RD 769778, Made in England.” I can’t find anything about this online. What can you tell me about it?

A: This number is an English design registry number and indicates the design for the hardware was registered in 1905. This helps date your dresser since it could not have been made before 1905. Look on the bottom or the back of the dresser for a maker’s name or mark. It may give a better idea of age. The handles are copies of a 19th-century style.

CURRENT PRICES

Bookends, Old Salt, fisherman, yellow slicker, rain hat, cast iron, painted, 7 inches, pair \$95.

Fenton carnival glass water pitcher, Fluffy Peacock pattern, ruffled rim, applied green glass handle, c.1910, 9 3/4 inches, \$200.

Advertising thermometer, We Recommend Ex-Lax for Constipation, The Chocolate Laxative, tin, blue ground, 39 x 8 inches, \$360.

TIP: Fasten hooks and eyes before washing vintage clothes.

For more collecting news, tips and resources, visit www.Kovels.com.

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STICKELERS

by Terry Stickels

Bob drives his scooter 2.5 times as fast as Bibi runs. Together they cover a total of 42 miles in one hour.

What is their combined distance if Bob drives his scooter for 1/2 hour, and Bibi runs for 1 1/2 hour?

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Strange BUT TRUE

• The Chocolate River in the “Willy Wonka and the Chocolate Factory” was real! The production used 150,000 gallons of water, cream and chocolate. But the ingredients spoiled and smelled really bad when the movie ended.

• Studies have shown that playing Tetris can curb sex, drug and food cravings.

• C.S. Lewis coined the term “verbicide” to denote the killing of a word or distortion of its original meaning.

• A Vietnamese man was hospitalized after drinking too much methanol. Doctors transfused 15 cans of beer into his body to revive him. The liver breaks down ethanol before methanol, which gave doctors more time to do dialysis to remove the methanol from his system.

• The University of Oxford is older than the Aztec Empire.

• Santa Claus was issued a pilot’s license from the U.S. government in 1927,

along with airway maps and a promise to keep the runway lights on.

• The fighting on D-Day was so fierce that as much as 4% of the sand on Normandy beaches is magnetic due to shrapnel that has been broken down over the decades into sand-sized bits.

• Only official members of federally accepted Native American tribes may legally possess or collect eagle feathers.

• During a game, Babe Ruth would place a cabbage leaf under his cap to keep cool under the sun, replacing it every inning or two.

• Instead of kissing his bride, Edward II of England sealed his wedding vows with a smooch to his lover, Piers Gaveston, 1st Earl of Cornwall.

• A house cat could beat superstar runner Usain Bolt in the 200-meter dash.

Thought for the Day: “Never worry about numbers. Help one person at a time and always start with the person nearest you.” — **Mother Teresa**

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Now here’s a tip!

by Jo Ann Derson

• Keep the yolks in hard-boiled eggs from crumbling by wetting your knife between slices.

• “Save plastic bags that cannot be recycled, and use them to collect food scraps that cannot be composted or flushed.” — **B.M. in New York**

• “I use double-stick tape to hang lighter items on my walls, since it does not leave a hole, and I am a renter. You also can use it to reduce noise from vibrations. For instance, I used it in my car to keep the carpet lying flat in the trunk.” — **J.T. via e-mail**

• “To soften butter without melting it, warm a bowl that is bigger than the butter stick and invert it over the butter on a plate. It’s nice before a meal because it makes a hard stick of butter easier to spread on

bread rolls, but not so soft that you use too much.” — **T.G. in Indiana**

• “That time of the year is almost here. You know, the time when running the heater gives the whole house the zaps. To keep our carpets from giving us static shock, we fill a water spray bottle with 1 part laundry softener and 4 parts water. Give the air and carpet a spritz, and it kills the zaps.” — **A.O. in Canada**

• “Hard-water stains in the toilet are no match for denture tablets. Simply drop one in the toilet and let sit overnight. A quick scrub and a flush in the morning should do it.” — **P.S. in Washington**

Send your tips to Now Here’s a Tip, 628 Virginia Drive, Orlando, FL 32803.

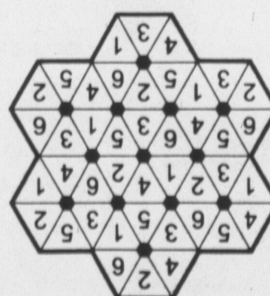
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Go Figure! answers

22	26	28
16	2	7
2	x	1
+	-	x
22	9	2
x	+	+
25	x	8

Sticklers Answer
The answer is 33 miles.

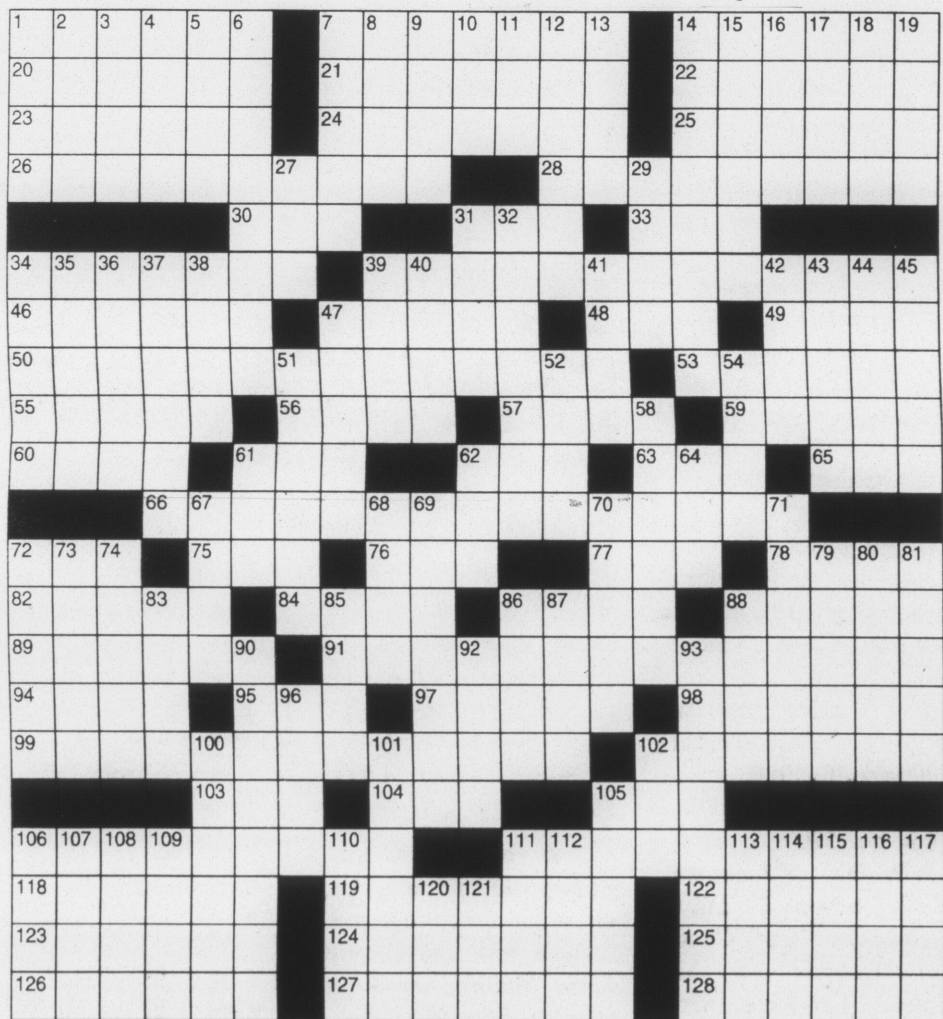
SNOWFLAKES solution



Super Crossword

OPENING FROM PAUL

- ACROSS**
- 1 Prickly plant
7 Seaport in Argentina
14 Aim high
20 Musician using reeds
21 The Who's "The Kids Are..."
22 "Frozen" studio
23 Less pudgy
24 Bertie created by Wodehouse
25 Piddling
26 Like adults
28 "Oops, I'm at fault here"
30 — Angeles
31 — Paulo, Brazil
33 Hairy "Addams Family" cousin
34 Locker-room motivator
39 Is distressed over
46 Declare
47 Opposite of 60-Across, in France
48 Pantry insect
49 Java holders
50 Looked like
53 Ontario metropolis
55 Loses control
- 56 Baba au — (alcoholic cake)
57 Sportscaster Albert
59 Declare
60 Direction of sunrise
61 Crack pitcher
62 Explosive stuff
63 Actor Holm
65 NYT staffers
66 "You think I didn't already know that?"
72 Put down, to a hip-hopper
75 Hoppy brew
76 Ltd., in the U.S.
77 U.S. spy gp.
78 Gelatin in petri dishes
82 Put into effect
84 By — of (due to)
86 Sturdy — oak
88 Geography class spinner
89 Like the sky's color
91 A long time from now
94 Sound off
95 Sendai sash
97 Former U.N. chief Kofi
98 Last Greek letters
- 99 Popular Christmas hymn
102 Paramount
103 Suffix for hexa-
104 Canonized
105 Note below la Mlle.
106 Title song lyric followed by the first words of seven answers in this puzzle
111 Group that had a #1 hit with
106-Across
118 Be a pilot
119 Gory film
122 Most parched
123 Small finger
124 Exit ramp
125 Restlessness
126 Precipitates pellets
127 Brings in from abroad
128 Human
- DOWN**
- 1 Pepsi, e.g.
2 Cain's sibling
3 Fuel that can get shoveled
4 Crystal-hitting sound
5 Exploiter
6 Sauntered
7 Grassy yards
8 Baseball's
9 Stage object
10 Fleur-de-
11 T-man, e.g.
12 Organized crime
13 "Give it —"
14 Ours, as an error
15 Noon nap
16 Exam for jrs.
17 Actress
18 Smell
19 Brontë's Jane
27 Stir-fry pan
29 Outward appearance
31 Passable
32 Fall seasons
34 Out of style
35 Justice Kagan
36 Entreaties
37 Seduces
38 Gets older
39 Ballet skirt
40 Diane who hosted a longtime NPR show
41 Actor Bert
42 Ram into
43 Sound off
44 Not married
45 Pre-Soviet rulers
47 Actor Milo
51 Formed an upward curve
52 Airport part
54 Ditty
58 Brand of eye drops
61 Hole tool
62 Mom's forte, for short
64 Alicia of "Falcon Crest"
67 Stable feed
68 Fey of "Date Night"
69 Contest
70 Investor Carl
71 Journalist Cronkite
72 Messing of "Will & Grace"
73 Relative via marriage
74 Spa hot spot
79 Extort from
80 The "A" of James A. Garfield
81 Shortstop
83 Large town
85 "Correct me — wrong"
86 Comic Meara
87 Asterisk
88 Forrest played by Tom Hanks
90 Toasted people, e.g.
92 Playwright William
93 Bungled
96 Nuptial ring
100 "OK already!"
101 Safe place
102 Weep
105 Feudal workers
106 Flaps one's gums
107 Demonic
108 Trig topic
109 Grab hold of
110 Italian wine town
111 Marvel hero
112 Lift to test the weight of
113 Obama cabinet member
114 Arena level
115 Meadows
116 Gas brand in Canada
117 Anna of "Nana"
120 Dada artist
121 — cone



Celebrity extra

by Dana Jackson

Q: I see actress Megan Fox being photographed with her boyfriend a lot, but I don't see anything new about her ex, Brian Austin Green. Does he have a girlfriend? — P.O.

A: It's been almost a year since Megan Fox filed for divorce from Brian Austin Green and started dating rapper/actor Machine Gun Kelly (birth name Colson Baker). The two met during the making of the little-known film "Midnight in the Switchgrass" and have been joined at the hip ever since. Brian Austin Green, who is best known for playing David Silver on the original Aaron Spelling series "Beverly Hills, 90210," had some paparazzi tailing him soon after the split when he was having lunch with Courtney Stodden, but she denied any romantic connection. Green has since been in a seemingly healthy relationship with long-time "Dancing with the Stars" pro Sharna Burgess. In fact, it's going so well that the couple is paired up together on the current season of "DWTS," which airs Monday nights on ABC.

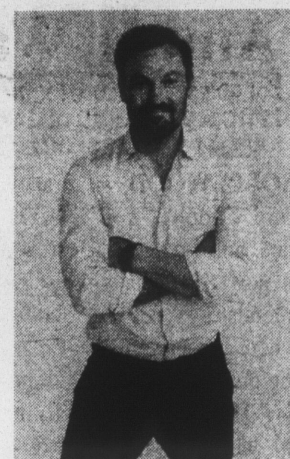
Q: How old is Angela Bas-

sett? I saw her being interviewed at the Emmy Awards, and I didn't even recognize her. She's always looked fabulous, but she looks even younger than she did in the movie "Waiting to Exhale," and that was decades ago. — G.T.

A: Angela Bassett has clearly discovered the fountain of youth, because you'd never know she's 63 years old. She's gone on to have an impressive career in Hollywood, but has yet to win a well-deserved Oscar. She was nominated for her portrayal of Tina Turner in the film "What's Love Got to Do with It" in 1993 and earned rave reviews in "Malcolm X," "Boyz in the Hood" and "How Stella Got Her Groove Back," but the gold statue eludes her. As for her personal life, Bassett has been married to fantastic character actor Courtney B. Vance ("American Crime Story") for a quarter century after meeting him in college at Yale. Her next project — and a shot at the Oscar — is a role in what is sure to be another smash hit for Marvel, "Black Panther: Wakanda Forever."

Q: Is Matthew Fox returning to television anytime soon? I loved him on "Party of Five" and then "Lost," but he seems to have disappeared. — L.L.

A: Matthew Fox first came on the scene as the elder



Brian Austin Green

Photo Credit: ABC/Maarten de Boer

brother of the orphaned Salinger siblings in the 1990s drama series "Party of Five," but "Lost" was a phenomenon all its own. He played the leader of stranded plane crash survivors on the hit ABC series, but when that ended in 2010, Fox announced he was done with television.

Fortunately, he found another project that piqued his interest in the upcoming Peacock series "Last Light," based on the apocalyptic novel by Alex Scarrow. The show is run by "Friday Night Lights" producer John Ziman and will co-star Joanne Froggatt as Fox's wife.

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFSW, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|-----------------------|---------------|----------------------|---------------|
| 1. Financial review | _____ T _____ | Of the ear | _____ O _____ |
| 2. Cavort | _____ A _____ | Charming or Hamlet | _____ I _____ |
| 3. Needle's string | _____ D _____ | Intimidation | _____ T _____ |
| 4. Mason's block | _____ C _____ | Invigorating | _____ S _____ |
| 5. Gawked | _____ T _____ | Afraid | _____ C _____ |
| 6. Courtroom official | J _____ | Creamy confectionery | F _____ |
| 7. Vacation getaway | _____ S _____ | Teacher's evaluation | _____ P _____ |
| 8. Dinner napkin | _____ N _____ | Ocean cruiser | _____ R _____ |
| 9. Runway walker | M _____ | Swiss song | _____ Y _____ |
| 10. Luggage handler | _____ R _____ | Wizard Harry | _____ T _____ |

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Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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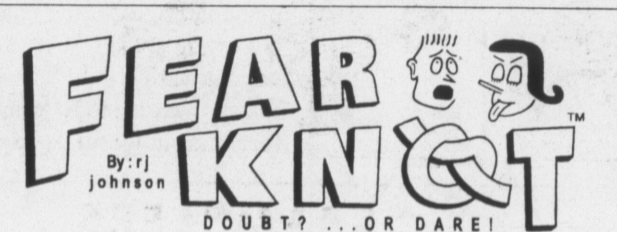
Super Crossword

Answers



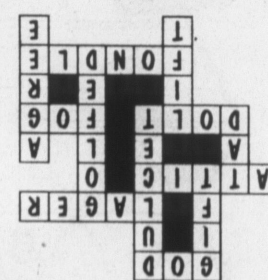
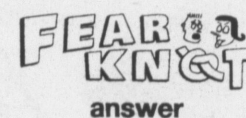
Even Exchange answers

- | | |
|-------------------|--------------------|
| 1. Audit, Audio | 5. Stared, Seared |
| 2. Prance, Prince | 6. Judge, Fudge |
| 3. Thread, Threat | 7. Resort, Report |
| 4. Brisk, Brisk | 8. Linen, Liner |
| 9. Model, Vodel | 10. Porter, Potter |



- TDA
TUCGLE
♥ARLEG
♥TILF
♥DEFNOL
GFO
TGFI
♥CATTI
♥GDO
FODGLE
♥REGEA
♥LTDO

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.



Weekly SUDOKU

Answer



S
E
P

3
0

2
0
2
1

MORE SUN FUN

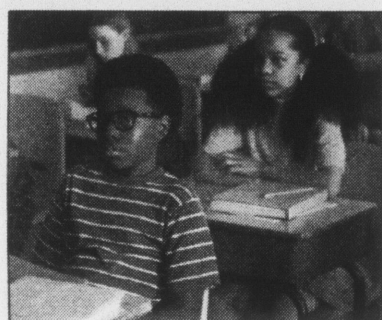
COUCH THEATER BY RACHEL ROSE

The Wonder Years — It's the 1980s sitcom reboot we didn't know we needed until it was announced earlier this year. But this reboot is not a continuation of the lives of Kevin Arnold and his family of the late 1960s. Instead, the beloved series will follow the day-to-day lives of the Williams family of Montgomery, Alabama, in the late 1960s. The Williamses are a Black family, so while the show will cover many of the same plot lines centered around the 12-year-old son, Dean, it will be from a wholly different cultural perspective. Don Cheadle plays the adult version of Dean narrating the stories of his tween years. Premieres Friday, Sept. 24. (ABC)

Vendetta: Truth, Lies and the Mafia — While we wait patiently for the upcoming "Sopranos" prequel, take a gander at this Netflix original true-crime docuseries about a Sicilian anti-Mafia movement. One arm of it is led by Silvana Saguto, a prominent anti-Mafia judge; the other by journalist and TV host Pino Maniaci. He claims that Saguto is actually her own self-made Mafia branch, profiting off corruption by keeping money seized from Mafia businesses for herself. Saguto, of course, then claims Maniaci is a Mafia lackey out to destroy her professional career. Both were ultimately charged with various crimes, and both claim they are the real victim. It's a fascinating look into the grey area between corruption and opportunity. Much of the series is in Italian, so subtitles are involved. (Netflix)

Ahir Shah: Dots — A Max original special, "Dots" is the latest stand-up special by Ahir Shah, taped over two shows in a London West End theater. The Cambridge-educated comedian addresses topics ranging from phi-

losophy and faith, English colonialism and his yet-to-be-born children to internet hostility, cigarettes and his own depression, interspersed with laugh-out-loud gags. Believe me, it's much funnier than it sounds. Premieres Thursday, Sept. 23. (HBOMax)



Scene from "The Wonder Years"

Foundation — If you've been looking for a new highly complex future-world drama to provide workplace water cooler fodder for the next few years, try "Foundation." Based on the Isaac Asimov sci-fi trilogy of the same name, it describes the demise and revival of an immense galactic empire, presents the rise of science as the new faith for humankind, and introduces the fictional concept of psychohistory. Yeah, it's complex. (Apple TV)

In Case You Missed It Mourning Son — Jane's Addiction guitarist Dave Navarro suffered a horrific tragedy at age 15 when his mother was murdered in their home by her ex-boyfriend. In this 2015 documentary, Navarro tells how his life was abruptly altered forever by this event. It's an exceptionally honest and introspective disclosure, and includes interviews with family members as well as footage of Navarro's own therapy sessions as he tries to work through his ongoing grief. The movie is not rated, but be forewarned this is certainly not for kids or tweens. Strong language, graphic crime-scene photos and intense emotional topics abound. (Prime Video)

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Contract Bridge

ASLEEP AT THE SWITCH

South dealer.
Neither side vulnerable.

NORTH		EAST	
♠ J 7 2		♠ A 10 9 8 4 3	
♥ J 9 3		♥ K Q 7	
♦ K 10 7		♦ A 5	
♣ A Q 10 5		♣ 7 6	
WEST		SOUTH	
♠ K Q 5		♠ 6	
♥ 10 8 6 5 2		♥ A 4	
♦ 4		♦ Q J 9 8 6 3 2	
♣ 9 8 4 2		♣ K J 3	

The bidding:

South	West	North	East
1♦	Pass	2♦	2♦
3♦	3♦	4♦	4♦
5♦	Pass	Pass	Dble

 Opening lead — king of spades.

Bridge is a game that demands continuous concentration. Mechanical play is certain to produce many poor results that could have been averted.

Take this case where South arrived at five diamonds doubled on the bidding shown. West led the king of spades and continued with a second spade, ruffed

by declarer. The ace of diamonds was then driven out, after which declarer took the rest of the tricks, discarding his losing heart on dummy's fourth club.

As can be seen, the contract could have been defeated. All West had to do was to shift to a heart at trick two. Then East could not have been stopped from scoring a heart trick, and South would have gone down one.

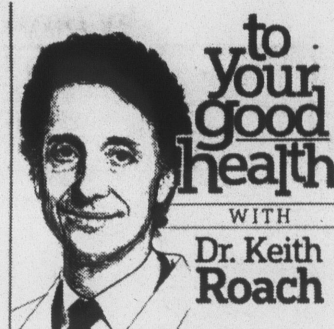
Perhaps West should have found the heart shift at trick two, but our contention is that the outcome was primarily East's fault. He was in a far better position than his partner to visualize just how the defense might take three tricks. For this reason, East should have overtaken the king of spades with the ace at trick one and shifted to the king of hearts to establish the setting trick.

The winning play is not difficult to find. Given the bidding, overtaking the first spade cannot cost a trick. West must have three or four spades for his raise. If West has four spades, declarer will ruff the opening lead; if West has three spades, the defense cannot score more than one spade trick.

Thus, East can lose nothing by overtaking the first spade in order to make the killing heart shift. All that's required is that he be totally focused at trick one.

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by Steve Becker



High Blood Pressure Can Thicken Heart Wall

DEAR DR. ROACH: What is the difference between eccentric LVH and concentric LVH? Which one is more dangerous and needs more attention? My mother was diagnosed with severe eccentric LVH for body surface area with adequate systolic and diastolic functions. What does that mean? -- C.F.

ANSWER: The left ventricle is the chamber of the heart that pumps blood to the entire body, except for through the lungs; that is the job of the right ventricle. When the job is too hard, usually because of high blood pressure, the left ventricle hypertrophies, meaning its walls get thicker as a response to the increased workload. That hypertrophy can be symmetrical (concentric) or asymmetrical (eccentric). Early on, the left ventricle can still do its two jobs despite the hypertrophy: It can push out all the blood the body needs (that's the systolic function), and relax under low pressure (that's the diastolic function). Your mother has adequate systolic and diastolic function, so she is not in heart failure at this time.

If LVH is not treated, it tends to get worse. Usually the diastolic function fails first, and the left ventricle, being thick and stiff, requires higher pressure to relax properly and allow the blood to flow in from the left atrium. The major symptom of diastolic heart failure (now called "heart failure with preserved ejection fraction," or HF-pEF) is shortness of breath, especially with exertion. Some people may progress to having both systolic and diastolic failure ("heart failure with reduced ejection fraction," HF-rEF), where fatigue becomes a major symptom. Swelling of the legs and increasing nighttime urination are additional symptoms.

It's not good to have either eccentric or concentric LVH, but cardiac physiologists note that concentric LVH gives the heart less ability to adapt to increased stress and has a worse prognosis. Both situations need to be treated as rapidly as possible to allow the heart to return to a more normal state. Blood pressure reduction -- whether through diet, weight loss, salt restriction, stress management, pharmacologic therapy or a combination -- is the primary treatment. Some

Puzzles4Kids CODED RIDDLE

by Helene Hovanec

Change each letter to the one that comes immediately BEFORE it in the alphabet to find a riddle and its answer.

Here's a copy of the alphabet to guide you:

ABCDEFGHIJKLMNOPQRSTUVWXYZ

XIZ XBT UIF SPQF MBUF GPS EJOofs?

JU HPU UJFE VQ BU UIF PGGJDF.

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blood pressure medications are more effective than others in helping the heart return to a more normal state, and high blood pressure experts often choose agents that are more effective in those people with LVH, especially concentric LCH, on echocardiogram. ACE inhibitors and beta blockers are typically a part of first-line treatment.

DEAR DR. ROACH: I have been prescribed Janumet XR and am concerned if this drug is addictive. I do not want to be on this medication long-term. Can I get my diabetes under control by weight management and diet? -- S.S.

ANSWER: Janumet is a combination of Januvia (sitagliptin) and metformin (Glucophage). Together these drugs work to reduce sugar made by the liver and to increase release of insulin by the pancreas. Janumet is not addictive.

Many people are able to control diabetes through careful management of diet and weight control (exercise is the other important lifestyle management tool); however, depending on where your sugar levels have been, your doctor may have decided to put you on medication now to protect your body. It's possible for many patients to get off medications, but it requires a real commitment: a big change in diet and exercise, usually with significant weight loss.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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Puzzles4Kids Answer

Why was the rope late for dinner?
It got tied up at the office.

Comfort foods

Made fast and healthy



by Healthy Exchanges

Spinach Apple Toss

You might not think that spinach and apples go together — but one bite of this ultra-easy salad and you'll quickly change your mind!

- 8 cups fresh spinach leaves, stems removed and discarded
- 1 cup cored, unpeeled and sliced Red Delicious apples
- 1/4 cup bacon bits
- 1/2 cup fat-free mayonnaise
- 1/2 cup unsweetened apple juice

In a large bowl, combine spinach, apples and bacon bits. In a small bowl, combine mayonnaise and apple juice. Add dressing mixture to spinach mixture. Mix gently to coat. Serve at once. Makes 4 (1 1/2 cup) servings.

• Each serving equals: 114 calories, 2g fat, 4g protein, 20g carb., 555mg sodium, 2gm fiber; Diabetic Exchanges: 1 Vegetable, 1 Fruit, 1/2 Starch, 1/2 Meat.

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1. Which artist wrote and released "I Can Help"?
2. What band started out as Steel Mill?
3. Name the group that had a Jewish drummer, an English guitar player, a Black man on bass and a gay Irish man for a lead singer.
4. Debbie Gibson was the youngest artist to ever write, produce and perform a chart topper by herself. What was the song?
5. Name the song that contains this lyric: "Faded photograph, covered now with lines and creases, Tickets torn in half, memories in bits and pieces."

Answers

1. Billy Swan, in 1974. A fan fave around the world, it stayed on the charts in Norway for 37 weeks.
2. Bruce Springsteen's E Street Band, in 1972. The new name came from the street where his mother lived in New Jersey.
3. Culture Club. The group's diversity gave rise to their name. They took a Grammy for Best New Artist in 1984.
4. "Footloose," in 1988. She was 17.
5. "Traces," by the Classic IV, in 1968. The song is noted for its use of an oboe, heard in the introduction, as well as a string section. It shot to No. 2 on both the Hot 100 and easy listening charts.

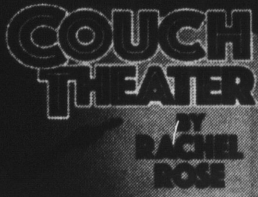
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S
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MORE FUN



Queenpins (R) — We can stop complaining that there are no unique ideas for movies and everything is a remake. This based-on-a-true-story comedy starring Kristen Bell and Kirby Howell-Baptiste is all about the intriguing and exciting world of extreme couponing! But not just everyday couponing, the plot soon delves into a multi-million-dollar counterfeit coupon scam started by two best friends who cheated corporations and attempted to pad the pockets of fellow budget-conscious housewives. First released in theaters in early September, streaming is available beginning 9/30. (Paramount+)

The Problem With Jon Stewart — Six years after vacating his host position on "The Daily Show," Jon Stewart is making a return to television. Some may question if we really need another nighttime political and social commentary show. The answer is a resounding YES, because it's Jon Stewart. In this new series, each hour-long episode will focus on a single topic, with new episodes airing every two weeks. In addition to well-known current affairs, topics will also include advocacy work on which Stewart has focused his attention over the past years while he was out of the spotlight. (AppleTV)

The Not Too Late Show With Elmo (Season 2) — If Jon Stewart's talk show is too cerebral for you, head over to HBO Max's Cartoonito shorts section and spend 15 minutes with America's favorite 3 1/2 year old as he gets ready for bed. Elmo from Sesame Street is back for his second season with Cookie Monster as his genial, Ed MacMahon-esque sidekick, while other Muppets work as the show crew. Celebrity guests for the new season include Taron Hall and Aidy Bryant. (HBO Max)

LuLaRich — In the early-2010s, a multi-level marketing company emerged that achieved phenomenal growth in number of independent retailers and profits. But after that impressive rise came the inevitable fall of both product quality and customer satisfaction. But who was to blame? Was it simply a matter of too much too fast, or was something more



Kirby Howell-Baptiste, Kristen Bell in "Queenpins"

sinister at hand? Through interviews with its founders and numerous retailers, the story of clothier LuLaRoe unravels (much like their leggings did). The women who hawked the goods at home parties and through Facebook Live streams either made fortunes or lost everything, but they were all sold promises that were too big to sustain. Not surprisingly, founders DeAnne and Mark Stidham give off a strange televangelist power couple vibe from which you can't look away. (Prime Video)

Felix and the Hidden Treasure (PG) (Animated) — Two years after his father disappeared at sea, 12-year-old Felix decides to venture out alone to find him. His mother is off enjoying a mom's vacay on a cruise, so she won't notice his absence. After his capsize, an old bearded sailor with a wooden-legged parrot agrees to take him on board his craft and help him search for his pops. They end up on Dark Shadow Island with its legend of hidden treasure. But it's not your typical treasure of gold and jewels, it's something more existential. Or is it?? (Hulu)

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Contract Bridge

CAUTION PAYS DIVIDENDS

West dealer.

Both sides vulnerable.

NORTH

♠ K J 6
♥ 10 9 5
♦ A 10 8 3
♣ K Q 7

WEST

♠ 10 8 4 2
♥ A Q 6
♦ Q 7 5 2
♣ 9 3

EAST

♠ A 7 5 3
♥ 3
♦ J 9 4
♣ 10 6 5 4 2

SOUTH

♠ Q 9
♥ K J 8 7 4 2
♦ K 6
♣ A J 8

The bidding:

West	North	East	South
Pass	1♦	Pass	1♥
Pass	1NT	Pass	4♥

Opening lead — nine of clubs.

When planning the play of a hand, declarer should always ask himself what, if anything, can beat him. If a threat is found to exist, countermeasures should be sought to neutralize the potential danger.

Take this case where a casual approach to the play of four hearts will very quickly lead to down one. If, for example, South wins West's club lead in dummy and leads a heart, the contract is doomed. West takes the ten with the queen (or the king

with the ace) and leads a second club. When declarer next leads another heart, West wins, puts East in with the ace of spades and ruffs the club return for the setting trick.

While it is true that it takes an unlucky lie of the opposing cards to defeat four hearts, South should nevertheless make the contract. Since the only way he can be beaten is if the opponents score a club ruff in addition to the A-Q of hearts and ace of spades, all his efforts should be directed to defusing that threat.

The proper play is to lead a spade rather than a trump at trick two, continuing with a second spade if the first one is refused. In the actual case, East wins with the ace but cannot subsequently regain the lead to give West a club ruff, and the contract is made.

The beauty of the spade play at trick two is that declarer cannot lose more than three tricks, despite West's doubleton club, no matter where the missing aces and the heart queen are actually located.

If, say, East happens to have the ace of hearts, South will still prevail. In that case, after the spade ace is taken by either opponent and a club is continued, declarer wins in dummy and leads a heart. East can rise with the ace and give his partner a club ruff, but that's all for the defense. South can win any return, draw the one missing trump and claim the rest of the tricks.

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by Steve Becker

Puzzles4Kids

by Helene Hovanec

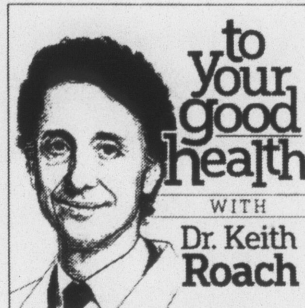
WORD FUN

Study the two words on each line to find the ONE letter in the left column that is NOT in the word in the right column. Write the extra letter on the blank space. Then read DOWN to answer this riddle:

WHAT IS THE BEST TIME TO GO TO THE DENTIST?

MOTORS	—	ROOMS	HERBAL	—	BLARE
ELOPES	—	PEELS	SALUTE	—	LEAST
ABODES	—	BASED	OTHERS	—	THOSE
PASTEL	—	PEALS	SECTOR	—	SCORE
HONEST	—	STONE	ROSARY	—	ROARS

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Husband Is Always Tired

DEAR DR. ROACH: My husband is tired all the time. He functions, but frequently has to sit to recoup his energy, even after a shower.

He is diabetic and has been for over 10 years. He does not take insulin and manages to keep his A1C within 7.1 to 6.9. He weighs 207 pounds, and he's 6 feet, 1 inch tall and 75 years old.

His bloodwork always comes back normal, and a nuclear stress test came back negative. We have discussed this chronic fatigue with our family doctor. His only explanation is possibly low testosterone (the low end of normal).

We know that some if not all of his medications list fatigue as a side effect, but we cannot persuade our doctor to do further tests. My husband does have an appointment with a cardiologist in May for a consultation and any suggestions, and also a checkup in six months with our family doctor.

My concern is his medications and the fact that they are generic. I have read many stories about generic drugs and problems with their effectiveness. -- J.C.

ANSWER: Fatigue, which is the sensation of feeling tired, is a nonspecific symptom and a complaint that's commonly heard by general doctors. It can be related to many diseases, as disparate as multiple sclerosis to heart failure, anemia to depression, and chronic infection to sleep disturbances. However, your husband notes a severe intolerance to exertion, which makes me suspect systemic exertion intolerance disorder, also called myalgic encephalomyelitis or chronic fatigue syndrome.

Poor sleep, difficulty thinking or concentrating, and having worse symptoms with standing also go along with this diagnosis. There is yet no lab test for confirmation. The diagnosis is made after considering other causes, and testing for those that make sense after a careful his-

tory and exam.

Diabetes, when not well controlled, may lead to chronic fatigue. I'm not so concerned with generic medications as I am about too many or the wrong ones, so a careful review of medications is appropriate.

I have previously recommended a graded exercise program for this condition; however, the study that led to this recommendation had several significant issues; many people will actually have worsening of their post-exercise fatigue, so exercise must be used very cautiously and on an individualized basis. Cognitive behavioral therapy has had some benefit, but we desperately need better treatments.

DEAR DR. ROACH: In a recent column, you said that using peroxide in the ear is a bad home remedy. Would you please expand on this subject? My children grew up with me using peroxide to clean excessive wax from their ears, and they now use the same remedy on my grandchildren.

ANSWER: Most earwax does not need to be removed. It should be removed only when there are symptoms (such as poor hearing, ear pressure or pain, and sometimes itchiness or dizziness), and when it is clear that the symptoms are coming from excess earwax. This requires a look in the ear, since similar symptoms may come from infection.

Hydrogen peroxide is too harsh to put on skin. Doctors may use it to irrigate the ear canal while looking into the ear, but it is diluted, usually 1:10. Over-the-counter earwax preparations, such as carbamide peroxide, may also be recommended once the diagnosis is clear.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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SHOAR	A	ROSARY
ROARS	L	SECTOR
SCORE	R	OTHERS
THOSE	U	SALUTE
LEAST	H	HERBAL
BLARE		
STONE	H	HONEST
PEALS	T	PASTEL
BASED	O	ABODES
PEELS	O	ELOPES
ROOMS	T	MOTORS

Comfort foods

Made fast and healthy



by Healthy Exchanges

Butterscotch "Cookie" Dessert

I don't know many folks who are too full to dig into a luscious serving of dessert. This scrumptious example is no exception!

- 18 (2 1/2-inch) chocolate graham crackers
- 2 (4-serving) packages sugar-free instant butterscotch pudding mix
- 1 1/2 cups nonfat dry milk powder
- 2 cups water
- 3/4 cup fat-free whipping topping
- 2 tablespoons chopped pecans

1. Evenly arrange 9 graham crackers in a 9-by-9-inch cake pan. In a large bowl, combine dry pudding mixes, dry milk powder and water. Mix well using a wire whisk. Blend in whipped topping. Coarsely crush remaining 9 graham crackers. Reserve 2 tablespoons of cracker crumbs.

2. Gently stir remaining crumbs into pudding mixture. Spread pudding mixture evenly over "crust" in pan. Sprinkle pecans and reserved cracker crumbs evenly over top. Cover and refrigerate for at least 2 hours. Serves 8.

• Each serving equals: 122 calories, 2g fat, 5g protein, 21g carb., 457mg sodium, 1g fiber.

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1. What was Byron MacGregor's single claim to fame?
2. Which group released "Never Been to Spain"?
3. Steve Lawrence and Donny Osmond both had hits with the same song. What was it?
4. Name the first No. 1 hit in America by Yes.
5. What song contains this lyric: "What are we gonna tell your mama, What are we gonna tell your pa, What are we gonna tell our friends when they say ooh-la-la"?

Answers

1. MacGregor released a spoken word recording of "The Americans (A Canadian's Opinion)," with "America the Beautiful" played in the background, in 1973. It tells of one Canadian's appreciation for all America has done to help around the world in response to crises.
2. Three Dog Night, in 1972. Hoyt Axton wrote and released the original in 1971, and it's since been covered by numerous others.
3. "Go Away Little Girl," released in 1963 and 1971, respectively.
4. "Owner of a Lonely Heart," in 1983.
5. "Wake Up Little Susie," by the Everly Brothers in 1957. The song shot to No. 1, even though it had been banned for having suggestive lyrics. Simon and Garfunkel released a cover years later, but it wasn't even close. That sibling DNA in the brothers' voices just can't be duplicated.

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Puzzles4Kids

Answer

CLASSIFIEDS

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<p><input type="checkbox"/> Enclosed is \$ _____ for the following ad to run _____ weeks in The Quincy Sun.</p> <p>COPY: _____</p>										
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Autumn in many cities means the leaves are tinted maroon, orange and bronze. Luckily, tree experts say now is a great time to get outside to admire and ensure all your trees are healthy.

The more time you spend preparing now, the less time you'll spend reacting in spring. Plus, your trees will emerge healthier and perform better when they awaken from dormancy. On the flip side, if plants enter winter stressed, their problems will only worsen.

Regardless of what weather lies ahead, play it safe, and keep your trees in pristine condition this winter with tips from George Barth, an ISA Certified Arborist® at Hartney Greymont, a Davey company.

1. Plant. Fall is the optimal time to plant a tree. The mild weather and frequent rainfall help roots establish quickly and grow strong. Plant trees by the end of November. Choose a loca-

tion that can accommodate the mature size of the tree, which will add value to the property for years to come.

2. Mulch. Trees benefit from a 2-4-inch blanket of mulch over as much of the root zone as possible. It acts as a moisture barrier and helps maintain a consistent soil temperature. Keep mulch 2-3 inches away from the trunk of the tree. Also, be sure not to pile it up against the trunk like a volcano, as that can trap moisture and create a cool hideaway that attracts fungus, disease, and pests.

3. Prune. Removing dead, diseased, or unsafe branches helps trees maintain a safe structure and tolerate high winds. Certified arborists specialize in knowing just what branches to remove (and how to do it) to reduce hazards. Well-maintained, properly pruned trees are less likely to break and cause damage in heavy wind, rain, and snow.

4. Fertilize. Even though trees appear dormant during



winter months, their roots continue to grow and need nutrients. Apply a slow-release fertilizer to help keep trees nourished all winter long. Come spring, your

trees will be blooming and ready to show off.

5. Keep pests away. Apply dormant oil in the fall to stop insect larvae from developing further. While dor-

mant oils eliminate harmful pests, they're less toxic to beneficial bugs. In spring, you'll have fewer bugs gnawing on fresh tree buds and fruit.

Follow these guidelines to help trees stand strong all winter. If your trees need help, contact your local arborist at <https://www.davey.com/residential-tree-services/find-a-local-office/>.

Cont'd From Page 20

the soil around the base of perennials. They suppress weeds, conserve moisture, insulate the roots and add organic matter to the soil as they decompose. Leaves also provide winter homes and insulation for insects, toads and frogs that overwinter in leaf litter or just below the soil surface.

Leave healthy perennials stand for winter. They add winter interest to the landscape, provide homes for many beneficial insects and the seeds of Rudbeckia, coneflower, liatris, and others provide food for the birds. These winged visitors add welcome color and motion to the often, gray days of winter.

Take time to remove any dead, damaged and diseased stems, and branches. Disinfect your tools between cuts to reduce the risk of spreading disease to healthy plants. Clean tools with a spray disinfectant or 70% alcohol between cuts to manage disease organisms without harming your tools.

Refresh mulch around trees and shrubs. Maintaining a three-inch layer helps conserve moisture, insulates the roots from temperature extremes, reduces competition from the lawn for water and nutrients and improves the soil as it decomposes. Pull mulch away from the trunk of trees and stems of shrubs. Piling mulch over these can lead to rot, decline and early death of the plants.

Help your lawn recover from the stresses of summer and prepare for winter with fall fertilization. University

research found fall fertilization is most beneficial for home lawns. Fall fertilization encourages deep roots and denser growth that is better able to compete with weeds and tolerate disease and insect pests.

Always sweep grass clippings and chemicals off walks and drives and back into the lawn where they belong. This simple step keeps unwanted nutrients out of waterways and eventually our drinking water.

Add some spring color by planting daffodils, grape hyacinths, tulips, and other spring flowering bulbs this fall. It is also a good time to add trees, shrubs, and perennials to the landscape. The soil is warm and air cool, making it less stressful for plants to adjust to their new home. Mulch new plantings

and water thoroughly whenever the top few inches of soil are crumbly and moist. Continue watering new and existing plantings as needed until the ground freezes.

Once the garden is prepared for winter, you can put away the hoses and garden tools, break out the snow shovels and wait for spring to arrive.

Melinda Myers has written more than 20 gardening books, including The Mid-

west Gardener's Handbook and Small Space Gardening. She hosts The Great Courses "How to Grow Anything"

DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a colum-

nist and contributing editor for Birds & Blooms magazine. Her web site is www.MelindaMyers.com.

Natasha Durand of Quincy is enrolled at Eastern Connecticut State University in Willimantic, CT.

She is a full-time undergraduate student majoring in psychology.



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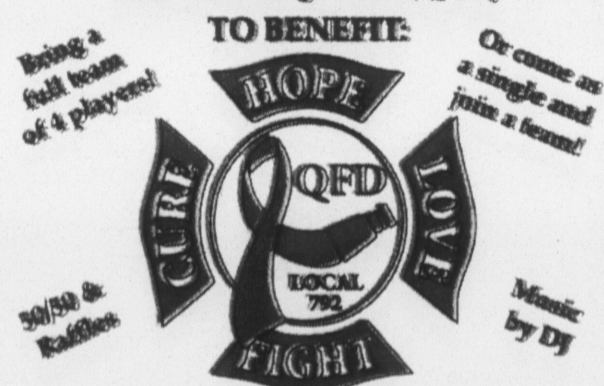
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For more information and to pre-register, contact:

Ralph Blight

ralphblight@comcast.net

Lynne McKeever

lynne2020@hotmail.com

Derek Monroe

derek.monroe@quincycollege.edu

John Crasta

JohnCrasta@comcast.net

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